CHEAP TRIP: Budget-friendly Berlin offers visitors a lot for very little | Page 19



A PUBLICATION OF The Washington Post | PLAN YOUR NIGHT AT WWW.EXPRESSNIGHTOUT.COM | NOVEMBER 12, 2008 | >> FREE <<

Wednesday



eberman gained Barack Obama's support.

Party Lines: Obama urges Dems to keep Lieberman | 3

No Room: Hotels filling up well before inauguration | 15



Zero Effect: Wizards try to stay calm despite winless start | 21

The Player: Dev Patel looks to win big in 'Slumdog Millionaire.' Plus. David Archuleta stavs

ENTERTAINMENT

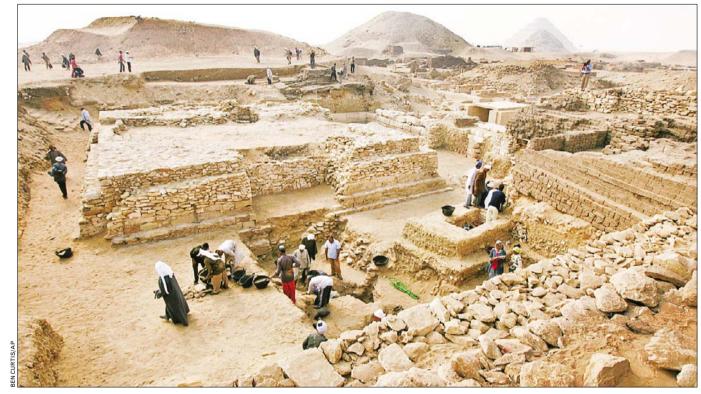
>> 31-35

youthful, and

Dido evolves.



Scientists Unearth New Pyramid in Egypt



BURIED HISTORY: Archaeology workers dig at the site of a newly discovered pyramid in Saqqara near Cairo, Egypt, Tuesday. The monument, believed to be 4,300 years old, was buried beneath 65 feet of sand at the ancient burial site. • Fit for a queen: Pyramid likely belonged to Queen Sesheshet | Page II

Auto Industry Bailout Backed

Pelosi, Reid call for emergency aid before transfer of power

WASHINGTON | House Speaker Nancy Pelosi called for "emergency and limited financial assistance" for the battered auto industry on Tuesday and urged the outgoing Bush administration to join lawmakers in reaching a quick compromise.

Four days after dismal financial reports from General Motors Corp. and Ford Motor Co., Pelosi backed legislation to make the automakers eligible for help under the \$700 billion bailout measure that cleared Congress in October. In a statement, the California Democrat said the aid was needed "in order to prevent the failure of one or more of the major American automobile manufacturers, which would have a devastating impact on our economy, particularly on the men and women who work in that industry."

Senate Majority Leader Harry Reid, D-Nev., also supports help for the industry, issuing a statement saving Democrats were "determined to pass legislation that will save



the jobs of millions" as part of a post-election session.

The plight of the industry has drawn attention from the White House and the incoming Obama administration in recent days, and among lawmakers. Aides said President-

elect Barack Obama raised the issue with President Bush in an Oval Office meeting. Officials familiar with the conversation said the president was open to the idea. (AP)



WOULD YOU RENT YOUR HOME TO PEOPLE IN TOWN FOR BARACK OBAMA'S INAUGURATION? O YES 10 NO







65 49

eye Openers

DESPERATION

The Economy Is Officially Sunk

Police say three armed thieves stormed into a Long Island home to steal a water jug full of loose change. The masked suspects descended on the East Patchogue home at around 2 a.m. Saturday. Outside, they came across the 51-year-old owner, who had gone out to buy milk for breakfast. Police said the burglars roughed him up before breaking in. Detective Sgt. Daniel Molloy said the bandits then went straight for an upstairs bedroom where the coins were kept in a big water bottle. He says they broke down the door, grabbed the heavy jug and then fled. (AP)



CRIMINAL MINDS

Smoke Gets in Your Eyes. Your Brain, Too.

Police in Portsmouth, N.H., said it wasn't the most well-thoughtout escape. They say a man handed over his license and registration at a sobriety checkpoint over the weekend, then peeled out and sped away, almost hitting an officer. Police eventually pulled over the 32-year-old man and reported finding marijuana in his vehicle. He was charged with driving under the influence of drugs, possession of drugs, disobeying a police officer and reckless conduct. (AP)



ALCOHOL

A Toast to Toasting

This is a country that respects its traditions and its alcohol. So, when the 56th anniversary of the first Irish coffee (ingredients: coffee, whiskey, sugar and optimism) served in the U.S. came around, a celebration was clearly in order. The Buena Vista Cafe in San Francisco was the site of that first, historic pour. Here, revelers create an enormous Irish coffee that we can only hope will be shared among the attendees, making them all Whiskey Brothers forevermore. (EXPRESS)

IDENTITIES

A Tint of Scandal

A man from Florida was stopped in Monroe, La., because of his windshield tinting and was then arrested for murder and released hours later on Sunday — when fingerprint comparisons showed that he was not the wanted man. The man was arrested after a background check found a fugitive wanted for murder in

South Carolina with the same name, birth date and description as him. A Louisiana State Patrol spokesman said troopers acted in good faith and said that it was an unfortunate situation. (AP)

WELCOME TO THE METRO'S FAVORITE STOP



MAKE THEM ENVIOUS. LIVE STEPS FROM THE BALLSTON METRO • ENJOY A ROOFTOP POOL AND FITNESS CENTER • COME HOME TO GOURMET KITCHENS AND ELEGANT BATHS • RELAX IN A PRIVATE LANDSCAPED COURTYARD

BRAND NEW APARTMENT HOMES IN BALLSTON MOVE IN TODAY • CALL FOR CURRENT INCENTIVES







Looking for a more attractive bailout? Arena Stage's New Deal for 1 day only on Friday, November 14, so you can bail out on the tough economic news and guarantee yourself Tony Awardwinning entertainment at unbelievable prices. (up to 60% off regular prices) for the first week of performances of: next to normal irving berlin's i love a piano edward albee's a delicate balance ARENA PRESENTS Maureen McGovern in a long and winding road crowns legacy of light sweet bird of youth ONE DAY ONLY – friday, november 14 box office will be open 12:01 am to 11:59 pm

Call (202) 488-3300 or www.arenastage.org

818 N. Quincy Street | Arlington, VA 22203 | 571.483.4222 | LibertyTowerApt.com

SEE SPOT RIDE: Officials in pet-friendly Aspen, Colo., are considering letting dogs ride city buses with their masters to encourage people to leave their cars at home. Only service dogs are currently allowed on board the city's buses.

Nation

Lieberman Supported By Obama

President-elect says senator should stay in the Democratic caucus

WASHINGTON | President-elect Barack Obama has told Senate Majority Leader Harry Reid he's not interested in seeing the Democrats oust Connecticut Sen. Joe Lieberman from their ranks over his endorsement of Sen. John McCain, R-Ariz., for president.

Obama told Reid in a phone conversation last week that expelling



Lieberman

Lieberman from the Democratic caucus would hurt the message of bipartisanship and unity that he wants for his new administration, a Senate Democrat-

ic aide said Tuesday. The aide spoke on condition of anonymity because the discussions were private.

Obama says he won't get involved in the fight on Capitol Hill over whether Democrats should take away Lieberman's chairmanship of a key committee to punish him for backing McCain for president.

"President-elect Obama looks forward to working with anyone to move the country forward," Obama spokeswoman Stephanie Cutter said in a statement. "We don't hold any grudges." ANDREW MIGA (AP)

Government Expands Mortgage Aid

Qualified homeowners will be given a chance to renegotiate loans

WASHINGTON | The government and the mortgage industry are launching the most sweeping effort yet to help troubled homeowners by speeding up the process for renegotiating hundreds of thousands of delinquent loans held by Fannie Mae and Freddie Mac.

The Federal Housing Finance

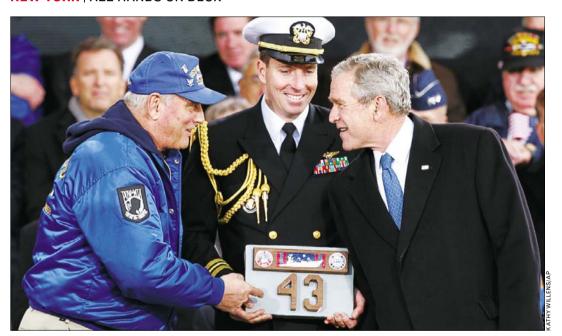
Agency, which seized control of the two mortgage finance companies in September, announced the plan Tuesday along with other government and industry officials, including Hope Now, an alliance of mortgage companies organized by the Bush administration last year.

"Foreclosures hurt families, their neighbors, whole communities and the overall housing market," said James Lockhart, the housing finance agency's director. "We need to stop this downward spiral." Officials hope the new approach, which goes into effect Dec. 15., will become a model for loan servicing companies, which collect mortgage companies and distribute them to investors. These companies have been roundly criticized for being slow to respond to a surge in defaults.

To qualify, borrowers would have to be at least three months behind on their home loans, and would need to owe 90 percent or more than the home is currently worth. Investors who do not occupy their homes would be excluded, as would borrowers who have filed for bankruptcy.

Borrowers would get help in several ways: The interest rate would be reduced so that borrowers would not pay more than 38 percent of their income on housing expenses. Another option is for loans to be extended from 30 years to 40 years, and for some of the principal amount to be deferred interest-free. (AP)

NEW YORK | ALL HANDS ON DECK



VETERANS SALUTE: A naval attendant, center, holds a piece of the deck of the USS Intrepid that President Bush received on Tuesday during the rededication ceremony for the Intrepid Sea, Air and Space Museum in New York. Bush marked Veterans Day aboard the ship, saying he will "miss being the commander in chief of such a fabulous group" of U.S. troops.

Study: Fat Kids' Arteries Similar To 45-Year-Olds'

NEW ORLEANS | Obese children as young as 10 had the arteries of 45-year-olds and other heart abnormalities that greatly raise their risk of heart disease, say doctors who used ultrasound tests to take a peek inside.

"As the old saying goes, you're as old as your arteries are," said Dr. Geetha Raghuveer of Children's Hospital in Kansas City, who led one of the studies.

About a third of American children are overweight and one-fifth are obese. Many parents think that "baby fat" will melt away as kids get older. But research increasingly shows that fat kids become fat adults with higher risks of health problems. MARILYNN MARCHIONE (AP)



Nation



THOU SHALT NOT: Florida police have arrested a man they say tried to steal Communion wafers during a church service. The Martin County Sheriff's Office said the man was cornered by fellow church-goers when he grabbed a handful of wafers from the priest during Communion services Saturday.

Anti-Abortion Movement Regroups

Activists say they will turn focus to protests, grassroots organizing

NEW YORK | Despite election setbacks on many fronts, anti-abortion leaders sound more defiant than deflated as they brace for a future with fewer friends in high places.

With Democrats soon to be in full control in Washington, tactics for anti-abortion groups are likely to refocus on street protests, grassroots activism and state legislation. One major three-day protest is scheduled to start in the nation's capital on Jan. 21, the day after Sen. Barack Obama's inauguration as president.

"The election forces the pro-life movement to go back to what we do best — local grassroots organizing,"



Samantha Scarlata and her son, Kade, cheer at an election rally in Sioux Falls, S.D., Nov. 4. South Dakota voters rejected a ballot measure to limit abortions in the state.

said the Rev. Patrick J. Mahoney, director of the Christian Defense Coalition. "We will not go silently

into the night."

On almost every level, last week's election was a stinging

On almost every level, last week's election was a stinging defeat for anti-abortion activists.

defeat for the anti-abortion movement, starting with Obama's presidential victory. Priests for Life said voters "made a grave mistake," while Mahoney's group, in a refrain shared by many conservatives, contended Obama will be "the most radical pro-abortion president" in U.S. history.

The overall outcome "brings about feelings of great disappointment, of anger," said the Rev. Frank

Pavone, national director of Priests for Life. "But that disappointment and anger are forms of energy. ... I believe a lot of people on the sidelines for the last eight years will now get engaged."

Pavone predicted that activists would stage more mass demonstrations and abortion clinic vigils. He also said the election results shed light on the movement's weak points and would prompt new efforts to register anti-abortion voters.

Another outlet for activism is the ever-growing network of local pregnancy centers run by anti-abortion staffers who seek to persuade young women with unintended pregnancies to choose adoption or single motherhood over abortion.

"While legislative efforts to protect the unborn and women from abortion may be limited in future years, the work of pregnancy centers is advancing stronger than ever," said Melinda Delahoyde, president of Care Net. DAVID CRARY (AP)



Based on a price of \$274,900 with a 10% down payment, 6. interest rate, condo fees of \$235 a month, 28% income tax rate and tax savings that amount to \$374 a month. Subject to lender approval. See Sales Manager for details.

Sleep and Weight Study



Do you usually sleep less than 6 hours a night?

Are you obese?

Are you between 18 and 50 years of are?

Are you between 18 and 50 years of age?

If you are interested in learning more about the effect your sleep habits may have on your weight, contact us. You may be eligible for a new and exciting study being conducted at the National Institutes of Health.

- Approximately 7 short visits within approximately 12 months.
- Medical and sleep evaluations at no cost.
- · Compensation for participation.
- Visits take place at the National Institutes of Health Clinical Research Center in Bethesda, MD.
- · Metro service and validated parking available.

Please call 1-800-411-1222 TTY 1-866-411-1010

Refer to study number 06-DK-0036

http://clinicaltrials.gov









something you can really be thankful for at Montgomery County's best-selling community!



Start the holiday feast with an exclusive developer bonus of \$10,000.*

- Only 2 wooded, park & pool homesites per homebuilder available with \$10,000 developer bonus for 48 hours only.
- Make your best single family or townhome deal & then take \$10,000 off the bottom line for your new home for the holidays.

Then have seconds on the house from all of our homebuilders.

Ask about: FREE Rec Rooms • FREE Finished Attics • FREE Granite Kitchens • FREE Lower Level Full Baths

- FREE Finished Studies & Gas Fireplaces CLOSING COSTS Assistance.*
 - Mortgage professionals will be available for you at this event.
 - Double Discount contracts must be finalized by November 17, 2008.

Craftmark Homes

Single family homes from the upper \$500's. (301) 528-5106

Craftstar Homes

Garage townhomes from the low \$300's. (240) 686-1940

Ryan Homes

Neo-traditional single family homes from the \$410's. Traditional single family homes from the \$510's. (240) 686-0443

Winchester Homes

Single Family homes from the mid \$500's. (240) 686-0024

Michael Harris Homes

Neo-traditional single family homes from the mid \$400's. Estate single family homes from the upper \$500's. (301) 515-1180

Greentree Homes

Garage townhomes from the upper \$300's. (301) 540-7570

To Visit Clarksburg Village: From 1-270, take Exit 18 (Route 121) towards Clarksburg. Continue on Stringtown Road to a right on Snowden Farm Parkway. Follow Snowden Farm Parkway to Grand Elm Street. Follow signs to the models.

www.CLARKSBURGVILLAGE.com



THE NEW MONTGOMERY COUNTY







It's the Economy...

Challenge yourself with a curriculum that's focused on economic reasoning and quantitative methods. Tailor your course of study to reinforce your professional goals in areas ranging from international economics to macroeconomics to public policy.

INFORMATION SESSION

Wednesday, November 19 6:30 – 7:30 p.m. Washington, D.C. Center 1717 Massachusetts Avenue, NW Red Line Metro to Dupont Circle Station

Evening, weekend, and online classes are available. Take advantage of rolling admissions and apply online anytime.

Disability services can be requested three weeks in advance through the online RSVP form.

JOHNS HOPKINS

MASTER OF ARTS IN

Learn more and RSVP online today.

applied-economics.jhu.edu

Nation

72

The percentage of Americans who say they are confident President-elect Barack Obama will make the changes necessary to fix the economy, says an Associated Press-GfK poll.

Palin Looks Ahead to 2012

Governor says she will consider presidential run if it is God's will

WASHINGTON | Alaska Gov. Sarah Palin has put the "brutal" 2008 campaign behind her and has the next presidential race in her sights, with a flurry of national television interviews and a high-profile appearance at the Republican Governors Association meeting this week.

Palin's stepping-out has been a marked departure for a vice presidential candidate who was held to tightly controlled appearances for much of the fall campaign. She's indirectly but unmistakably put her name in play as a potential presidential candidate, saying she'll "plow through that door" if it's God's will and conditions are right.

While Republican presidential nominee Arizona Sen. John McCain has kept a low profile since last Tuesday's election, Palin has spoken forcefully to deny any responsibility for her ticket's loss. She has blamed



Alaska Gov. Sarah Palin has kept a high profile since last week's election.

the policies of President Bush, the handicap of representing the incumbent party and the nation's financial crisis for the GOP defeat.

"I think the economic collapse had a heckuva lot more to do with the campaign's collapse than me personally," the governor said in an interview broadcast Tuesday on NBC's "Today" show.

Palin said she resents rumors she

said were spread about her and her family during the race. "I did not know that it would be as brutal a ride as it turned out to be," she said.

Palin has been fielding questions about her political future since the campaign ended, most recently in an interview with Fox News on Monday.

"I'm, like, 'OK, God, if there is an open door for me somewhere' — this is what I always pray — I'm, like, 'Don't let me miss the open door," she said. "And if there is an open door in 12 or four years later, and if it is something that is going to be good for my family, for my state, for my nation, an opportunity for me, then I'll plow through that door."

Palin likely will have competition from other GOP governors and former governors for a 2012 White House bid. Among the potential candidates are former Massachusetts governor Mitt Romney, Mississippi Gov. Haley Barbour, former Arkansas governor Mike Huckabee and Louisiana Gov. Bobby Jindal. (AP)



Beginning January 4, 2009, Metro will not issue or accept paper transfers.



To get the rail-to-bus discount or to transfer free from bus to bus*, you must use a SmarTrip® card.

For more information, pick up a flyer on a bus or at a rail station, visit MetroOpensDoors.com or call 202-637-7000 (TTY 202-638-3780). Thank you for your cooperation as we make the switch to a more efficient, paperless transfer system.

* Except when transferring to a bus with a higher fare.

SAVE MONEY

on Day Care and Health Care expenses

How? Let's say you make \$1,000 per pay date – and you pay taxes on \$1,000. If you put \$20 per pay date in FSAFEDS – then you only pay taxes on \$980. That \$20 can then reimburse you for eligible expenses. Enroll in **FSAFEDS** and **PAY LESS IN TAXES** to **SAVE MONEY** on eligible expenses!

Dependent Care FSA

- Care for children under the age of 13 including:
 - Child care at a day care center, day camp, sports camp or by a private sitter
 - Before and after-school care
- Adult day care And more

Health Care FSA

- Co-payments, co-insurances and deductibles
- Over-the-counter medicines like cold remedies
- Acne treatments Hearing aids Physical therapy
- Prescription drugs Vision and dental care
- And more

Enroll online at www.FSAFEDS.com or call 1-877-372-3337, TTY: 1-800-952-0450. Current participants must re-enroll every year.

Most Executive Branch employees and employees from a few other agencies are eligible to participate in FSAFEDS. However, some agencies, such as FDIC, Department of Treasury-OCC, OTS, USPS, etc., have their own FSA program. Employees from those agencies and other non-participating agencies cannot participate in the FSAFEDS.

Enroll November 10 through December 8





Unbelievable! Save Over \$100

when you switch to **Lingo Digital Phone Service!**

First Month FREE!*
(\$21.95 Value!)

FREE Activation!
(\$29.95 Value!)

FREE Linksys Adapter!
(\$50 Value!)

Sign-Up for Lingo's Chatter Box Plan for just \$21.95 per month and Get Unlimited Calls in the U.S. and to 22 Countries!

- ✓ Unlimited Calls in the U.S. and to 22 Countries
- Over 20 Popular Calling Features Included
- ✓ Keep Your Current Phone Number
- → 30-Day Money Back Guarantee

FREE Month & Activation Ends 11/30/08

1-866-774-4147
www.lingo.com



High-speed Internet connection, Lingo adaptor (included free of charge), and online billing required. 30-day risk free offer refunds paid activation fee. *First month free promotion applies to Chatter Box, South Asia, and LatAm SaveMore plans only and will be given as bill credit (all other applicable fees and taxes still apply). Offer expires 11/30/08.

World

97

The age of a document that contains clues to the identity of Eleanor Rigby, the subject of one of the Beatles' best-loved songs. The salary register from Liverpool City Hospital featuring the name E. Rigby will be auctioned Nov. 27 in London.

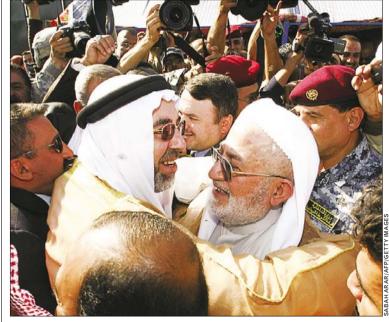
Baghdad Bridge Reunites Citizens

Iraqi officials reopen route linking Shiite, Sunni neighborhoods

BAGHDAD | In a symbolic gesture of unity, Iraqi officials Tuesday reopened a bridge linking Shiite and Sunni neighborhoods that had been closed since a 2005 stampede claimed nearly 1,000 lives — the single biggest loss of lives of the Iraq war.

The Imams Bridge spans the Tigris River and links the Sunni neighborhood of Azamiyah — a former al-Qaeda stronghold — and the Shiite district of Kazimiyah, where Shiite militias once held sway.

It has been closed since Aug. 31, 2005, when rumors of a suicide bomber panicked thousands of Shiite pilgrims walking to a religious shrine in Kazimiyah. Iraqi officials



A Sunni leader, left, and a Shiite leader, right, greet each other on Baghdad's Imams Bridge on Tuesday after the route was reopened for the first time since 2005.

said nearly 1,000 people died. The bridge remained closed to prevent gunmen from using it to attack rival religious communities.

On Tuesday, however, hundreds of Shiites from Kazimiyah and Sunnis from Azamiyah hugged and kissed friends or strolled across to see a part of the city where they had feared to venture during sectarian fighting in 2006 and 2007.

Government officials and clerics from the two Muslim sects gathered on the bridge for a ceremony, in which speakers hailed the event as a triumph over sectarianism. They celebrated with the ritual slaughter of a half-dozen sheep.

"This bridge is the symbol of the true spirit and solidarity of the Iraqi people," said Sheik Saleh al-Haidari, a Shiite community leader. ROBERT H. REID (AP)

In Brief



A woman bathes her baby at a refugee camp in Kibati, Congo, on Tuesday.

GOMA, CONGO

U.N.: Congolese Soldiers Raped, Pillaged Villages

Hundreds of Congolese soldiers rampaged through several villages in eastern Congo, raping women and pillaging homes as they pulled back ahead of a feared rebel advance, the U.N. reported Tuesday. A rare night-time gunbattle erupted late Tuesday between rebels and the army just north of Goma. In New York, U.N. Secretary-General Ban Ki-moon called Tuesday for an immediate cease-fire so aid workers could urgently help "at least 100,000 refugees" cut off in rebel-held areas. (AP)

BELGIUM | FIELD OF RED



TRIBUTE: A man looks at thousands of paper poppies set out to mark Armistice Day at the Menin Gate Memorial in Ypres, Belgium, on Tuesday. This year's Armistice Day marked the 90th anniversary of the end of World War I.

U.K. Teen Refuses Heart Transplant

LONDON | Hannah Jones, 13, is not afraid of dying — she is afraid of spending her remaining days in a hospital bed.

In a case that raises a host of medical and ethical issues, the British teenager from a town northwest of London has won a battle to refuse a heart transplant operation.

That decision by British medical authorities has ignited a debate over whether children should have the right to refuse potentially lifesaving medical treatments or whether health authorities have an obligation to intervene.

Hannah was diagnosed with leukemia at age 4. Doctors later found a heart defect. In eight years, she has had chemotherapy and nearly a dozen operations.

"I've been in hospitals too much — I've had too much trauma," she told Sky News on Tuesday.

British courts have said that children younger than 16 can make decisions about their health care if they have "sufficient understanding and intelligence ... to understand fully what is proposed." (AP)

KUALA LUMPUR, MALAYSIA

Pirates Hijack Philippine Tanker Near Somalia

Pirates hijacked a Philippine chemical tanker with 23 crew members near Somalia, bringing the number of attacks in waters off the impoverished African nation this year to 83, a maritime official said Tuesday. The tanker was heading to Asia when it was seized on Monday. (AP)



Operation Iraqi Freedom and believe that you have symptoms of PTSD, you may be eligible to take part in a 12 week clinical research study on the effectiveness of Transcendental Meditation (TM) in the treatment of PTSD. There is no charge for participation and qualified participants may receive compensation for time and travel.

For a confidential evaluation call:

CAPITAL CLINICAL RESEARCH ASSOCIATES

301-770-7375

asy access, easy parking





Professiona training in how Washington

in how Washington and Capitol Hill work.

The Capitol Net Exclusive provider of Congressional Quarterly Executive Conferences

Certificate in Congressional Operations

For public and private sector government affairs professionals.

www.thecapitol.net/cert.htm or CongressionalOperations.com



EAT WELL, GET STUFF: Manchester, England, is hoping to keep its citizens fit with a reward system that works like a retail loyalty card. When residents buy fruits and vegetables or work out, they will earn points that can be redeemed for prizes such as athletic equipment or personal training sessions.

World

Militants Hijack Trucks in Pakistan

Taliban are suspected in raid on convoy with supplies for U.S. troops

PESHAWAR, PAKISTAN | Suspected Taliban fighters hijacked trucks carrying Humvees and other supplies for U.S.-led troops in Afghanistan, authorities said Tuesday after a brazen attack near the Khyber Pass that underscored the militants' grip across key mountain strongholds.

The assault highlighted the vulnerability of a vital supply route for the 65,000 U.S. and NATO forces battling a resurgent Taliban in landlocked Afghanistan. A significant amount of supplies for the Western forces go through Pakistan.

Attacks on convoys carrying food, fuel and other supplies are common on the road. But Monday's raid was especially large and well-organized. It also could further strain U.S.-Pakistani relations over rooting out Taliban and al-Qaeda militants along the border,



Pakistani locals stand near an armored vehicle that was hijacked by suspected Taliban militants near the Khyber Pass in Landikotel, Pakistan, on Monday.

which remain entrenched despite military offensives and U.S. missile strikes.

About 60 masked militants blocked the route at several points before overpowering the convoy, said Fazal Mahmood, a government official in Khyber tribal region. He identified the attackers as members of Pakistan's Taliban movement.

Security forces traded fire with the gunmen but were forced took about 13 trucks along with the drivers, who were believed to be Pakistani.

A U.S. military spokesman in Afghanistan confirmed the thefts late Tuesday. "There were some U.S. military materials that were taken Humvees and water tank trailers," said Maj. John Redfield.

A suicide bomber blew himself up Tuesday outside a stadium hosting athletes from across the country, killing at least three people and wounding 17 while narrowly missing some top government leaders, officials said.

The bomber struck outside the main gate of the Peshawar Sports Complex, which was decked with lights for the closing ceremony of the Inter-Provincial Games. Officials had promoted the games as a way to improve the northwest's violent image.

The province's information minister, Mian Iftikhar Hussain, said the province's governor had left the scene 15 minutes before. RIAZ KHAN (AP)



Taiwan's former president, Chen Shuibian, center, is led to court on Tuesday.

Taiwanese Court **Orders Detention** Of Ex-President

TAIPEL TAIWAN | A Taiwanese court has ordered the detention of former president Chen Shui-bian on corruption charges.

Wednesday's decision follows a lengthy probe of Chen, climaxing in more than five hours of direct questioning by prosecutors.

The case against Chen, 57, centers on suspicions he was involved in a money-laundering scheme during $his\ just-concluded\ presidency.\ Chen$ maintains he is not guilty of the charges. He is expected to be transferred to Taipei's Tucheng Jail. (AP)





doing work that matters

"The number of jobs in pharmaceutical and biomanufacturing is expected to increase by 16%; faster than the national average."

Job Occupation Handbook 2008-2009

Medix School South Biotechnician program prepares students for rewarding careers working for research labs, pharmaceutical manufacturing companies, government institutions or quality control environments!



888.465.0199

medixschool.edu

4351 Garden City Drive • Landover, MD 20785 Medix School South is a branch campus of Tri-State Business Institute located in Erie, PA.

Realize your potential Guide organization change

Earn a Master's Degree in Organization Development in just one weekend a month.

- ★ Diagnose, design, deliver change
- ★ International residency
- ★ Build performance of human systems
- ★ 1,100 graduates, 26 years of excellence

Attend an Information Session Friday, November 14

6:00 p.m.

American University - Watkins Executive Building 4400 Massachussetts Ave. NW • Washington, DC

To RSVP or speak to an admissions representative, contact Ariel Mackall: mackall@american.edu or 202-885-6206.

spa.american.edu/auntl







- Innovative Programs
- World-Class Faculty

- Offering master's programs in:

 Public Policy

 Peace Operations

 International Commerce and Policy
 • Organization Development
- and Knowledge Management

 Transportation Policy,
- Operations, and Logistics

- Convenient D.C. Area Location
- Affordable Costs

To reserve your place at this session or to find out more about our programs, please visit policy.gmu.edu/admissions.



School of Public Policy

MS IN PROJECT MANAGEMENT GW SCHOOL OF BUSINESS

Realize Your POTENTIAL

We are leading the way in Project Management. Geared for working professionals, our premier program offers oncampus and distance modes, full-time and part-time options and an academic curriculum that transcends industries. Find out how an MS in Project Management can enhance your ability to integrate complex projects, motivate people and achieve cost-effective results!

> THE GEORGE WASHINGTON UNIVERSITY WASHINGTON DC

Bring Us Your MBITION.

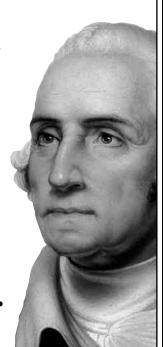
www.gwu.edu/gradinfo

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNIT
AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE HAVE BY COLUMN

Now accepting applications for a January 2009 start.

We will be holding several information sessions online and on-campus this fall. To view these session dates and to register, please visit our website at

mspm.gwu.edu or call 202.994.1212



World



TOP DOG? Peruvians offered Monday to send a hypoallergenic Peruvian hairless puppy to the Obamas, Reuters reported Tuesday. The breed is bald and often toothless.

Myanmar Jails Dissidents

14 pro-democracy activists are sentenced to 65 years in prison

YANGON, MYANMAR | Courts in military-ruled Myanmar delivered a devastating blow Tuesday to the nation's pro-democracy movement, sentencing two dozen activists to harsh prison terms that will keep them behind bars long past a 2010 election.

Fourteen members of the Generation 88 Students group were sentenced to prison terms of 65 vears each, and a labor activist. Su Su Nway, was sentenced to 121/2 years. Ten people allied with Nobel Peace laureate Aung San Suu Kyi's National League for Democracy got jail terms of eight to 24 years.

Many of the activists were involved in protests last year that led to huge pro-democracy demonstrations that the army put down by force. According to U.N. estimates, at least 31 people were killed, and thousands of demonstrators were



Pro-democracy activists link arms during a protest in Yangon, Myanmar, in August 2007. Courts sentenced two dozen activists to lengthy prison terms on Tuesday.

detained. Many fled the country or went underground.

Most of the sentences were handed down in closed-court sessions. The lengths of the terms suggest the junta will pay little heed to calls from the U.N. and many Western nations to make its self-styled

transition to democracy more fair and inclusive.

Amnesty International said the court actions were "a powerful reminder that Myanmar's military government is ignoring calls by the international community to clean up its human rights record." (AP)



World

Archaeologists Locate New Pyramid in Egypt

4,300-year-old site's remains were found under 65 feet of sand

SAQQARA, EGYPT | Archaeologists have discovered a new pyramid under the sands of Saqqara, an ancient burial site that has yielded a string of unearthed pyramids in recent years but remains largely unexplored.

The 4,300-year-old monument most likely belonged to Queen Sesheshet, the mother of the founder of Egypt's 6th Dynasty. It was built several hundred years after the famed Great Pyramids of Giza, antiquities chief Zahi Hawass said Tuesday.

The discovery is part of the sprawling necropolis and burial site of the rulers of ancient Memphis, the capital of Egypt's Old Kingdom, about 12 miles south of Giza.

All that remains of the pyramid is a 16-foot-tall structure that had been buried under 65 feet of sand.



"There was so much sand dumped here that no one had any

Hawass' team had been excavating at the location for two years, but determined only two months ago that the structure was part of a pyramid. The pyramid is the 118th found

COCKER SPANIEL RESCUE OLDIES BUT GOODIES



CFC

All Donations Help Save A Life

703-533-2373 www.cockerspanielrescue.com

Introducing The Latest Technology In Comprehensive Dental & Orthodontic Care

All In One Facility

1 block away from Foggy Bottom Metro Station

3 Washington Circle,NW Suite #306 Washington, DC 20037 202,775,0167

Now that there's a choice, which would you choose?

PREMIERE INVISALIGN PROVIDER K Street Dental &

Orthodontic Group
Dr. A. Shouhayib & Associates
e,NW
308 Main Street
Gaithersburg, MD 20878
Beside Whole Foods

301.977.9787

Are you smart, forward-thinking? Do you care about the air? Are you curious, adventurous? Are you up on what's new? Do you want to go further (without blowing all your cash getting there)?

Digital Computerized X-Rays

•EVENING HOURS BY APPOINTMENT

•Implants •Emergency Care

Dental Check-Ups Crowns & Bridges

 Root Canal Therapy Oral Surgery

Cosmetic Dentistry

Orthodontics

DC to NYC E-TICKETS - most schedules only at GREYHOUND.COM or PETERPANBUS.COM

Peter Pan

Fares as low as





©2008 Greyhound Lines, Inc. and Peter Pan Bus Lines. Cannot be combined with any other discount. Blackout dates may apply. Fares shown include Will Call fee and are good for one-way travel booked on greyhound.com or peterpanbus.com at least three hours in advance of travel. Please review fare restriction definitions before you purchase. Limited-time offer

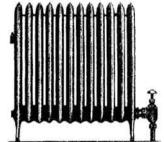


newly discovered pyramid in Egypt.

idea there was something buried underneath," said Hawass.

SO far in Egypt. Katarina kratovac (AP)

OFF SEASON SPECIALS



Central air conditioning

for homes with hot water or steam radiator heat.

If a home doesn't have forced air heat, installing ductwork for central air conditioning can mean major remodeling and expense. But a Unique Indoor Comfort system doesn't require large metal ductwork or major remodeling. Cool air is delivered through small 2" flexible metal tubing that can easily be woven through walls and ceilings, around studs and other obstacles. All that's visible are small round outlets in every room. What's more, Unique Indoor Comfort offers Lennox high efficiency equipment. Proven in thousands of homes, easy to install Unique Indoor Comfort is the central air conditioning solution for the older home.

> (202) 338-9400 www.washingtonunique.com



Heating and Air Conditioning

LENNOX





TAKE A LOOK AROUND

ALL YOUR OPTIONS ARE NOW OPEN ON-SITE AT CITY VISTA:

The K Condominiums | Busboys and Poets | 5th Street Hardware | Urban Lifestyle Safeway | Results Gym

LIVE IT ALL TODAY FROM THE \$300s



OPEN YOUR EARS
AND LISTEN...





LIFT THAT

WEIGHT

OFF YOUR

SHOULDERS...

THIS MORNING



202.905.2283 | CityVistaDC.com



Money



People look for employment opportunities and work on resumes at WorkSource California in L.A. The odds of landing a job for the holiday season this year are low.

Competition Fierce For Seasonal Jobs

Applications pour into stores, but demand for holiday workers is low

NEW YORK | The odds of landing a part-time job at department store operator Bealls Outlet Stores Inc. this holiday season are slimmer than getting into Harvard: It's one out of every 45.

Don't think the chances are any better at 7-Eleven. One California store received more than 100 applicants in a week and a half for jobs that pay \$8.50 per hour — and the retailer doesn't even usually hire holiday workers.

From department stores and convenience chains to call centers, managers who only a year ago had to scramble to fill holiday jobs are seeing a surge in the number of seasoned applicants — many of them laid off in other sectors and desperate for a way to pay the bills.

The flood of job seekers comes even as the retail industry drastically cuts back on holiday hiring because of the drop-off in consumer spending, and the applicants — who differ from the usual pool of teens or stay-at-home moms looking for extra spending money — reflect

the nation's fast-deteriorating job market.

"I thought it was going to be pretty easy, but I am not the only one looking for a job. There are thousands of us going for the same thing," said Kimberly Caparo of

What's so striking, store executives say, is how desperate some applicants are.

Chesterfield, Mich., who has applied for part-time jobs at Toys "R" Us Inc., Home Depot Inc. and Lowe's Cos. Inc. in recent weeks since she and her husband were laid off.

What's so striking, store executives say, is how desperate some applicants are. David Ortega, a training store manager at the 7-Eleven in Citrus Heights, Calif., said one potential hire even wrote him a thank-you note for discussing the \$8.50 per hour job.

"You expect to see that for a higher-level position, like an executive," he said. Anne D'INNOCENZIO (AP)

The percentage of human resource executives who say spending cutbacks may force them to cancel their holiday party this year, according to a poll by consulting firm Towers Perrin.

Money

Oil Falls to 20-Month Low

Worldwide recession is taking a major toll on demand for crude

HOUSTON | Oil prices continued their downward spirals Tuesday as crude hit a 20-month low, and Wall Street offered yet more evidence that U.S. consumers are holding onto the money they have.

Light, sweet crude for December delivery fell \$3.08 to settle at \$59.33 per barrel on the New York Mercantile Exchange, the lowest closing price since March 2007.

The latest decline in crude prices comes two days ahead of a report from the International Energy Agency, which some analysts expect will cut its 2009 oil demand forecast for the third consecutive month.

Sharp swings in crude prices are



Traders deal crude oil futures Monday at the New York Mercantile Exchange.

taking place almost daily on the New York trading floor. Investors have grown increasingly leery about the swooning U.S. economy.

Industry analysts had expected China and India would continue buying crude if the United States and other Western nations went into recession, but the booming economies of Asia have begun to show signs of fatigue.

Most Asian and European stock markets fell Tuesday, following the lead of the Dow Jones industrials average Monday. On Tuesday, the Dow sank more than 200 points after Homebuilder Toll Brothers Inc. and Starbucks Corp. gave investors more evidence that the housing market and consumer spending are getting weaker.

"We saw extremely poor car sales and pretty shocking unemployment numbers from the U.S. last week," said Toby Hassall, an analyst with Commodity Warrants Australia in Sydney. "It wouldn't surprise me if oil edged down toward \$50."











PROFESSIONAL ADVANCEMENT



Increase your ability to use assessment and customized intervention to help internal or external clients build high performance organizations. Launch or expand your role as a consultant, performance management professional, or leader who facilitates a systematic approach to successful change.

Topics include:

- The Feedback Process
- The Art and Science of Intervention
- · Organization Assessment and Intervention Design
- Ethics and the Role of the Consultant in Organizational Change

LEARN MORE AT OUR INFORMATION SESSION

Tuesday, November 18, 2008 | 6:30 p.m.

Georgetown University Arlington Campus

3101 Wilson Blvd, Suite 200, Arlington, VA (across the street from Clarendon Metro Station)

To RSVP or to enroll, visit ccpe.georgetown.edu/development or call 202.687.7000



PICKUP SWITCH: Trash collection changes will be coming soon to D.C. residents, according to WTOP. On Dec. 1, trash day is changing for more than 45,000 for the first time in more than 50 years. The D.C. Department of Public Works will notify residents with door notices and neighborhood signs.

Hopkins Names President

Former UPenn provost to be 14th president of Baltimore university

Ronald J. Daniels, the provost of the University of Pennsylvania, will become the 14th president of Johns Hopkins University in Baltimore, the school's trustees decided Tuesday.

Daniels was tapped in a special meeting of the Board of Trustees after an international search involving nearly 300 nominees.

"Ron is a strategic thinker, known for articulating and implementing bold and visionary academic ideas and initiatives," said Pamela P. Flaherty, chairman of both the board of trustees and the search committee.

"He impressed the committee

Location: Crough Center, CUA Campus

REASON. FAITH. SERVICE

R.s.v.p. to architecture@cua.edu or 202-319-5784
For more information visit: http://architecture.cua.edu

THE CATHOLIC UNIVERSITY OF AMERICA

School of Architecture and Planning

with his passion for the academic enterprise, his record of academic entrepreneurship and his commitment to building excellence in both the basic sciences and multidisciplinary research centers and

institutes," she said.

D a n i e l s will take office March 2, succeeding William R. Brody, who is stepping down after nearly 12

Daniels

years heading Johns Hopkins. The school is the largest research-intensive university in the country and under Brody was a highly successful fundraiser.

In a statement, Daniels said that he took the job because of the university's "extraordinary academic reputation, its commitment to research excellence and the leadership role it plays in so many domains of scientific and social inquiry."

Daniels has been provost and chief academic officer at Penn since 2005. He has had responsibility for undergraduate and graduate education, faculty affairs, research and technology transfer, global initiatives, student life, athletics, admissions, arts and culture, and libraries. The deans of Penn's 12 schools report to him on academic and budget matters.

Brody had the fifth-longest tenure among Johns Hopkins's 13 presidents. His retirement will coincide with the conclusion of the \$3.2 billion Johns Hopkins capital campaign. VALERIE STRAUSS (THE WASHINGTON POST)

ARLINGTON, VA. | VETERANS DAY OBSERVANCE



SOLEMN GATHERING: Hundreds gathered at Arlington National Cemetery Tuesday for the 55th Annual National Veterans Day Observance. Vice President Dick Cheney participated in the wreath-laying ceremony at the event.

NEW MASTER OF CITY AND REGIONAL PLANNING! Join the Only Planning Program in the District of Columbia! • Flexible degree program with evening courses • On the Red Line (Brookland/CUA Metro station) • Scholarships available and rolling admissions • Also offering master's degrees in architecture and sustainable design Information Session: Thursday, November 13, 6 - 8:00 p.m.

Kratovil Claims Win in Md. 1st District Race

Democrat Frank M. Kratovil Jr. edged out Republican state Sen. Andrew P. Harris to win Maryland's 1st Congressional District and claimed victory Tuesday.

Kratovil spokesman Kevin Lawlor said Harris called Kratovil about 10 a.m. Tuesday. He said Harris conceded the race, congratulated the Democrat and wished him luck.

"Now we're just starting to work on the transition," Lawlor said.

The win ends a bitter and long battle between Kratovil, the Queen Anne's County state's attorney, and Harris, an anesthesiologist who lives in Baltimore County and is one of the state's most conservative state legislators. The race, which drew national attention and was too close to call last week, and election officials said the winner would be decided by

absentee ballots.



Kratovil

Kratovil took 49 percent of the vote over Harris's 48 percent, with 2,154 votes separating the two.

Kratovil's win strength-

ens the Democrats' tight hold on political power in Maryland and leaves only Western Maryland's 6th District in GOP hands, with veteran Rep. Roscoe G. Bartlett. OVETTA WIGGINS (THE WASHINGTON POST)

Water, Sewer Alert System Begins

Residents in Montgomery and Prince George's counties can now sign up for a service that will alert them via e-mail or text message whether a burst pipe has cut off water service to their home or will snarl traffic.

The Washington Suburban Sanitary Commission Wednesday will

unveil a new way of telling customers about problems in its water and sewer network. Residents can sign up to receive e-mails, text messages or both to alert them when water mains burst near any address they choose.

ROSALIND S. HELDERMAN (THE WASHINGTON POST)

Local



The Fairmont Hotel is offering a \$40,000 "Eco-Inaugural" package, a four-night extravaganza that includes the exclusive use of a Lexus hybrid vehicle and driver.

Hotels Filling Up For Inauguration

WASHINGTON | Heading to the capital city to be part of history on Jan. 20? Good luck finding a room.

You might be able to ante up \$40,000 for a four-night stay at a fancy hotel, or you can crash on someone's couch or floor. Anything in between is just about gone for President-elect Barack Obama's inauguration.

With hotels nearly booked up, lots of out-of-towners are suddenly deciding it's time to pay a visit to friends or relatives here. Others are more imaginative.

"Your apartment in Washington D.C. for a week ... for my apartment in Beverly Hills, CA," says one ad. "It's nothing large, just a smallish 1-bedroom, but it's smack-dab in 90210!"

Already, there is a waiting list

at the Willard InterContinental Hotel, where Martin Luther King Jr. finished writing his "I Have a Dream" speech. Guests are paying a minimum of \$949 a night, with a four-night stay required.

Also gone: The 221 rooms at the Four Seasons in Georgetown, including a royal suite that costs \$15,000 a night.

Folks can also spend \$40,000 on an "Eco-Inaugural" package at the Fairmont Hotel in Foggy Bottom. The four-night extravaganza includes the exclusive use of a Lexus hybrid vehicle — driver included — and his and her organic spa treatments with a massage and manicures. The Fairmont's "First Lady" will also get her own eco-friendly ball gown. (AP)

The Lotteries

Tuesday, Nov. II

DISTRICT	
Mid-day Lucky Numbers	0-6-3
Evening Lucky Numbers (Mon.) 6-8-6
Mid-day DC 4	6-4-0-0
Evening DC 4 (Mon.)	5-6-9-1
Rolling Cash Five (Mon.)	2-6-10-11-14
Daily 6 (Mon.) 1-13-21-22-24-3	8 Bonus: 20

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

MARYLAND

Mid-day Pick 3	6-5-9
Evening Pick 3 (Mo	n.) 2-3-8
Mid-day Pick 4	0-1-4-3
Evening Pick 4 (Mo	n.) 2-6-7-3
Match 5 (Mon.)	6-7-8-11-34 Bonus: 4

VIRGINIA	
Mid-day Pick 3	7-9-1
Evening Pick 3 (Mon.)	4-3-6
Mid-day Pick 4	4-0-8-0

Mid-day Pick 4 4-0-8-0
Evening Pick 4 (Mon.) 2-5-4-8
Mid-day Cash 5 4-12-19-25-27
Evening Cash 5 (Mon.) 6-13-20-26-32

PUBLIC PROGRAM

Lifting the Double Burden:

A Critical Review of Race and Gender, 1968–2008; A Conversation on the Struggle of Black Women

Presented in partnership with the National Park Service, Mary McLeod Bethune Council House National Historic Site. Panelists include Dr. Rosalyn Terborg-Penn, Dr. Ida E. Jones, Dr. Cheryl Janifer LaRoche, Dr. Avis Jones-Deweever, and Denise Rolark-Barnes.

THURSDAY, NOVEMBER 13, 7 P.M.

FREE. No reservations required. Seating is first-come, first-served.

National Archives Building, Special Events Entrance Constitution Avenue between 7th and 9th Streets, NW Metro accessible, Archives/Navy Memorial Station www.archives.gov/calendar • 202-357-5000



THE

NATIONAL

ARCHIVES

EXPERIENCE





Elegant baths with spa-style soaking tubs • Oversize windows • Gourmet kitchens Two-Bedrooms from \$1,595* • Studios and One-Bedrooms also available

BRAND NEW APARTMENTS NOW ARRIVING

FortTottenStation.com • 888.802.5998

*Only on select units. See Sales Manager for details. Average monthly rent including concessions. Short-term lease available.







■ Tuesdays in Express

A weekly section about how to look and feel and be your best.



How you can turn a turbulent stock market into massive profits

"I've made money in every kind of market — up, down, and sideways. Let me show you exactly how to do it in today's volatile market."



George Fontanills, founder of Optionetics, is a Harvard-educated, internationally renowned best-selling author, money manager, and options trading expert.

You see the market reports every day. One day the market is up 100, 300, 500 points. The next day, the market's down 700 points. Most investors think you can't make money in markets like this. But I do it every day, and I can show you how.

THE SECRET IS OPTIONS

Let's face it. For most people, buying a stock is a one-way street. They buy and hold the stock, hoping it will go up. But the smart investors know there's a much better way to profit in the market. In fact, they love the massive

volatility of today's market because that's where the massive profits are made.

ELECTION YEAR VOLATILITY WORKS IN YOUR FAVOR

Election year jitters. Housing collapse. Fuel. Bailouts. Bring it on. The more, the better! Today's volatility creates opportunities for big profits. My time-tested, award-winning program teaches you how to profit in markets just like this.

IT'S ALL ABOUT LEVERAGE

For every \$1,000 you put in stocks, options investors only put in \$150 – \$200 to achieve the same investment muscle. How? Because we use options to leverage or control a stock rather than buy it, extending the power of your investment dollar. That's how I play the stock market, without the risk of actually buying the stock.

DISCOVER THE POWER OF OPTIONETICS[®] FREE OF CHARGE

You're invited to attend my award-winning FREE Optionetics workshop. It will change the way you look at the stock market forever and show you the tools you need to protect your investment the same way

- See how to make money in today's volatile market.
- Discover strategies once reserved for a small group of industry traders.
- Understand the market's hidden factors better than current investors.
- Learn to control stocks without the expense or risk of buying them.
- Discover practical techniques for making more money in this type of market.
- Learn how you can use timetested formulas to make big profits IMMEDIATELY.

Attend my FREE workshop, and start controlling your financial future NOW with my proven moneymaking techniques.

Who Should Attend

- Investors looking to minimize risk and protect profits
- Investors looking to diversify
- Retirees in need of extra income
- Investors looking to salvage their investment portfolio
- Anyone who has been hammered in today's market

Investors Can't Stop Talking About Their Optionetics Experience!

"I made \$12,000 in two months!"

"Make money using market volatility. I made \$11,000 on one trade!"

"You can profit in down markets with options."

"Control more assets for less money!

I made a 100% return in three weeks!"

— Mary Kincaid, OH

"I made \$2,000 in two days!"

— Tony Scianni, NJ

"Using leverage, you can start small and end up big! The free workshop is where to start."

— Justin Dambacher, CA

BONUS

This one secret could change your financial future!

Learn how it's possible to make "nondirectional" trades that position you to make money no matter which way the stock moves. Stock goes up... you make money. Stock goes down... you still make money.

Plus discover:

- ✓ 2 crucial elements to trading success
- 6 major types of outside risk you can manage
- √ 3 disastrous mistakes most investors make (easy to avoid; hard to recover from)





Not sure where to invest in today's market? Don't miss this FREE event!

This powerful workshop is for four days only — and it's FREE!

100% GUARANTEE

Find out about the Optionetics 100% Guarantee.
See why we are confident **you will make money!**

SUNDAY

November 16, 2008 3 p.m. Fairfax Hyatt Fair Lakes 12777 Fair Lakes Circle Fairfax, VA

MONDAY

November 17, 2008 1 p.m. or 7 p.m. Gaithersburg Marriott Washingtonian Center 9751 Washingtonian Blvd. Gaithersburg, MD

TUESDAY

November 18, 2008 1 p.m. or 7 p.m. Dulles - North Embassy Suites 44610 Waxpool Road Ashburn, VA

WEDNESDAY

November 19, 2008 10 a.m. Bethesda Hyatt Regency 7400 Wisconsin Avenue Bethesda, MD



MORE CUTS: Swedish truck and bus maker Volvo AB Tuesday said it will lay off 100 staffers at its powertrain unit in Hagerstown, Md., as the global financial crisis continues to weigh on the demand for heavy vehicles.

Cars

Acura's New Toy

2009 TL's technology package puts local Dopplers to shame

WEATHER MOBILE | One of the best things about moving to Los Angeles from North Carolina was discovering the outrageous cadre of TV weathermen with vaguely meteorological-sounding names: Dallas Raines, Johnny Mountain, Fritz Coleman.

The Acura TL threatens to put these guys out of their shiny suits. This car offers real-time weather graphics, just like your local newscast's Accu-Mega-3D-Doppler-9200 radar, or whatever.

The service, bundled with the car's XM satellite subscription (the Ford Flex has a similar service), comes as part of the car's technology package.

Technology — the sheer, dizzy, LED mass of it, piled high — has always been Acura's raison d'etre. And the new, fourth-generation TL doesn't disappoint. But, does the super-whachamacallit work?

It does, fiendishly so. The car rips most corners (19-inch Z-rated tires sure help). In a corner where you are coming off the brakes, you can get on the throttle sooner and harder. Simply loverly.

This car definitely has some sporting moxie. The electric steering is twitchy and accurate, although



Technology has always been Acura's raison d'etre. The 2009 Acura TL SH-AWD doesn't disappoint, with its sophisticated weather graphics and sporting moxie.

synthetically heavy; the suspension (springs, dampers, stabilizer bars) is tensed and actually a bit scabrous over rough road. Does it boil the sporting blood? Maybe not, but it seems to have purpled my backside.

So there's a bit of soul-searching left to do here. Otherwise, the top-shelf TL is an amazing car, loaded to the gills — audiophile sound system, voice-recognition navigation, Bluetooth, leather, weather — and priced thousands of dollars below a similarly equipped Bimmer.

You can't say Acura doesn't know which way the wind blows.

DAN NEIL (LOS ANGELES TIMES)

NUTS & BOLTS

→ 2009 ACURA TL SH-AWD \$43,235

Powertrain: 3.7-liter SOHC, direct-injection, 24-valve V-6 with variable valve timing and dual-stage intake manifold; five-speed sequential automatic transmission; all-wheel drive | Wheelbase: 109.3 inches | Measurements: 195.5 inches long, 3,962 pounds | Horsepower: 305 at 6,200 rpm | Torque: 273 at 5,000 | EPA Fuel Economy: 17 mpg city, 25 mpg highway

DISCUSSIONS

REAL WHEELS

Warren, I always enjoy your insights. Any impressions on the 2009 Acura TSX? The dealer tells me it needs premium gas. Really? Yes, the Acura TSX requires premium unleaded. And, yes, that means you really must use that fuel in that car for continued best performance. Very nice car, by the way. Excellent handling characteristics.

Audi or Acura? I currently own an '03 Acura TL, which is about to become a hand-me-down to a grad student child. I like the new '09 TL, but I also like what I see of the new Audi A6. Both seem quite comparable. What's your preference, or am I missing something else in the same class worth investigating? Audi. Hands-down. Best automotive

Audi. Hands-down. Best automotive interiors on the market. Excellent road performance. Downside? Not much. VW/Audi USA, which has moved its headquarters to Herndon, seems to be doing a good job of whipping into shape the repair shops of Audi's mid-Atlantic dealers. Not that the TL is a bad car or anything. Quite the contrary. But it has a way to go before it catches up with an Audi interior.

A few weeks ago, you praised the diesel Jettas as examples of the new generation of diesel cars that use ultra-low sulfur fuel to reduce emissions. Are all gas station diesel tanks now filled with only this

fuel? Or is it something that you have to seek out? Suppose you inadvertently fill your tank with the old stuff — what happens to your car?

Yes, ultra-low sulfur diesel is required in all 50-state diesel passenger cars under federal and state clean-air rules.

Audi. Handsdown. Best automotive interiors on the market.

In a buyer's market for new cars, does the shopper at last have the power to choose his or her salesman? I'm sick of being treated as the territory of whichever ill-informed, "How much do you want to spend?" clown finds me in the parking lot.

You've always had that power. Except, now, you really have the opportunity to use it. Smart dealers know this. Accordingly, they are preparing for you. Take, for example, the new Mazda dealership that just opened in the Chantilly Auto Park in Chantilly, Va. You can go there for a bite to eat. Coffee, tea, crumpets and a sales staff that leaves you the heck alone. Wanna shop? Go ahead. But maybe you don't feel like buying anything that day. So, you go home, shop online, and then go back to the "Drive Center" for hands-on experience with your chosen vehicle.



washingtonpost.com

Columnist Warren Brown comes online Fridays at 11 a.m. to answer your questions on every aspect of the automotive industry.



Travel



FLIGHT DELIGHTS: Low-cost carriers Hawaiian Airlines, AirTran Airways and Southwest Airlines Co. topped the rankings of U.S. airlines for being on-time and uniting bags with passengers in the first half of 2008, while American Airlines brought up the rear, according to a new study.

Obama's Grand Tour

The president-elect has roots in 3 nations, 6 time zones, 6 states

Places that presidents call home often become major tourist attractions, from estates at Mount Vernon and Monticello, to Hodgenville, Ky., where Abe Lincoln's log cabin once stood, to Bill Clinton's boyhood home in Hope, Ark.

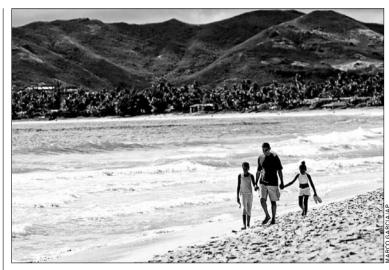
So, what's the equivalent of President-elect Barack Obama's log cabin? Probably a 10th-floor apartment in Honolulu where he lived with his mother and grandparents.

But to see all the places connected to Obama's life story, you'd have to visit three countries, six time zones and six states.

Here are some places to keep in mind if you want to create your own Obama tour:

ROOTS: KENYA, KANSAS

Obama's late father was from | the only tourists who have made it



President-elect Barack Obama walks with his kids on a beach in Kailua, Hawaii, during a family vacation in August. Places connected to Obama span six time zones.

Kogelo, Kenya. To reach Kogelo, you fly from Nairobi to Kisumu on the shores of Lake Victoria, then drive an hour to the village, partly on a rough dirt road. So far, the ophytourists who have made it

there are journalists.

Obama also has roots in Kansas, where his late mother, Stanley Ann Dunham, was born.

CHILDHOOD: HAWAII, INDONESIA

Obama was born in Honolulu

and lived with his mother and grand-parents in a two-bedroom apartment at 1617 S. Beretania St.

Obama's mother later married an Indonesian, and they moved to Jakarta in 1967.

So far, the only tourists who have made it to Kogelo, Kenya, are journalists.

ADULT LIFE: CHICAGO

Interest in Obama sites in Chicago is so strong that the Chicago Convention and Tourism Bureau's Web site at Choosechicago.com now showcases places where the Obamas eat and shop. They include Topolobampo at 445 N. Clark St. (Mexican food) and 57th Street Books at 1301 E. 57th St. BETH J. HARPAZ (AP)

RealDeals

FROM BUDGET TRAVEL MAGAZINE

7-NIGHT QUEBEC STAY

Live like a local in a furnished apartment in Quebec City's Lower Town.

The deal includes seven nights' apartment accommodations and a three-day museum pass for \$889 per person—all taxes included. WHEN:

Saturdays through Dec. 12, 2009. Add \$70 for Jan. 31; Feb. 7; June 27; July 4, 11, 18, 25; Aug. 1, 8, 15, 22; and Dec. 19.

DETAILS: Land-only price. The price breaks down to \$127 per person per night. Based on double occupancy; single supplement is \$615. CONTACT: Untours, 888-868-6871, Untours.com.

ALA. LODGING. BIRDING

Stay in a chalet on Taylor Mountain in Guntersville, Ala., about two hours from Birmingham, for \$99 per night. The chalets make a great base for birding. WHEN: Ongoing. DETAILS: Does not include taxes of 12 percent. Each chalet sleeps up to six people. CONTACT: 800-548-4553, Alapark.com/lakeguntersville. (BUDGET TRAVEL)



Favorite Cruises with Fantastic Prices

Spacious, elegant ships • Gracious, award-winning service • Worldwide itineraries Sophisticated five-star dining • Extensive activities & enrichment programs



A Signature of Excellence

WESTERN CARIBBEAN	7 nights	from	\$599 pp
EASTERN CARIBBEAN	7 nights	from	\$699 pp
PANAMA CANAL	10 nights	from	\$999 pp
CANADA & NEW ENGLAND	7 nights	from	\$1349 pp

Fares above do not include a fuel supplement of \$9 per guest per day with a maximum per guest of \$126.00 (\$4 per guest per day for 3rd, 4th and 5th guests in a stateroom, with a maximum of \$56.00 per 3rd, 4th or 5th guest). Fares are cruise only pp, dbl occupancy, and include non-discountable amounts. Taxes/fees add'l and range from \$75 to \$213. Fares based on select sail dates and may vary based on dates, ship & itinerary; are capacity controlled and may be withdrawn at any time. Restrictions apply. Ships' registry: The Netherlands

888 17th St. NW, Ste. 304, Washington DC • 202-298-7100 • 1-800-296-0071

Let FROSCH help you experience the travel you have imagined





REWIND ROME: Ever wonder what a gladiator fight looked like from the front row of the Colosseum? A 3-D simulation presented in a theater near the ruined arena will let visitors experience the ancient capital as it appeared in A.D. 310. The show opens Nov. 20.

Travel

'Sexy,' Budget-Friendly Berlin

Germany's capital city is famous for its hip spots and poor citizens

BERLIN | If you show up in Berlin strapped for cash, you're in good company. The German capital's sizable student population, high unemployment rate and large starving artist contingent makes pennypinching a citywide obsession.

This is, after all, the city that has not only been dubbed one of the hippest in Europe because of its raging nightlife, plethora of museums, independent art galleries and concert spaces — but it's also known for being wracked with debt. So much so that in 2003 Mayor Klaus Wowereit lent it the accidental slogan: 'We're poor, but sexy."

The BVG, which operates the trams, subways and buses, can whisk you from east to west Berlin for \$2.65. A Berlin Welcome Card provides 48 or 72 hours of unlimited travel for \$21 and \$27, respectively.

Of course, if the weather's favorable and you need to burn off a beer belly, Berlin is incredibly bicyclefriendly, with bike lanes on most



Tourists take photos in front of the East Side Gallery, a part of the Berlin Wall.

major thoroughfares. Bike rentals are about \$15 per day.

Sites worth visiting include the East Side Gallery, a brief stretch of the Berlin Wall along the River Spree featuring murals; and the Reichstag Dome atop Berlin's Parliament building, which offers dazzling views of the city, for free.

When you tire of tourist-packed venues, the Landwehrkanal in southeast Kreuzberg is a soothing place to stroll. On a Tuesday or Friday afternoon, you can hit the Turkish Market for scarves and olives at bargain prices. BRITTANI SONNENBERG (AP)



FREE WIRELESS INTERNET

DUPONT CIRCLE McPHERSON SQUARE **UNION STATION**

Book online

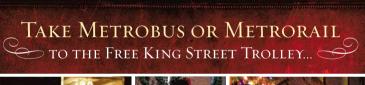
WASHINGTON DELUXE.COM

or call 866-287-6932

*based on round trip ticket price subject to change

the freshest styles

Styles. Every Friday









SHOP, DINE & CELEBRATE ON ALEXANDRIA'S HISTORIC MAIN STREETS

Nationally known for its early-American architecture, chic boutiques, art & antique galleries, award-winning restaurants, and historic attractions, Alexandria is your holiday vacation from the ordinary. Getting here is easy:

- Metrobus or Metrorail to King Street Station
- Free King Street Trolley with Frequent Stops Between the King Street Metro and the Waterfront, Every 15 Minutes, 10am-10pm Daily





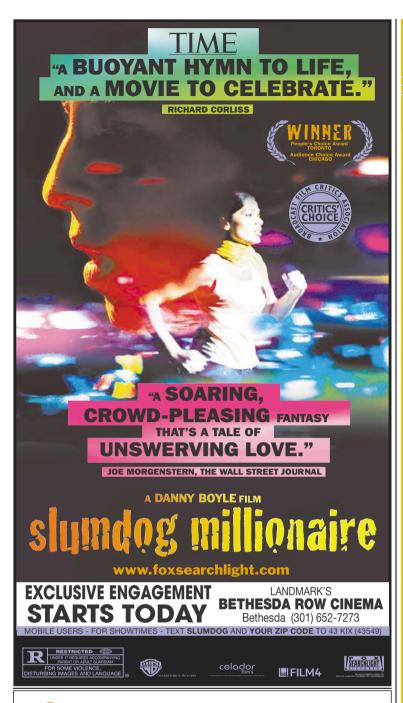
VisitAlexandriaVA.com 703.838.5005

Metro-operated parking lots are free on weekends and federal holidays. SmarTrip ® cards with full at MetroOpensDoors.com or call 202-637-7000 (TTY 202-638-3780)

© 2008, Alexandria Convention & Visitors Association. All rights reserved. ACVA-1148 [R]



*Offer subject to availability and not applicable with any other promotion or discount







Because a good review can lead to a great night out.

Get 26 weeks of 7-day home-delivery for just 99¢ a weekthat's 78% OFF the newsstand rate - or save 67% OFF Sunday-only home-delivery at just 49¢ a week!

To subscribe, call toll-free: 1-877-332-3717. Ext. 7 or visit wpsubscribe.com/fall49sun

The Washington Post If you don't get it, you don't get it.

DDA8 RPNG XPS08-549 2x5

Can You Catch a Star? ABSOLUTELY!

THE 7TH ANNUAL



in collaboration with **Urban Nation, Inc.**

Hosted by:

Jasmine Guy

Writer, Dancer, Producer and star of the hit TV-Sitcom. "A Different World"

Jim Vance

NABJ Hall of Fame Member, Emmy Award winning news anchor for NBC - TV 4

Produced by

Rickey Payton, Sr.

Urban Nation, Inc.

All ticket proceeds benefit The Washington Post **Educational Foundation** and Urban Nation. Inc.

Live Performances By:

Music & Dance Contestants Urban Nation H.I.P. -H.O.P. Choir

Saturday, Nov. 22, 2008

7:00 p.m. (Doors Open at 6:00 p.m.)

The Warner Theatre

13th & E Streets. NW Washington, DC

The Washington Post Music & **Dance Education Awards** program recognizes the artistic and academic abilities of high school seniors in the metropolitan area who will graduate in 2009.



Tickets

Orchestra Seating - \$37.50 Mid-Balcony Seating - \$29.50 Upper Balcony Seating - \$20.00 *Tickets are available at the door Purchase tickets at www.TicketMaster.com or for more information call: (202) 334-6834 TicketMaster® (800) 551-SEAT or visit: www.warnertheatre.com

FreddieMac • Foundation































































SIGNAL CALLER: Notre Dame coach Charlie Weis will call the plays on offense for the Irish against Navy. Weis said at his news conference Tuesday he is taking over the play calling for at least one game because offensive coordinator Mike Haywood will attend a family funeral in Houston.

Sports



Olsen went 8-11 last year and has never been on the disabled list in his career.

Nats Start Offseason Overhaul

Marlins ship Olsen, Willingham for young infielder, 2 prospects

NATIONALS | Starting pitcher Scott Olsen and outfielder Josh Willingham were traded by the Florida Marlins to the Nationals on Tuesday in a five-player deal that signals the start of Washington's efforts to revamp its roster after a major league-worst 59-102 season.

"They talk about the plan they have with this team," Willingham said, "and I



Bonifacio

The Marlins received second baseman Emilio Bonifacio and two minor leaguers: second baseman Jake Smolin-

believe in it."

ski and right-hander P.J. Dean.

"Money does matter, certainly, in these transactions, but you want to get something back, too," Marlins president of baseball operations Larry Beinfest said. "We'll talk in a few years and see how this trade went."

Olsen went 8-11 with a 4.20 ERA in 2008, his third consecutive season with at least 31 starts — he has never been on the disabled list. The left-hander is 31-37 with a 4.63 ERA in the majors. Willingham, who will be 30 on opening day, hit .254 with 15 homers and 51 RBI this year, when he missed 50 games with a herniated disk in his back.

Winless Wizards Not Panicking Yet

Eddie Jordan's team claims it's not close to being worried at 0-5

WIZARDS | Maybe it's because they know they made the playoffs after an 0-5 start last season.

Maybe it's because they know they have two past All-Stars in the starting lineup and figure a third, Gilbert Arenas, eventually will return.

Maybe it's because they know they can't possibly continue to lose and lose and lose, over and over and over again.

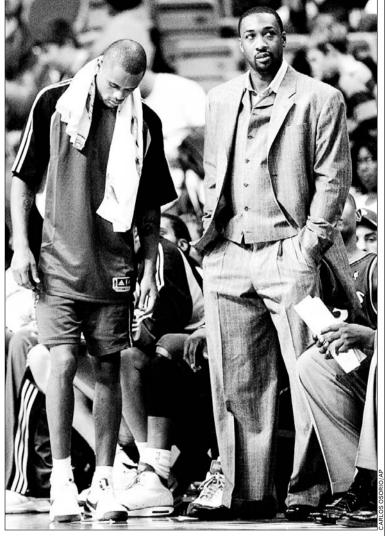
Whatever the reason, the Washington Wizards profess they are not worried, even if they are the only NBA team without a victory this season. Even if a loss to the Northwest Division-leading Utah Jazz on Wednesday night would drop Washington to 0-6 for the first time in franchise history.

"It's early," co-captain Antawn Jamison said after practice Tuesday. "Not even close to pushing the panic button."

Really?

There isn't any concern about the season slipping away?

"No. Never. There's too many games. If we were at this point a month from now and I'm saying, 'Hey, we're 0-20,' I would tell you,



The Washington Wizards, who have started this season 0-5, made the NBA playoffs last year after an 0-5 start, too. The team says it has not yet hit the panic button.

'Yeah.' I couldn't be as positive as I am right now," said Caron Butler, Washington's other captain and 2007-08 All-Star.

"But 0-5? We're cool. [If we were] 0-20? Yeah, I'm in Tahiti right now, mentally. But we're fine right now."

"The dumbest thing the Washington Wizards could do right now is to fire Eddie Jordan."

Columnist Michael Wilbon calls for patience despite the Wizards terrible start | **Today's Sports**

(I) The Washington Post

Actually, coach Eddie Jordan believes very little is OK at the moment. "The young guys have to stop making mistakes. The older guys have to stop making mistakes," Jordan said. "It's everybody."

Heading into Tuesday, the Wizards ranked last among the NBA's 30 teams in both of the major defensive statistical categories: opponents' points per game (108.8) and opponents' shooting percentage (50.2).

"We're going through our pain and agony right now," Butler said. "This is a low. We're going to have many highs this season."

TODAY'S TV LINEUP



CAPITALS (7 P.M. ON CSN) On a three-game winning streak, the Capitals hit the road to play the Carolina Hurricanes.

WIZARDS (8 P.M. ON CSN+) The Wizards aim for their first win of the year when hosting the Utah Jazz.

MORE NBA (8 P.M. AND 10:30 P.M. ON ESPN)

The Portland Trail Blazers visit the Miami Heat, and the Houston Rockets square off against the Phoenix Suns.

COLLEGE FOOTBALL (8 P.M. ON ESPN2) Central Michigan faces Northern Illinois.

Redskins Cut Down on Major Injuries

Training department's adjustments pay off after last year's woes

REDSKINS | Midway through last season, the Redskins Park training room was filled with legions of players nursing sore hamstrings and the like. Some played through the nagging pain, albeit in a diminished capacity. Others missed games entirely, triggering a sense of alarm.

"They sure get your attention," Redskins Director of Sports Medicine Bubba Tyer said of the rash of hamstring injuries. "And we gave it our attention." Aware of the spike in afflictions and their tendency to linger, concern drifted down from the organization's highest levels. Even before the season ended, owner Daniel Snyder and executive vice president of football operations Vinny Cerrato called for action in hopes of preventing future outbreaks.

A year later, Redskins officials say they've made progress.

Washington hardly has been exempt from injuries, as several players have trudged through nagging ailments this season. But they also agree the impact made by nagging injuries — such as hamstrings — have not been as debilitating as last season.

Since the midpoint of last season, the Redskins have rearranged the athletic training department, while the strength and conditioning staff has developed new stretches and exercises designed to help cut down on injuries.

The biggest change was the addition of another staff member, first-year assistant athletic trainer Elliott Jermyn.

The addition, he said, has freed up other staffers to focus on other duties, including working to keep players on the field who may already be fighting injuries. "You've only got so many minutes in the day to work with these guys," Tyer said.

MARC CARIG (THE WASHINGTON POST)





U.S. General Services Administration

Travel faster

Tips and inside info.

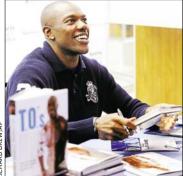
Travel.

Wednesdays in Express.





Sports



Terrell Owens signs his new book at a New York bookstore Tuesday morning.

T.O. Says Give Him The Ball

Outspoken receiver speaks out on the ills of the 5-4 Cowboys

NFL | Terrell Owens hopes his coaches spent their bye week looking back at what made the Dallas Cowboys so successful last season.

In other words, how they got T.O. the ball.

The outspoken wide receiver with the well-worn reputation for wanting to be involved simply hasn't been during the Cowboys' midseason swoon. He's been held to a pair of catches three times this season, doesn't have a 100-yard receiving game and has caught more than one touchdown pass just once.

"We have to go back to the drawing table and look at the things that made us successful last year, moving me around a little bit, really just making an effort to get the ball in my hands on certain routes," Owens said Tuesday.

Sunday's game against the Redskins is critical for 5-4 Dallas. It'd be an opportune time for Owens to have a breakout performance, especially if he's matched up against cornerback DeAngelo Hall. Owens was fined \$35,000 by the league in December 2006 for spitting in Hall's face during a game against his former team, the Atlanta Falcons.

"At the rate he's playing, I'm looking forward to a big day," Owens said, smiling. DAVE SKRETTA (AP)

Federal Employees — it's Open Season.

SAVE BIG!

Up to:

- **√** \$1,500 on premiums for plans with PPO networks
- ✓ \$100 per month with discounts on gym memberships
- **✓ \$200** on prescription eyewear (every 24 mos.)

GO NOW — www.aetnafeds.com/dc Or call 1-877-459-6604

Here's what our plans cost.

Medical Plans	Enrollment Code	Self Only	Family
CDHP – PPO Network	Self: 221; Family: 222	\$40.48	\$93.10
HDHP with HSA – PPO Network	Self: 224; Family: 225	\$30.93	\$67.73
Aetna Open Access – Basic Option	Self: JN4; Family: JN5	\$42.96	\$100.54

What are you paying?



You get more with

Plans with PPO NETWORKS Aetna HealthFund®

CDHP

Great price, rich benefits

- ✓ See any licensed doctor for covered services with no referrals
- Start with a Fund from Aetna that pays for your medical and vision expenses
- ✓ Unused Funds roll over from year to year, as long as you remain in the plan
- ✓ 100% coverage for in-network preventive care (including dental & vision)
- ✓ Up to \$600 for dental services, too!

Check out page 2 for more details.

HDHP with HSA

Low cost, plus savings for future health care needs

- ✓ See any licensed doctor for covered services with no referrals
- ✓ The plan deposits money into an interest-earning Health Savings Account (HSA) that you can use for qualified medical expenses
- Money rolls over from year to year, and it's always yours, even if you leave the plan
- 100% prescription coverage for in-network preventive care (including dental & vision)
- ✓ A \$100 prescription eyewear reimbursement, too!

Check out page 3 for more details.

Plans with HMO NETWORKS

Aetna Open Access® HMO Plan

Easiest plan, predictable costs

- ✓ See any in-network doctor with no referrals*
- ✔ Built-in preventive dental coverage
- ✓ No deductibles just pay a copay
- Prescription eyewear reimbursement, too!

Check out pages 4 – 5 for more details.

* Referrals are required in our California HMO plan.

1

Smilel

ALL plans come with built-in dental benefits.

Benefits confusion slowing you down?

Take our Aetna ExpressLane™ for quick advice to help you find the right plan fast! www.aetnafeds.com/dc

Aetna!

Built-in savings

Our plans come with plenty of perks, including savings on:

- Prescription eyewear, eye exams, contact lenses and LASIK eye surgery
- Nearly 10,000 fitness clubs nationwide, including Bally Total Fitness™. Curves®, Gold's Gym® and Powerhouse® locations

- Chiropractic, acupuncture and massage-therapy visits
- Vitamins and supplements
- Weight-loss programs like NutriSystem® and Jenny Craig®
- Spa gift certificates
- Zagat® healthy dining
- And more!





LENSCRAFTERS*







Tools to manage your health or budget

DocFind® online directory

Find a participating doctor in seconds from

www.aetnafeds.com/dc.

Find prices for many doctors' services, too!

Informed Health® Line

Health question? Call 1-800-556-1555 to get an answer from a registered nurse 24/7.



Protect your paycheck, pension and future! Visit www.aetnafeds.com and click on "Federal First" for more info about the Federal First Long Term Disability Insurance Program, underwritten by Aetna Life Insurance Company.

Aetna Navigator® website

Check on claims, replace ID cards ... even cost-compare hospitals, tests and prescriptions.

Aetna SmartSourceSM

Type in your condition or symptom and SmartSource pulls from your Aetna health data to give custom-fit health info, including a list of doctors that treat your condition, common medications, cost estimates and helpful Aetna programs and discounts.

Personal Health Record

Here's a quick, easy and super-secure way to store your entire health history on the Web. Get automatic health alerts, share a copy with your doctor, and more.

Need more info?

Go to www.aetnafeds.com/dc or call 1-877-459-6604.



Looking for:



- ✓ Savings up to \$1,500 on premiums
- Medical plans with PPO networks
- **√ \$0 copay** for routine well-child exams
- ✓ Dental benefits
- **✓** Vision benefits

Discounts on:

- ✓ Gym
 memberships
- Massage therapy
- Weight-loss programs
- ✓ And more!



Health insurance plans are offered, underwritten, or administered by Aetna Health Inc., and/or Aetna Life Insurance Company (Aetna).

This material is for informational purposes only. Not all health services are covered. See plan's Federal Brochure for a complete description of benefits, exclusions, limitations and conditions of coverage. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Discount programs provide access to discounted prices and are not insured benefits. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to **www.aetnafeds.com**.

We want you to know Actual

www.aetnafeds.com/dc

©2008 Aetna Inc.

SENIOR SELECTIONS: MLS players Brian Ching and Pablo Mastroeni were among 19 U.S. players picked for training camp ahead of the Nov. 19 World Cup qualifier against Guatemala.



Sports

Lincecum Wins Cy Young

Giants fireballer easily bests Webb, Santana for NL's top pitcher

BASEBALL | Tim Lincecum won the National League Cy Young Award by a comfortable margin Tuesday, taking home pitching's highest honor in his second major league season.

The slender kid with the whirling windup is the second San Francisco Giants pitcher to win a Cy Young. The first was Mike McCormick in 1967.

Lincecum received 23 of 32

first-place votes and 137 points in balloting by the Baseball Writers' Association of America. Brandon



Lincecum

zona Diamondbacks got four first-place votes and finished second with 73 points.

Webb of the Ari-

Listed at 5-foot-11 and 160

pounds, tiny by today's standards for a pitcher, Lincecum defied detractors — and the laws of physics — by firing 97 mph fastballs past one hulking slugger after another. The 24-year-old right-hander was 18-5 with a 2.62 ERA and a major league-best 265 strikeouts, remarkable numbers for a fourth-place team that finished 72-90.

Lincecum led the NL in winning percentage (.783), ranked second in ERA and was third with 227 innings. He made his first All-Star squad, but an illness prevented him from appearing in the July 15 game at Yankee Stadium.

New York Mets ace Johan Santana, who led the league in ERA (2.53) and innings (234 1-3), also garnered four first-place votes and came in third. (AP)

GEORGETOWN UNIVERSITY

CENTER FOR CONTINUING & PROFESSIONAL EDUCATION

Build your ITskils at our Arlington site on the Metro Line

Multi Certificate

Starts January 10

Web Design

Starts January 24

Oracle 11g Database Administration

Starts February 3

Advanced Web Developer

Starts February 7

Enroll Today. Visit http://ccpe.georgetown.edu/it or call 202-687-4504.

grad.usda.gov/evening

YEAR POSSIBILITIES

Things to do in

- design computer graphics
- become a paralegal
- create a podcast
- speak a new language
- write a memoir
- ...and more

Register Now!

Evening and Weekend courses at the Graduate School!
Our Winter Term starts
January 6

GS GRADUATE SCHOOL USDA

Pathways to Performance and Success

grad.usda.gov/evening (888) 744-GRAD

reasons to get The Washington Post.

Privacy

Because nobody bothers you when you're reading the paper.

Get 26 weeks of 7-day home-delivery for just 99¢ a week—that's 78% OFF the newsstand rate—or save 67% OFF Sunday-only home-delivery at just 49¢ a week!

The Washington Post

If you don't get it, you don't get it.

To subscribe, call toll-free: **1-877-332-3717, Ext. 7** or visit wpsubscribe.com/fall49sun

Offer expires 12/28/08. Restrictions may apply.
DDA8 RPNG XPS08-549 1x7

GW SCHOOL OF BUSINESS ARLINGTON CENTER

MASTER OF SCIENCE IN

Information Systems Technology

Energize your career.

Learn to design and manage information systems to solve management problems and create business opportunities.



Specialize your coursework.

Focus on key technologies, strategic thinking, collaboration and methodologies for decision making and leadership.

Concentrations available:

Management Information Systems, Information Systems Development, Executive MS in Information Systems.

Multiple Locations, Multiple Formats.

Evening, weekend, and executive cohort programs offered in Arlington, Ashburn, and Washington, DC.

*EMIS & MIS tracks only



AMBITION.

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/

Information Sessions

Wednesday, Nov. 12 6:00 pm

Duquès Hall, Room 420 2201 G Street, NW Washington, DC 20052

Metro: Blue or Orange Line to Foggy Bottom

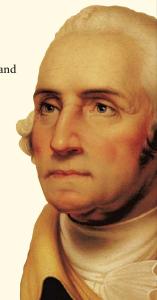
Tuesday, Nov. 18 6:30 pm

3601 Wilson Boulevard Suite 400 Arlington, VA

Metro: Orange Line to Virginia Square

Rsvp Today!

703.248.2800 www.msist.gwu.edu



The Malpractice Law Firm JACK H. OLENDER & ASSOCIATES, P.C. MAJOR EXPERIENCE IN MEDICAL MALPRACTICE CHILDREN WITH BRAIN DAMAGE & CEREBRAL PALSY

Robert S. Chabon, M.D., J.D., Attorney/Pediatrician Is Of Counsel to the Firm

888 17th Street, N.W. • 4th floor • Washington, D.C. 20006

(202) 879-7777

FROM THE HISTORICAL SOCIETY OF WASHINGTON, D.C.

35th Annual Conference on **Washington, D.C. Historical Studies**

November 13 - 15, 2008

The Washington, D.C. Historical Studies Conference is a gathering of everyone from scholars and students to collectors and history buffs who share an abiding fascination with the local history of Washington, D.C.

Conference Highlights

- Keynote Speaker, Dr. Peniel Joseph: "Stokely Carmichael and U.S. Democracy"
- · From Riots to Buy-Outs: The Washington Post, Past and Future
- Freemasonry in the Washington, D.C. Area
- · Roots of D.C.'s Lesbian, Gay, Bisexual & Transgender Activism
- · Film Screening: The Night James Brown Saved Boston

Registration: \$10 (\$5 for students and seniors, 65+) More information and to register: www.historydc.org

Open to the Public

Historical Society of Washington, D.C. 801 K Street, N.W. Washington, D.C. 20001 Across the street from the Convention Center, 2 Blocks from Gallery Place Metro

A program collaboration of Historical Society of Washington, D.C.; Cultural Tourism DC; The Washingtoniana Division of the DC Public Library; Association of Oldest Inhabitants; Friends of Washingtoniana Division; Rainbow History Project



Sports

JUST KIDDING: The NFL has rescinded a \$20,000 fine levied against New England Patriots receiver Randy Moss for his critical comments about officiating after the Pats' loss to the Colts.



Caps Remain Shorthanded

Washington can move into 1st place with win minus 2 key players

CAPITALS | The Washington Capitals won their past two games without veterans Shaone Morrisonn and Sergei Fedorov, and if they want to take sole possession of first place in the Southeast Division Wednesday, they'll have to do

Morrisonn and Fedorov, both of whom suffered injuries last Thursday against Carolina and have been sidelined since, are not expected to be in the lineup when the rivals meet for the second time in a week Wednesday at RBC Center.

Morrisonn and Fedorov skated on their own Tuesday — practice was called off — but they did not accompany the Capitals to Raleigh, N.C. Morrisonn has a groin muscle pull; Fedorov's injury has not been disclosed by the team but he was seen limping to the locker room



Capitals defender John Erskine checks Carolina's Tuomo Ruutu in Washington's win last week. The teams play again on Wednesday with first place on the line.

after getting hurt.

Team officials were hopeful earlier this week that one or both players would be ready.

Despite their absence, the Capitals defeated the New York Rangers on Saturday and Tampa Bay on Tuesday to extend the winning

streak to three games, matching a season-high and moving them into a tie with Carolina atop the division (18 points.) The rivals finished 1-2 last spring and have claimed six of nine titles since the division's inception. TARIK EL-BASHIR (THE WASHINGTON POST)

more cars on the net

@washingtonpost.com



express automobile dealers



HYUNDAI

703-660-0100 WWW.SHEEHYHONDA.COM

LEXUS OF SILVER SPRING SILVER SPRING, MD 2505 PROSPERITY 1-800-266-4874 LEXUSOFSILVERSPRING.COM



Mercedes-Benz



355 TOYOTA/SCION

301-309-3917 WWW.DARCARS.COM



1-888-683-3064 WWW.ALEXANDRIAVW.COM ALEXANDRIA,VA 107 W. GLEBE ROAD

VOLVO



JERRY'S FORD

LUSTINE DODGE

M Dodge

SILVER SPRING, MD 3111 AUTOMOBILE BLVD

WOODBRIDGE, VA 1-800-879-4701 14211 JEFFERSON DAVIS HWY. LUSTINEONLINE.COM

1-866-369-9999 WWW.TRYCRYSTAL.COM BROWN'S MANASSAS HYUNDAI MANASSAS, VA 703-361-9600 8651 CENTREVILLE ROAD MANASSASHYUNDAI.COM

703-256-5000 JERRYSFORD.COM

ANNANDALE, VA 6510 LITTLE RIVER TURNPIKE

KOONS STERLING FORD STERLING, VA 46869 HARRY BYRD HIGHWAY

OURISMAN WORLD OF FORD

1-888-342-7300 WWW.KOONS.COM

OURISMANFORD.COM



PASSPORT INFINITI 1-888-209-7211 ALEXANDRIA, VA WWW.PASSPORTING
"VA fastest growing Infiniti Dealer WWW.PASSPORTINFINITI.COM

DARCARS NISSAN

AMERICAN SERVICE CENTER

301-309-2200 WWW.DARCARS.COM

703-284-2500 JUSTMERCEDES.COMCOM

355 TOYOTA

301-309-3917 WWW.DARCARS.COM 15625 FREDERICK ROAD

ALEXANDRIA TOYOTA 3750 JEFFERSON DAVIS HWY 703-684-0700 ALEXANDRIA,VA WWW.ALEXANDRIATOYOTA.COM

KAY JENNINGS SPRINGFIELD TOYOTA 703-451-0300 SPRINGFIELDTOYOTA.COM 6570 AMHERST AVE.

KOONS TYSONS TOYOTA 1-888-505-113 8610 LEESBURG PIKE WWW.KOONS.COM

TOYOTA OF BOWIE BOWIE, MD 301-867-1600 16700 GOVERNOR BRIDGE RD TOYOTAOFBOWIE.COM **DARCARS 355 VOLVO** 301-309-3900 WWW.DARCARS.COM

MOORE LUXURY CARS

Drive you.

"Cars" can put you in the right wheels. **Wednesdays.**



WHAT ABOUT BOB? Bob Knight will put a full-court press on ESPN this year, serving as a studio analyst and a commentator for games. He'll also make on-site appearances on College GameDay.

Sports

Ex-Indians Ace Score Dies

Pitcher was on the road to greatness until he was hit by a line drive

OBITUARY | Herb Score, the Cleveland Indians pitcher and former broadcaster whose promise on the mound was shattered by a line drive, died Tuesday. He was 75.

Score died at his home in Rocky River, Ohio, the team said in a statement. He had been in a wheelchair since suffering a stroke in 2002, four years after he was seriously injured in a car accident.

A hard-throwing left-hander

ш

MAM

with a big fastball and a big heart, Score pitched for the Indians from 1955 to 1959. He was named the American League rookie of the

year in 1955 after going 16-10. He went 20-9 in 1956 and was twice named to the All-Star team. However,



Score's career took a sad and nearly tragic turn on May 7, 1957, when Gil McDougald of the New York Yankees lined

a ball off Score's right eye, breaking

his nose and a number of bones in his face. Fearful of being hit again, Score changed his pitching motion, with less-than-favorable results. After two losing seasons in Cleveland, he pitched parts of three seasons with the Chicago White Sox. He never won more than nine games after the injury and retired in 1962 with a 55-46 record.

"Herb Score ... would've been just as good if not better than Sandy Koufax if it wouldn't have been for his injury to his eye," Hall of Fame pitcher Bob Feller said. "And Sandy Koufax was the best pitcher I ever saw in my lifetime." Tom withers (AP)

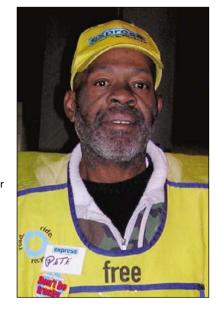
Outstanding Distributor

Peter Reed

"Pete is always greeting everyone with a smile and a word to make you feel special or make you smile to start your workday."

> - Prince George's Plaza Metro Rider







To recognize an outstanding distributor, please e-mail circulation@readexpress.com. Please include your name, city and Metro station.

Excel at Hopkins

Learn the theory and practice of communication at our Washington, DC Center.

Optional Concentrations

- Public and Media Relations
- Political Communication
- Health Communication
- Digital Technologies
- Corporate and Non-Profit Communication

Learn More at an Open **House and Reception**

Monday, November 17 6:30 – 7:30 p.m. 1717 Massachusetts Ave. Washington, D.C. Red Line Metro To **Dupont Circle Station**

Evening, weekend, and online classes are available. Take advantage of rolling admissions and apply online anytime.

Disability services can be requested three weeks in advance through the online RSVP form.



Appreciated

Your customers. residents and visitors will appreciate finding Express at your location.



Call Charles Love to find out how you can offer Express free of charge. 202-334-6992

Hopkins in the Capital

The Master of Arts in Government Program is where the theory and practice of government merge. Concentrate vour studies in Political Communication. Security Studies, Legal Studies, MA in Government/MBA, or earn a Certificate in National Security Studies.

INFORMATION SESSION

Thursday, November 20 6:30 - 7:30 p.m. Washington, D.C. Center 1717 Massachusetts Avenue, NW Red Line Metro to Dupont Circle Station

Evening, weekend, and online classes are available. Take advantage of rolling admissions and apply online anytime.

Disability services can be requested three weeks in advance through the online RSVP form.

JOHNS HOPKINS UNIVERSITY

Learn more and RSVP online today. government.jhu.edu



Put your mind at ease and your money to work.

Three ways to guaranteed growth on qualifying deposits:

Available only at us.hsbc.com

With a Business or Premier relationship

Talk to us today

HSBC Group has over 100 million customers in 85 countries and territories, and was ranked #1 by Forbes magazine in their 2008 Global 2000 ranking. Call 1866 427-2098, visit us at us.hsbc.com or stop by your local branch to open an account.





Alexandria

415 John Carlyle St.

Arlington

4075 Wilson Blvd. 703.243.0351

Bethesda

7637 Old Georgetown Rd. 301.652.1886

Fairfax

3925 Chain Bridge Rd., Suite 201 703.273.1268

11842 Spectrum Center 703.435.1796

Rockville

200 - C. East Middle Lane 301.217.0397

Tysons Corner

1800 Tysons Blvd. 703.883.8029

Washington, D.C.

1130 Connecticut Ave. NW 202.496.8740

*Annual Percentage Yields (APYs) are accurate as of publication date. Qualifying deposits must be new money. New money means funds not previously held by any member of HSBC Group within the past consecutive six months. A penalty may be imposed for early withdrawal. Promotion may be modified or withdrawn at any time without notice and without affecting existing customers who have this product. Minimum deposit on all CDs to obtain APY is \$1,000.

'To receive the 3.75% APY 7-month CD, you must have one of the following HSBC business checking accounts: ExtraVantage Checking for Business, BusinessSmart for Professionals, or Business Analyzed Checking; or have a personal Premier relationship. To qualify for HSBC Premier, you need to maintain \$100,000 in combined personal deposit and investment balances or \$500,000 in combined personal deposit, investment, and credit/mortgage balances. Business owners may use their commercial balances to qualify for personal Premier membership. A monthly maintenance fee of \$50 will

Deposit products offered in the U.S. by HSBC Bank USA, N.A. or HSBC National Bank USA. Both banks are Member FDIC. © 2008 HSBC Bank USA, N.A.

the freshest styles

Styles. Every Friday





expressnightout.com



It's time to

housemates for a house.

Sell your home in Express.

Place your Classified

ad today.

202-334-6200

leave her

expressnightout.com

Classified ads appear in Express



POSTHUMOUS PRIZE: Comedian Jon Stewart and his peers saluted the late comedian George Carlin at the Kennedy Center on Monday night for his Mark Twain Prize for American Humor. PBS will air the ceremony later this year.

Entertainment



USING HIS LIFELINES: Dev Patel plays Jamal, a contestant, to Anil Kapoor's host of India's "Who Wants to Be a Millionaire?"

All of the Below

'Slumdog Millionaire' is A) charming B) witty and C) well-acted

FILM | Despite the exotic nature of its foreign locale — the teeming, impoverished streets of Mumbai, India — "Slumdog Millionaire" is every inch a Danny Boyle film.

The hope within the squalor, the humor within the violence, they're

all thematic trademarks of the British director of the druggie drama "Trainspotting" and the zombie saga "28 Days Later." But this time, Boyle takes his wildly high-energy visual aesthetic and applies it to a story that, at its core, is really rather sweet and traditionally crowdpleasing.

The unassuming Dev Patel stars as our slumdog underdog, Jamal, an 18-year-old who comes from nothing but is on the verge of winning more money than anyone's ever won on the Indian version of "Who Wants to Be a Millionaire?" The game show's host (an ideally smarmy and egotistical Anil Kapoor) grows unshakably suspicious as Jamal prepares to face one last question for the top prize of 20 million rupees and has him hauled in for police questioning (by the ever-imposing

Irrfan Khan).

Simon Beaufoy's complex script, based loosely on the Vikas Swarup novel "Q & A," glides effortlessly among Jamal's interrogation, his unlikely success in the television hot seat and his rough-and-tumble upbringing, which provided the life lessons that serve him so miraculously well now.

Jamal reflects upon the desperate times he shared with his older brother, Salim (Madhur Mittal), after their mother was killed in a savage anti-Muslim attack. He remembers the cruelty of the Faginlike figure who forced them and other orphans into slavery. And he recalls fondly the time he spent with Latika (stunning former model Freida Pinto), his first love, who, as a scared child, became the brothers' third musketeer.

Maybe it's a bit too clever that every question in the game show just happens to have some connection to Jamal's vividly Dickensian life, from his encounter with a blind child panhandler to the unfortunate reason he knows what a Colt .45 is. But that's the point: witnessing the uplift of the charmed new life Jamal can now call his own.

But then in the third act, "Slumdog Millionaire" takes an unfortunately conventional turn, when everything until then had felt so fresh and new. The absolute ending is a joy, though, so, please, make sure you stick around for it. After all the heavy, emotionally wrenching material that preceded it for two hours, it's the perfect final answer.



Look at that, gamers — it's even more horrifying than the first incarnation!

Back to The 'Gear' Grinding

The world is at war again in a well-made sequel for Xbox 360

VIDEO GAME | The last time we saw Marcus Fenix, now back on "Gears of War 2" (Microsoft, for the Xbox 360, \$59.99), he had saved the planet Sera by destroying the underground tunnels of the vicious Locust Horde. But, apparently, he only made the beasts meaner, and they can dig holes big enough to sink entire cities. With the last Sera city about to fall, Marcus and his comrades are dispatched to the Locusts' stronghold.

The original "Gears" often felt cramped, but Bleszinski's Epic Games studio has done a terrific job in the sequel of opening up the action and really making you feel like you're in the middle of a planet-wide war.

The single-player campaign, though, is really just an appetizer for the new multiplayer modes that will take up most of your time. The most addictive challenge is Horde, in which you and your pals have to fight off 50 waves of increasingly aggressive Locusts. It's the one part of "Gears 2" that fans will still be playing when "Gears 3" comes out. LOU KESTEN (AP)

Archuleta Takes Sexy Away

The prepubescent face of 'Idol' kills libidos everywhere

MUSIC | Why do "American Idol" fans consistently reward male pop singers for being entirely sexless on the show? Pouty lips and flirty lashes are practically entrance requirements for female singers, and "rocker" guys can bellow and strut to their content. But there's a kind of elfish contestant who always does well

despite the possibility of vanishing in a cloud of unicorn glitter were he to sing something arousing.

Which brings us to the curious case of David Archuleta's debut, self-titled album. It's an exacting distillation of a 13-year-old girl's wholesome romantic aspirations as imagined by 50-year-old label reps. Yet the show revealed that image is actually true to Archuleta's personality (albeit, one creepily stage-managed by his dad). It's as if Archuleta's influences as a singer



On "David Archuleta," "Idol's" runnerup sounds like he is very confused.

were solely previous "Idol" contestants, and he's a blank screen for viewers to project onto via millions of speed-dialed votes.

Archuleta has one magisterial single, "Crush," that will smother all who encounter it with the refinement of its craft. But the record is larded with awkward modernist R&B, Christian semaphore ballads like "You Can" and warm-milk mewling that makes David Cook, Archuleta's "Idol" foe, sound like Robert Plant.

Entertainment



THEY ALWAYS PUT THE CONSUMER FIRST: New albums by the Killers, Ludacris, left, and Kanye West will be released a day earlier than planned, Nov. 24, to capitalize on the Thanksgiving shopping weekend, said their label, Island Def Jam.

A Changing Sonic Landscape

Dido experiments with different places and an evolving style

SONGSTRESS | Dido counts herself lucky. She has two homes: one in Los Angeles and one in London. And by "homes," she doesn't necessarily mean houses — she means places where she feels comfortable and creative.

"London is still home - but I feel real love for Los Angeles," she says. "It's a city built on people having an imagination."

Sitting at the dining room table at a house in L.A.'s Laurel Canyon, Dido says that in the five years since her last album, "Life for Rent," she's spent time reconnecting with family and friends - and gaining confidence to explore new kinds of music.

That search, with the assistance of producers Jon Brion and Dido's brother, Rollo Armstrong, lead to "Safe Trip Home," due out Tuesday. While the songwriting is classic Dido — with haunting, personal lyrics about life's bittersweet turns - the musical accompaniments are unusual, featuring everything from Swiss hand bells to strings and woodwinds.

"She's made the best record she's made of her career so far, and I think she's totally grown as a musi-



GIRL OF MANY HATS: Dido is a singer, a world traveler and a Guinness enthusiast.

LIFE OF BEES (PG-13)

cian, as a songwriter and as a performer," Sony BMG U.K. Chairman Ged Doherty says.

Dido's sound has evolved on lengthy, reverb-laden tracks such as "Northern Skies" and "Let's Do the Things We Normally Do," which show a Brian Eno influence. But it won't come across as jarring to a massive fan base that snapped up 4.2 million U.S. copies of 1999's "No Angel" and 2.1 million of 2003's "Life for Rent."

Even with her global success, the fact remains: You can take the girl out of London, but you can't take London out of the girl. "I drank an enormous amount of Guinness during the course of the album," she says. "We had a Guinness tap in the studio inside of a kegerator. It is a food group, in my opinion." ANN DONAHUE (BILLBOARD)

WeekendPass makes the weekend delicious. Every Thursday in Express. **VeekendPass** express



Concerts, movies, events, restaurants and more.



MAJESTIC STADIUM 20 GROUP **ROCKVILLE CENTER STADIUM 13** Adv. Tix on Sale QUANTUM OF SOLACE ADAGASCAR 2: ESCAPE TO AFRICA (PG) ★ (1130 1200 145 230 415 500) 645 730 IADAGASCAR 2: ESCAPE TO AFRICA - DP (PG) ★ (100 PM 330 PM) 600 PM ROLE MODELS (R) - ID REQ'D (1215 245 515) 745 (1130 200 430) 715 (1200 PM) ROLE MODELS (R) - 10 REQ U SOUL MEN (R) - 10 REQ D CHANGELING (R) - 10 REQ D C & DA: CHANGELING (R) - 10 REQ D CACK AND MIRI MAKE A PORNO (R) - 10 REQ D CAC RW & DA: CHANGELING (R) - ID REQ'D (130 400 525) 625 7 CHANGELING (R) - ID REQ'D (110 PM) 1 PRIDE AND (LOPY (R) - ID REQ'D (110 PM) 1 SAW V (R) - ID REQ'D (100 330) (HAUNTING OF MOLLY HARTLEY (PG-13) (100 315 530) 745 SAW V (R) - ID REQ'D (1215 PM 300 PM 530 PM) AW V (R) - ID REQ'D HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) (115 PM 400 PM) 700 PM SECRET LIFE OF BEES (PG-13) **GERMANTOWN STADIUM 14** 0000 Century Blvd Adv. Tix on Sale QUANTUM OF SOLACE Adv. Tix on Sale TWILIGHT HAUNTING OF MOLLY HARTLEY (PG-13) (155 ZACK AND MIRI MAKE A PORNO (R) - ID REQ'D RW & DA: CHANGELING (R) - ID REQ'D OC & DA: CHANGELING (R) - ID REQ'D (1245 PM) 715 PM PRIDE AND GLORY (R) - ID REQ'D (1245 PM) 715 PM HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) (130 415) 700 930 SAW V (R) - ID REQ'D ROCKNROLLA (R) - ID REQ'D SECRET LIFE OF BEES (PG-13) (230 500) 800 1045 (100 PM) (1230 330) 630 930 815 PM 1045 PM (145 PM 430 PM) MAX PAYNE (PG-13) BEVERLY HILLS CHIHUAHUA (PG) (400 PM) 700 PM 945 PM 9161 Commerce Ctr Dr Adv. Tix on Sale QUANTUM OF SOLACE Adv. Tix on Sale BOLT (200 500) 745 1030 (145 430) 715 1000 OUL MEN (H) - ID REGE MADAGASCAR 2: ESCAPE TO AFRICA (PG) ★ (100.215.245.315.430.500.530) 700.730.800.915.945.1015 CHANGELING (R) - ID REQ'D PRIDE AND GLORY (R) - ID REQ'D (415 PM) 1015 PM (400 PM) 930 PM

(215 515) 800 1030

(1255 PM) (115 PM) 645 PM

EVERLY HILLS CHIHUAHUA (PG

SAW V (R) - ID REQ'D

ROCKNROLLA (R) - ID REQ'D

SECRET LIFE OF REES (PG-13)

IIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) (130 415) 700 945

GALLERY PLACE STADIUM 14 COUNTRYSIDE STADIUM 20 45980 Regal Plaza 800-FAI Adv. Tix on Sale QUANTUM OF SOLACE ROLE MODELS (R) - ID REQ'D (115 340) 600 825 1050 SOUL MEN (R) - ID REQ'D (1230 200 315 450 550) 715 820 945 1045 MADAGASCAR 2: ESCAPE TO AFRICA (P.G.) ★ SOUL MEN (R) - 10 REQ'D (1210 100 255) 400 530 700 810 940 1040 MADAGASCAR 2: ESCAPE TO AFRICA - DP (PG) ★ (1245) 330 615 900 (1245) 330 615 900 MADAGASCAR 2: ESCAPE TO AFRICA (PG) ★ 235 325 355 420 445 535) 605 630 705 750 815 840 915 1000 1225 120 145 210 235 325 355 420 445 535) 605 630 705 750 815 840 915 1000 120 750 815 810 910 750 93 HAUNTING OF MOLLY HARTLEY (PG-13) (1245) 505 505 735 1005 HAUNTING OF MOLLY HART LET (PG-19) (1235 250) 505 735 1003
ZACK AND MIRI MAKE A PORNO (R) - ID REQD 220) 450 720 955
CHANGELING (R) - ID REQD 340 PM 1000 PM SAW V (R) - ID REQD 450 267 740 1015
HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 155 251 510 750 1030 OC & DA: CHANGELING (R) - ID REQ'D CHANGELING (R) - ID REQ'D SAW V (R) - ID REQ'D HIGH SCHOOL MUSICAL 3: SENIOR YEAR (OCKNROLLA (R) - ID REQ'D IFE OF BEES (PG-13) 1005 (105 PM 440 PM) 735 (1240 305 520) (1220 255 530) 810 1 Adv. *Tix on Sale* Bol I Adv. *Tix on Sale* Twilight ROLE MODELS (R) - ID REQ'D SOUL MEN (R) - ID REQ'D (120 150 410 450) 715 745 940 1030 MADAGASCAR 2: ESCAPE TO AFRICA (PG) *
(100 130 345 415) 630 730 900 1015

RW: MADAGASCAR 2: ESCAPE TO AFRICA (PG) * ZACK AND MIRI MAKE A PORNO (R) - ID REQ'D (1100 150 400) 745 000 ÂdV. Tiv on Sele TWILLIGHT AUV. Tiv on Sele TWILLIGHT ROLE MODELS (N) - ID REQD MADAGASCAR 2: ESCAPE TO AFRICA (PG) ★ MADAGASCAR 2: ESCAPE TO AFRICA (PG) ★ (1215 200 240 425 505) 650 730 915 955 (1215 200 240 425 505) 650 730 915 955 (1215 200 240 425 505) 650 730 915 955 (1215 200 240 425 505) 650 730 915 955 (120 240 40) 705 925 AW V (R) - ID REQ'D IGH SCHOOL MUSICAL 3: SENIOR YEAR (G)(110.356) 650 100 ECRET LIFE OF BEES (PG-13) (145 PM .425 PM, 735 PI AX PAYNE (PG-13) (145 PM .425 PM, 735 PI AGLE EYE (PG-13) (140 440) 740 102 RIDE AND GLORY (R) - ID REQ'D OC & DA: CHANGELING (R) - ID REQ'D
CHANGELING (R) - ID REQ'D
CHANGELING (R) - ID REQ'D
PRIDE AND GLORY (R) - ID REQ'D
SAW V (R) - ID REQ'D
HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G), MADAGASCAR 2: ESCAPE TO AFRICA (PG) *
(1245 130 230 300 345 445 515) 600 700 OF LIES (R) - ID REO'D (10 PM) 715 P RLY HILLS CHIHUAHUA (PG) (220 PM 440 PM AND NORAH'S INFINITE PLAYLIST (PG-13) 730 PM 940 PM (18) - ID BEO'D (1945 PM) 1020 PM AGV. IIX 011 3016 - IIX 011 3016 - IX 011 30 ROLE MODELS (R) - ID REQ'D
SOUL MEN (R) - ID REQ'D
HAUNTING OF MOLLY HARTLEY (PG-13)
ZACK AND MIRI MAKE A PORNO (R) - ID REQ'D (200 430) 700 930

MADAGASCAR 2: ESCAPE TO AFRICA (PG) ★
(115 130 230 330 400 500) 600 630 730 830 900 1000

HAUNTING OF MOLLY HARTLEY (PG-13) (530 PM) 745 PM 1045 PM ZACK AND MIRI MAKE A PORNO (R) - ID REQ'D LIFE OF BEES (PG-13)

Advanced Ticketing at MovieWatcher.com

A.M.Cinema - All seats \$4, \$5, or \$6, Digital 3D \$7 or \$8, IMAX \$9, before noon on Fri., Sat., Sun., & holidays - denoted by () AMC Select - Special films for select tastes

AMC HOFFMAN CENTER 22

IIVIAX MADAGASCAR: ESCAPE 2 AFRICA: THE IMAX EXPERIENCE (PG) 2:40, 5:20, 7:40, 10:10

DIGITAL PRESENTATION

HIGH SCHOOL MUSICAL 3: SENIOR YEAR SING-

HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 4:10,

ADAGASCAR: ESCAPE 2 AFRICA (PG) 1:00, 1:30, 2:00, 3:20, 4:00, MADAGASCAR: ESCAPE 2 AFRICA (PG) 1:00, 1:30, 2:00, 3:20, 4:00, 4:30, 5:60, 6:30, 7:00, 8:20, 9:00, 9:30, 5:00, 5:00, 7:00, 8:20, 9:00, 9:00, 5:

8:00
PRIDE AND GLORY (R) 4:40
SAW V (R) 2:00, 4:35, 7:25, 9:55
MAX PAYNE (PG13) 2:05, 4:55, 7:35, 10:05
BODY OF LIES (R) 2:10, 5:05, 8:05
BEVERLY HILLS CHIHUAHUA (PG) 1:20, 3:45
EAGLE EYE (PG13) 1:05, 3:50, 6:40, 9:25
AMMC SELECT

CHANGELING (R) 2:15, 6:10, 9:15

ROCKNROLLA (R) 6:15, 9:10

THE SECRET LIFE OF BEES (PG13) 1:10, 3:55, 6:45, 9:40

W. (PG13) 1:45, 7:55

EL GETTING MARRIED (R) 1:05, 4:10, 7:05, 9:50

AMC COLUMBIA MALL 14 10300 Patuxent Parkway

IMAX MADAGASCAR: ESCAPE 2 AFRICA: THE IMAX EXPERIENCE (PG) / 2:00. 4:30. 7:00. 9:30

DIGITAL PRESENTATION

HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 1:00.

IADAGASCAR: ESCAPE 2 AFRICA (PG) / 12:45, 1:30, 3:00, 4:00. 5:30, 6:30, 8:00, 9:00, 10:30 **ROLE MODELS (R)** 2:20, 4:45, 7:10, 9:35

ROLE MODELS (R) 2:20, 4:45, 7:10, 9:35

SOUL MEN (R) 2:20, 5:10, 7:35, 1:005

ZACK AND MIRI (R) 12:50, 3:15, 5:45, 8:10, 10:35

HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) □ ☑ 2:25, 5:15

PRIDE AND GLORY (R) 4:15, 10:00

SAW V (R) 2:50, 5:20, 7:45, 10:10

MAX PAYNE (PG13) □ ☑ 7:50, 10:15

BODY OF LIES (R) 1:20, 7:05

BEVERLY HILLS CHIHUAHUA (PG) 3:50, 6:45

LOEWS GEORGETOWN 14 3111 K Street, N.W.

DIGITAL PRESENTATION

NICK & NORAH'S INFINITE PLAYLIST (PG13) 3:00,

3.20, 7.30, 10.20 MADAGASCAR: ESCAPE 2 AFRICA (PG) ✓ 2:00, 4:30, 7:15, 9:45 ROLE MODELS (R) ✓ 2:40, 5:30, 8:00, 10:30 SOUL MEN (R) ✓ 2:00, 4:50, 7:30, 10:10 ZACK AND MIR (R) 1:30, 4:10, 7:00, 9:50 HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 2:20, 5:00, 7:40, 10:30

DE AND GLORY (R) 4:20, 10:00 V V (R) 2:50, 5:05, 7:35, 9:40

AMC POTOMAC MILLS 18 2700 Potomac Mills Circle, Ste 886

IMAX MADAGASCAR: ESCAPE 2 AFRICA: THE IMAX EXPERIENCE (PG) / 2:00, 4:30, 7:00, 9:30

DIGITAL PRESENTATION HIGH SCHOOL MUSICAL 3: SENIOR YEAR SING-

ALONG (G) 4:25, 9:45 HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 1:45,

MADAGASCAR: ESCAPE 2 AFRICA (PG) / 1:30, 2:45, 4:00, 5:15.

U. MEN (R) ✓ 2:10, 2:55, 4:40, 5:25, 7:10, 7:55, 9:40, 10:20 E HAUNTING OF MOLLY HARTLEY (PG13) 1:40, 4:05, 6:35, 9:05 ZACK AND MIRI (R) 2:15, 4:50, 7:25, 10:00 HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 2:25, 5:10

IDE AND GLORY (R) 9:55 PM PRIDE AND GLORY (R) 9:350 PM SAW V (R) 1:55, 4:20, 6:45, 7:50, 9:20, 10:15 MAX PAYNE (PG13) 2:50, 5:20, 7:45, 10:10 BODY OF LIES (R) 1:35, 7:25 BEVERLY HILLS CHIHUAHUA (PG) 2:35, 4:55, 7:20 EAGLE EYE (PG13) 7:20, 10:0

CHANGELING (R) 1:30, 4:45, 8:00

ROCKNROLLA (R) 4:45, 10:20

THE SECRET LIFE OF BEES (PG13) 1:50, 4:35, 7:15, 10:00 W. (PG13) 1:15, 4:15 RACHEL GETTING MARRIED (R) 1:00, 3:50, 6:50, 9:50

AMC COURTHOUSE PLAZA 8

SOUL MEN (R)
3:10, 5:30, 8:00 SICAL 3: SENIOR YEAR (G) 1:50, 4:20, 6:50 DE AND GLORY (R) 2:00, 7:00

CHANGELING (R) 4:10, 7:20 The Secret Life of Bees (PG13) 2:10, 4:40, 7:10 THE DUCHESS (PG13) 2:40, 5:10, 7:40 RACHEL GETTING MARRIED (R) 2:30, 5:10, 7:50

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo 301-324-4220

ADAGASCAR: ESCAPE 2 AFRICA (PG) 12:05, 12:50, 2:30, 3:30, 5:2

6:05, 7:55, 8:30, 10:15

ROLE MODELS (R) 12:15, 2:40, 5:10, 7:40, 10:15

ROLE MODELS (R) 12:15, 2:00, 4:45, 5:30, 7:15, 8:00, 9:45, 10:20

ZACK AND MIRI (R) 12:30, 2:15, 3:00, 4:45, 5:30, 7:15, 8:00, 9:45, 10:20

ZACK AND MIRI (R) 12:10, 2:35, 5:06, 7:35, 10:10

HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 1:30, 4:10, 7:10, 9:50

PRIDE AND GLORY (R) 12:5

SAW V (R) 12:20, 2:45, 5:15, 7:45, 10:15

MAX PAYNE (PG13) 7:25, 9:55

BEVERLY HILLS CHIHUAHUA (PG) 12:05, 2:20, 4:40

MAX PAYNE (PG13) 7/25, 9:55 BEVERLY HILLS CHIHUAHUA (PG) 12:05, 2:20, 4:40 EAGLE EYE (PG13) 4:50, 7:30, 10:15 TYLER PERRY'S THE FAMILY THAT PREYS (PG13) 7:05, 10:05 MAMC SELECTA

ROCKNROLLA (R) 1:35, 4:35 THE SECRET LIFE OF BEES (PG13) 1:20, 4:20, 7:20, 10:00

LOEWS SHIRLINGTON 7

WHAT JUST HAPPEND (R) 2:10,5:00,7:40
HAPPY-GO-LUCKY (R) 2:00,4:00,7:10
SYMEODOCHE, NEW YORK (R) 1:50,4:30,7:20
THE SECRET LIFE OF BEES (PG13) 2:20,4:50,7:30
THE DUCHESS (PG13) 1:40,4:10,7:00 RACHEL GETTING MARRIED (F RELIGULOUS (R) 2:30, 4:45, 7:50 ED (R) 1:40, 4:20, 7:00

LOEWS UPTOWN 1 3426 Connecticut Avenue N.W. 1-800-FANDANGO #713

» AMC SELECT € W. (PG13) 2:00. 5:00. 8:05

AMC TYSONS CORNER 16 7850 Tysons Corner Center

DIGITAL PRESENTATION

ADAGASCAR: ESCAPE 2 AFRICA (PG) / 12:30, 3:00, 5:30, 7:45, 10:15

MADAGASCAR: ESCAPE 2 AFRICA (PG) \(\sigma \) 1:15, 2:00, 3:45, 4:30, 6:15, 7:00, 8:30, 9:30, 10:55

ROLE MODELS (R) \(\sigma \) 1:2:30, 2:55, 5:55, 8:20, 10:40

SOUL MEN (R) \(\sigma \) 1:35, 4:00, 7:00, 9:35

ZACK AND MIRI (R) 12:45, 3:15, 5:50, 8:15, 10:45

HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 12:25, 1:25, 3:10, 4:25, 7:31, 0:45

PRIDE AND GLORY (R) 10:00 PM SAW V (R) 1:05, 3:30, 5:45, 8:00, 10:20 MAX PAYNE (PG13) 12:30, 2:50, 5:10, 7:35, 10:05

BODY OF LIES (R) 1:55, 4:55, 7:55, 10:50 BEVERLY HILLS CHIHUAHUA (PG) 12:40, 3:05, 5:20, 7:40 NICK & NORAH'S INFINITE PLAYLIST (PG13) 12:35 PM EAGLE EYE (PG13) @ 1:30, 4:40, 7:50, 10:35 AMC SELECT

CHANGELING (R) 1:00, 4:20, 7:30, 10:40 CHANGELING (R) 1:40, 4:20, 7:30, 10:40

ROCKNROLLA (R) 1:45, 4:35, 7:15, 9:55

THE SECRET LIFE OF BEES (PG13) 2:45, 5:35, 8:10, 10:45

AMC MAZZA GALLERIE

AGASCAR: ESCAPE 2 AFRICA (PG) / 2:45, 5:30, 8:00 ROLE MODELS (R) ✓ 3:00, 5:20, 7:50 SOUL MEN (R) ✓ 2:20, 5:00, 7:30 ZACK AND MIRI (R) 2:30, 5:10, 7:40 SICAL 3: SENIOR YEAR (G) 1:30, 4:15, 7:00 BODY OF LIES (R) 1:40, 4:30, 7:20

AMC SELECT

LOEWS RIO CINEMAS 18 9811 Washingtonian Boulevard

DIGITAL PRESENTATION

EAGLE EYE (PG13) 12:05, 2:40, 5:20, 8:05, 10:45 MADAGASCAR: ESCAPE 2 AFRICA (PG) ✓ 11:00, 11:45, 12:30, 1:30, 2:30, 3:15, 4:15, 5:05, 5:45, 6:45, 7:30, 8:15, 9:15, 10:00, 10:30 MADAGASCAR: ESCAPE 2 AFRICA (PG) ☑ ✓ 11:45, 2:30, 5:05,

INDIADASCAR: ESCAPE 2 APRILOR (19) 683 9 11:45, 2.30, 5.30, 7.30, 10:00

ROLE MODELS (R) \(\times \) 12:10, 2:35, 5:30, 7:25, 9:45

SOUL MEN (R) \(\times \) 12:15, 2:45, 5:25, 7:50, 10:15

THE HAUNTING OF MOLLY MARTLEY (PG13) 11:25, 1:40, 4:05, 6:20,

8:30, 10:40 ZACK AND MIRI (R) 12:25, 2:50, 5:30, 7:55, 10:20 HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 11:45, 2:20, 4:55, 7:35,

10:25
PRIDE AND GLORY (R) 10:55 PM
SAW V (R) 11:55, 210, 420, 7:00, 9:20
MAX PAYNE (PG13) 11:50, 2:10, 4:35, 7:00, 9:20
MAX PAYNE (FG13) 11:50, 2:15, 8:10, 11:50
BEVERLY HILLS CHIHUAHUA (PG) 11:40, 1:55, 4:10, 6:30

HOUSE (R) 11:20, 1:40, 4:05, 6:20, 8:30, 10:40 HOUSE (R) 11:20, 1:40, 4:30, 6:20, 8:30, 10:30, 10:30

CHANGELINE (R) 12:20, 4:00, 7:05, 10:10

ROCKNROLLA (R) 9:00 PM

THE SECRET LIFE OF BEES (PG13) 11:30, 2:00, 4:40, 7:15, 9:50

W. (PG13) 11:10, 2:05, 5:10, 8:00

RACHEL GETTING MARRIED (R) ✓ 11:05, 1:45, 4:25, 7:10, 9:55

LOEWS WHITE FLINT 5 North Bethesda 1-800-FANDANGO #741

ADAGASCAR: ESCAPE 2 AFRICA (PG) 2:00, 4:30, 7:00

ZACK AND MIRI (R) 2:05, 4:35, 7:15 HIGH SCHOOL MUSICAL 3: SENIOR YEAR (G) 2:15, 4:50, 7:35

AMC SELECTA **CHANGELING (R)** 2:45, 7:05 HESS (PG13) 2:10, 7:30

/-SPECIAL ENGAGEMENT No passes or discount coupons

d Captioning · 📵 - Descriptive Video Service





Concerts, movies, events, restaurants and more.



Look for site highlights in today's Express.

Are you depressed?

Have you suffered from most of the following in the past month?

☐ Sadness

☐ Lack of motivation

☐ Negative thinking

☐ Sleep Problems

Appetite or weight changes

☐ Lack of concentration ☐ Feelings of anger or guilt THEGEORGE WASHINGTON UNIVERSITY MEDICAL CENTER WASHINGTON DC

For information, call 202-994-2273 www.researchGW.com

If you are between the ages of 18 and 60, you may qualify to participate in an investigational research study for depression.

The George Washington University is an Equal Opportunity/Affirmative Action Institution



| Deals & Discounts

on washingtonpost.com

Looking for an easy way to save a few dollars this holiday season?



Deals and Discounts from washingtonpost.com helps you save money with online and mobile **coupons** from D.C.'s best restaurants and stores.

- ESPN Zone •
- Rock Creek Restaurant
 - Bray and Scarff
 - Phillips Seafood
 - Gotta Run ...AND MORE...

Don't miss out!

Go to washingtonpost.com/deals to start saving today!

Brought to you by Shopping on washingtonpost.com



HE'LL NEVER STOP TALKING: Keith Olbermann recently signed a four-year deal with MSNBC that will keep him at "Countdown With Keith Olbermann" and NBC's "Sunday Night Football" until at least 2012. He'll be paid \$7.5 million a year.

Long Program on the Queen

PBS viewers get six hours of the world's most famous monarch

THE CROWN | Viewers with a thing for the sceptered set can spend six hours with Queen Elizabeth II and her retinue over the next three Wednesday nights as PBS presents "Monarchy: The Royal Family at Work" (8 p.m., PBS).

Like all officially sanctioned documentaries about the royals, "Monarchy" makes much of the queen's half-century of service, her unflappable style and her subjects' adoration for her sense of duty. The first installment of "Work" follows Elizabeth and Prince Philip on a 2007 trip to Virginia and Washington to commemorate the 400th anniversary of the Jamestown set-



Queen Elizabeth II is always treated like royalty — she even gets new toilet seats.

tlement.

This also appears to be the 50th anniversary of the queen's 1957 visit for the 350th anniversary of the Jamestown settlement. That commemoration of a commemoration says much about the film and, and perhaps, about the Queen's "job." If, as the saying goes, half of work is just showing up, then the queen does a very good job of showing up.

Most of the actual "work" on display in "The Royal Family at Work" is undertaken by other people. We watch hundreds scrambling to make sure that her meals are just so and that her plane, entourage and limousine arrive on schedule. We're assured that her towels and sheets are washed at least four times before she uses them. and a Virginia hotel manager assures us that she's been given a brand-new toilet seat for the occasion — because that just seemed the right and royal thing to do. KEVIN MCDONQUIGH (UNITED FEATURE SYNDIATE)

ON TV TONIGHT

STRAIGHT COUNTRY

Brad Paisley and Carrie Underwood host the **42ND ANNUAL CMA AWARDS** from Nashville's Sommet Center (8 p.m., ABC).

CYCLE 100,000

Tyra Banks hosts **AMERICA'S NEXT TOP MODEL** (8 p.m., CW).

THEY WILL CRUSH YOU!

What do male viewers want? The folks at the G4 network are hoping it's **HUMAN WRECKING BALLS** (10:30 p.m., G4). The show features two extreme athletes given the chance to demolish things such as cars, bars, offices, bowling alleys and even airplanes — all with their bare hands.

LET THE FLAMES BEGIN

Chefs with talent and egos that never sleep travel to New York for a new season of **TOP CHEF** (10 p.m., Bravo).

TRASH BAGS AND A HOSE?

The guys on **PROTOTYPE THIS** (10 p.m., Discovery) work on a backyard water-



Padma Lakshmi and the rest of the "Top Chef" crew are back tonight.

slide

THE GUY WITH THE ADS

T. Boone Pickens appears on **THE DAILY SHOW WITH JON STEWART** (11 p.m., Comedy Central).

A CHAT WITH MICHAEL SCOTT Jay Leno hosts Steve Carell, Joel Levinson and Beck on **THE TONIGHT SHOW** (11:35 p.m., NBC). KEVIN MCDONOUGH (UNIT-ED FEATURESYNDICATE)

. Fannie Mae. All rights reserve

HELP THE HOMELESS WALKATHON



Saturday, November 22, 2008
7 a.m. registration • 9 a.m. start time • on the National Mall, Smithsonian Metro Station

7 a.m. registration • 9 a.m. start time • on the National Mall, Smithsonian Metro Station Register online at: helpthehomelessdc.org



Diplo Puts a Spin on It

The hipster's DJ of choice talks tours, iams and next moves

TO READ ABOUT Diplo opener Telepathe, visit expressnightout.com

MUSIC | For Baltimore's club scene. there was late DJ K-Swift. For the celebrity crowd, there's Lindsay Lohan's very special friend, Samantha Ronson. And for any hipster, there's Diplo — aka Wesley Pentz, former beau of rapper M.I.A., owner of the Mad Decent label and co-runner of music collective Hollertronix. Been bumping to "Paper Planes" since "Pineapple Express"? Thank Diplo for that beat.

How is the Mad Decent tour going?

The tour's been crazy so far. ... We had a little rough patch in the middle where we went to jail, but I can't talk about that, the jail thing.



For remixes that are more than, say, Mad Decent, check out Diplo at the Black Cat.

So far this year, you've remixed songs from artists as varied as Kanye West ("Flashing Lights"), Spoon ("Don't You Evah") and

Radiohead ("Reckoner"). Where do you draw your inspiration from?

As far as remixes, I get my inspiration from, like, the budget we have.

... But sometimes I'll remix stuff on my own, like, the Kanye West remix I did for my own; the Radiohead one, that was my favorite song on ["In Rainbows"]. Then, other remixes I've done, I do for friends I do for Boys Noize and Bart B More. That's more club stuff, and I can do stuff for that real quick.

What's next for you?

I have a couple more shows after this, Christmas Eve-era shows, and then I'm going to Trans Musicales de Rennes in France — it's a big party, it's like South by Southwest over there. And then I'm doing a big warehouse party, and then I'm going to Jamaica to do some promo work for the record. I'll be there doing a video in December. ΒΟΧΔΝΔ ΗΔΠΔΠΙ

→ Black Cat, 1811 14th St. NW; 7:30 p.m., \$15; 202-667-4490; Blackcatdc.com. (U Street-Cardozo)

thescene



Grammy Award-winner Regina Belle puts the notes in all the right places.

Regina Belle: She has the pipes for everything from adult contemporary to R&B. Blues Alley, IO73 Wisconsin Ave. NW; through Sun., 8 & 10 p.m., \$43; 202-337-4141

Inti-Illimani: World music of the Chilean variety. Birchmere, 3701 Mt. Vernon Ave., Alexandria; 7:30 p.m., \$35; 703-549-7500.

topstops



Life Imitates Something

Before the film "Frost/ Nixon" takes over your local Cineplex, you can take in the original

play at the Kennedy Center through the end of the month. TV host David Frost and disgraced former president Nixon face off in this dramatization

of Frost's famous interviews with Nixon. Even if you're inspired by the new president-elect, Stacy Keach's performance as

Nixon reminds us of the most ignominious American political downfall of the 20th century, and it's sobering. It helps, of course, that the play is stunningly written and that Alan Cox, who plays Frost, delivers a performance that effectively balances Keach's dour ex-president. F 7

→ Kennedy Center, 2700 F St. NW; 7:30 p.m., \$25-\$80; 202-467-4600. (Foggy Bottom)

The Dream **Lives On**

For those of you who think the Smashing Pumpkins are "so 1995," think again - the rock 'n' roll powerhouse is alive and kicking. Billy Corgan and an incarnation of the Pumpkins have been together again since 2005 and released an album, an EP.

a single for "Guitar Hero," and, yesterday, "If All Goes Wrong," a double DVD package commemorating their 20 years of material. Even if the new stuff is foreign to you and vou're still entrenched in a "Siamese Dream." you'll want to catch their second and last show in the area tonight. K.E.

→ Constitution Hall, 1776 D St. NW: 8 p.m. \$58.50; 202-638-1776. (Farragut West)



Worth a Thousand Words

Imagine — you're trekking through the wilderness, munching on granola, when an aweinspiring view stops you in your tracks. It's sunset and the sky is a deep purple, the pines reach proudly to the coming stars, and the river laps at the bottom of the swirled red facade of a cliff. Luckily, you've come equipped with a camera to capture such a pristine moment as this. Unfortunately, you're no Ansel Adams. But if you want to master the art of landscape photography, maybe a good place to start is by attending a screening of PBS' documentary about him. KELSEY PARRISH → Smithsonian American Art Museum, Eighth and F streets NW; 5:30 p.m., free; 202-633-1000. (Gallery Place)

Compiled by Express' Karmah Elmusa and Fiona Zublin. Read more of their picks every day at expressnightout.com/topstops.

Fort Knox Five: This local group will make you move. With Will Eastman and See-I, 9:30 Club, 815 V St. NW: 10 p.m., \$15; 202-265-0930. (U St.-Cardozo)

Jim White: Dark tales from a Southern troubadour. Jammin' Java, 227 Maple Avenue E., Vienna; 7:30 p.m., \$12-\$15; 703-255-1566.

Carlos Mencia: You either like him or vou really, really can't stand him. Constitution Hall, 1776 D St. NW; 8 p.m., \$43; 202-397-7328. (Farragut West)

SATURDAY

AC/DC: The rockers are still on a "Highway to Hell." Verizon Center, 601 F St. NW; 8 p.m., \$92.50; 202-397-7328. (Gallery Place)

Honor by August: Pleasing alt-rock. With Red Wanting Blue and Copper Sails, Iota, 2832 Wilson Blvd., Arlington: 9:30 p.m., \$10; 703-522-8340. (Clarendon)

Laurie Berkner: This one is for the kids. Lisner Auditorium, 730 21st St. NW; II a.m., \$25-\$35; 202-397-7328. (Foggy Bottom)

Explore our searchable list of the area's events, venues, restaurants and movies at expressnightout.com/thescene.

Classifieds

JOBS

ACCOUNTING

SENIOR STAFF ACCOUNTANT
AHC Inc in Arlington, VA is seeking a talented degreed staff accountant to work with the Chief Financial Officer and Accounting Managers in the implementation of process improvement initiatives. The Accountant will help increase department efficiency with increased appropriate utilization of technology. The Accountant will have the opportunity to work with real estate development, property management, and general accounting transactions.

Minimum requirements: College degree in Accounting or related field, experience may be substituted for education; 3+ yrs experience in accounting, experience with accounting for real estate transactions or property management; of general property management regulations; knowledge of HUD property management accounting & reporting; proven ability to multi-task, remain organized, meet deadlines & work independently; proficiency w/MS Office, spread-sheet applications; experience w/lenark accounting systems or an affinity to learn new systems quickly.

To apply: Send your resume to HR at (jobs@ahcinc.org) or via fax at 703-486-0653, no later than 11/14/08. You must indicate your salary requirements. E/O/E.

Please see our website at www.ahcinc.org for

CNA Assisted living facility need a FT live-in CNA.

CUSTOMER RELATIONS

Up to \$16.00. Authorized Energy Consultant. Piece Work Compensation Guaranteed. Fun Work Environment. Advancement Oppty. Students Welcome! Call 202-558-5347

DANCERS— Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. Leave info: **240-286-3660** or **301-568-8500**

DRIVER, CDL BUS DRIVER
Up to 30 hrs/wk, up to \$16.50/hr. AM/PM school
run, CDL w/B-C Class & P endorsement.
Background check. Call:202-636-9203

DRIVER-Earn \$600-\$800/wk FT, \$9-14/hr PT. Driving for Take Out Taxi, the area's largest restau-rant delivery svc. Own vehicle req. & be 21 yrs of age. Please Apply: 10516 Summit Ave Kensington MD 20895 or call after 2pm: 301-571-0111.

DRIVERS NEEDED

Cars/Trucks/Vans. Up to \$1000/wk. Guar. avail for exp Drivers. Call 703-370-6649.

DRIVERS OTR- Class A CDL.3 yrs exp East - West operations. Up to \$1000 weekly.

AJ at 410-799-3113

HAIR STYLIST with clients. La Source Hair Salor & Day Spa, Arlington, VA. Call **703-351-7779**.

Front Desk Agents Bellman Night Auditor Bussers for Circle Bistro

One Washington Circle Hotel One Washington Circle NW Washington DC 20037 or fax resume to: (202) 785-6642

HVAC SERVICE TECH

Need experience Heating and Cooling Service Technician. Knowledge of boilers, hot water heaters and light plumbing. Offer year-round employment. Top pay and many benefits. Service DC Metro area. 202-543-4884

MANAGERS NEEDED

call 703-750-0115

Mechanic's Helper Needed. Upper Marlboro, MD. Fax resume to 301-420-5348

Office Manager

For DC bus co. Mngt and org skills req'd. Some college pref'd. Fax resume w/refs to 202-636-9203

Restaurant



Now Hiring Hourly Associates! lob Fairs Tues. 11/11 and Wed. 11/12

from 3-5pm 637 Indiana Avenue Washington , DC 20004

(Next to the Penn Quarter / Navy Archives Metro stop) www.potbelly.com

Sign Language Interpreter - Freelance. Hospitals et. al. Call Tammy or Richard at 703-628-5472.

R.F.

1st Call Long & Foster

Get your real estate license in 3 weeks and take advantage of a market that is ramping up. We have highest pass rates, best trainers in business. Start now! Take our COMPLIMENTARY Online Real Estate Sales Temperament Apitude Profile and discover how you could be suited for a great career in real estate. "The next 10 minutes could change your life forever!" longandfoster.com/careers Call for your FREE information packet:

DC Region 202-237-9695 202-237-9695 NO VA Region 703-560-9044 703-560-9044
Montgomery Co. Region
301-417-7100
Calverton/Beltsville
(301) 595-9550
Waldorf (301) 893-6195 All other areas 1-800-543-3365

LONG & FOSTER

RESIDENTIAL MANAGERS FT. M-F. off every other wkend Degree pref'd. Salary negot. Fax resume to: 301-588-9287

TS/SCI Cleared

Security Guard
Chantilly, VA
Covenant Homeland Security Solutions, Ltd. is ooking for security professionals with a Top Secre Security Clearance that are SCI eligible for a full-time position in Chantilly, VA from 12:00 am-

Essential Functions

Perform security checks to include physical security checks of client's facility.

Minimum Qualifications

Must be a US Citizen, must have received or be willing to obtain within 90-days of employment, certification from the state of Virginia to perform security guard services. Must possess a high school education or equivalency, Must possess a Top Secret Security Clearance and be SCI eligible, Must consent to a polygraph examination should one be required for access to the secure spaces of the assigned facility. Military experience is a plus

All interested candidates should e-mail resume to: Eugene.Venteicher@covenantsecurity.com Fax to: 703-273-2272

Covenant is an equal opportunity employer e/o/e m/f/d/v

SECURITY

Armed SPOs for various prestigious DC locations. Must possess current armed commission, 3 yrs exper, excellent professional work history. Com-petitive pay. Call Mon-Fri, 9am-4pm 202-293-8011 or fax resume to: 202-293-1095.

ocial Services

Direct Care Staff

Direct Care Staff
Hebron Association is seeking qualified, experienced and caring persons to provide support to individuals with mental retardation and developmental disabilities in a residential setting. Competitive salary. Candidates may apply in person Mon-Fri 10am-4pm at 817 Silver Spring Ave, Ste 206, Silver Spring, MD 20910 of fax resume to 301-587-6366.

Case Management Specialist

Case management specialist
MD Department of Juvenile Services is conducting
Statewide walk-in testing. Req: BA/BS Degree,
no exp. Testing will be on 11/22/08 at University of Maryland/Shady Grove, Building I, Room
203/204 or on 11/19/08 at College of Southern MD LaPlata Campus, BI Center, Room 113.
Must bring a MS100 to one of the test sites
by 8:30am. For detailed instructions go to
http://www.djs.state.md.us. EOE.

CAREER TRAINING

RECEPTIONIST—Association seeks customer service professional. Visit us at:

www.receptionists.us

Restaurant Mi Rancho Restaurant is now hiring Restaurant Staff: Cooks, Dishwashers, Wait Staff, Busboys & Bartenders. Apply in person Nov 14 & 15 betw 12pm & 4pm: 1488 Rockville Pike, Rockville, MD

Tailors/Seamtress

Tailors/Seamstress wanted with experienced well pay. Call 202-333-5728

TELEMARKETING

\$75,000 Full Time

Start earning the money you deserve! Work enthusiastically for our **Award Winning Marketing Company!**

We are located in Laurel @ 312 Marshall Avenue *Call us today*

Novo1 • 301-361-1111

Drug free workplace

CAREER TRAINING

A Bar Career

- in 1-2 Weeks

 Days, Evenings & Weekend Classes
 Free Lifetime Job Placement Assistance
 Approval by the State of MD
 National Alcohol Awareness Certificate (T.I.P.S.)
 Call for nearest location 1-866-411-2MIX www.authenticbartendingmd.com

Achieve a career in Massage Therapy in as few as 7 months! Call **National Massage Therapy Institute** today. 800-784-1421

A PRO BAR SCHOOL

- Serving DC since 1968 1, 2, or 5 week programs Awesome job placement service On Metro and Free Parking

(703) 841 9700 www.bartending-school.com CTO-SCHEV

Become a Certified Electronics Technician 9 week program Small classes individualized instructions Largo, MD LTI 301-322-3288

Become a Massage Therapist in just 7 months!

Call National Massage Therapy Institute Today! ĆTO-SCHEV 800-859-2214

Become a Nursing Assistant (CNA) Call Dominion Academy 240-770-7774 / 202-409-6564

240-770-7774 / 202-409-6564
Enroll today
7726 Finns Lane, suite LL2
Lanham Maryland 20706
Approved by the Maryland Board of Nursing and
the Maryland Higher Education Commission

Learn Medical BILLING & CODING

Financial Aid if qualified Job Placement Help Day, Eve, Weekend



1(877)707-4488

beat Off



Train for a career in Cardiovascular **Technology!**

1000 for a brochure! 888-771-2433

SANFORD BROWN

8401 Corporate Drive, Suite 500 • Landover, MD 207

CAD

Train for a career in computer-aided design at **Westwood College**. Call -342-2249 today to receive your free Career Success Kit! www.westwood.edu/locations

APRENDA 🗸

Ayuda Financiera si califica (877)844-2505

Learn PHLEBOTOMY

New Class

MEDICAL ASSISTANT FINANCIAL AID if you qualify SANZ 1(888)407-8222

12 Weeks: Eves, Sat or Sun

1(888)461-8181

InsyteTraining.com

MICROSOFT

MCSE, MCTS, MCITP CISCO CCENT, CCNA, CCNP SECURITY
CISSP. CEH. CHFI, CISA

CALL 703.535.8600



Earn Your Degree
MEDICAL ASSISTANT SANZ 1(888) 403-5884

Certified SCHEV ● Approved VBON

Become a Certified Computer Technician

Career Technical Institute 888.639.6244

CONSTRUCTION MANAGEMENT

Westwood College

www.westwood.edu/locations

CRIMINAL JUSTICE

Train for a career in Criminal Justice at Westwood College. Call 888-605-2244 today to receive your free Career Success Kit! www.westwood.edu/locations

Earn up to \$17 per hour Dental Assistant Training 3 months Free tuition if qualified. 877-891-1241

Earn up to \$17 per hour Computerized Bookkeeping Training 2 months. Free tuition if qualified 877-891-1241

HELP FIGHT CRIME
WITH A CAREER IN CRIMINAL JUSTICE!
Train in Criminal Justice or
Information System Security!
Ongoing Career Services Assistance.
Financial Aid for those who qualify.
For a Brochure, Call now!
888-791-3444
Sanford Brown College - Vienna

NEEDED: People to train as CARDIOVASCULAR

TECHNICIANS! Get training in this exciting career field and you could help save lives!
CALL NOW
888-805-2333

Sanford-Brown Institute

8401 Corporate Dr. Ste 500 Landover, MD 20785

PARAMEDIC TRAINING

Westlink offers CPR, Basic EMT & Paramedic training. Classes meet weekly. Upon completion you will take the certification exam. Close to Metro Center For details call: (202) 552-7385 or email: Thewestlinkci@hotmail.com

Prepare for a new life!

Make a difference, even with the little ones as a Diagnostic Medical Sonographer.

Train in less time than you think! Career services available Financial Aid for those who qualify. Training includes an externship!

For a Brochure, call now! 888-805-2333 **Sanford-Brown Institute** 8401 Corporate Dr. Ste 500 Landover, MD 20785

GET THE SKILLS EMPLOYERS WANT IN AS LITTLE AS 6 MONTHS!



Administrative Assistant

Receptionist

Customer Service

Accounting Assistant

Medical Office Assistant

- Medical Coder
- Medical Biller
- Medical Receptionist
- Medical Claims Adjuster
- Medical Insurance Processor



Accounts Payable & Receivable * Financial Aid Available If Qualified * Placement Assistance Available



888-639-8766 2131 K St. NW Btw. 21st&22nd St.

CAREER TRAINING

Quality First Career Center Classes start soon

PHLEBOTOMY-10 WK PROGRAM **CNA 4 WK PROGRAM, CNA to GNA** PROGRAM-72 HOURS, CPR & FIRST AID

6475 New Hampshire Ave, #501 Hyattsville, MD 20783 CALL 301-270-5105

Job Placement Assis/Financial Assis Avail. Day/Eves Classes. Approved by State of Md. Board of Nursing & Md. Higher Ed. Comm. www.qfccinc.com

TIRED OF YOUR JOB? TIRED OF YOUR JOB?
Train for a career you love!
You could learn: Graphic Design, Information
Technology, Business Administration and more!
Call now! 888-791-3444
Sanford-Brown College
1980 Gallows Rd. Vienna, VA 22182
Sanford-Brown College is certified
by the State Council of Higher Education
for Virginia to operate campuses in Virginia.

TRAIN TO BECOME A MEDICAL ASSISTANT IN LESS TIME THAN YOU THINK

Three locations to choose from!

Everest College Arlington Campus 801 N Quincy Street, Suite 500 Arlington, VA 22203

Everest College Tysons Corner Campu: 1430 Spring Hill Road, Suite 200 McLean, VA 22102

Everest Institute Silver Spring Campus 8757 Georgia Avenue Silver Spring, MD 20910

CALL: 888-259-5889 VA Schools are CTO SCHEV

TRAIN FOR A CAREER IN CRIMINAL JUSTICE AT **EVEREST COLLEGE**

No high school diploma or GED? We have options!

Tysons Corner Campus 1430 Spring Hill Road, Suite 200 McLean, VA 22102

Arlington Campus 801 N Quincy Street, Suite 500 Arlington, VA 22203 CALL: 888-249-8093 VA Schools are CTO SCHEV

Westwood College

Train for a new and exciting career at **Westwood College** Call 877-852-9712 today to receive your free Career Success Kitl www.westwood.edu/locations

BUSINESS AND FINANCIAL OPPORTUNITIES

BEAUTY SALON - booth for rent.

Looking for a partner/promoter for a Bar/Lounge in Adams Morgan. Great Location and cheap rent. Receive % from bar sales. Please call **703-971-0480**

Vending Rt 4 sale. Waldorf, Annapolis Junction, Rosslyn, Balt., DC, VA & MD. High volume hotel and school locations. CALL 202-439-6100

ANNOUNCEMENTS

Riddle—family of CROWN & LOIS Riddle of NC & VA, pls. contact Scott Riddle at 501-589-3291

STUFF

3Pc King Pillowtop matt set. \$205.New in plastic. Can deliver. 301-399-7870

6Pc Cherry Bedroom set. New in boxes. Take \$450. 301-399-7870

A bed \$135 Queen Pillowtop mattress set. New in plastic. Can del. 240-372-6691

ANTIQ VICTORIAN FAINTING COUCH, MISC nousenid turn., DR, collectibles & bric-a-brac, ex equip. Affordable prices/offers. **202-557-5540**

CAREER TRAINING

BLOWOUT SALE!

Carpet \$1.69 sq ft. Hardwood floor \$5.98 sq ft. Price includes installation. 301-341-2499.

Computer—\$250 Wireless Laptop 301-637-0931

Couch/Lvst \$750. New in Cartons. 100% leather Chair available. 301-343-8630

Dell Optiplex with LCD—Pentium ghz/combo drive with 15" www.pcretro.com 301-931-6630 / 703-370-5440

DRYER—GE lg capacity 5-cycle gas dryer, for cottons, perm. press, delicates, works like new. \$180. Alexandria, VA 703-347-5540

FUR COATS - Mink, Cashmere, Sable, & Leather. Szs. 22-26, (3X). Prices affordable & negotiable. Excellent, new condition. 202-557-5540

Grand Piano—6'3" mohogany, Baldwin serial # 0365581 L MAH, exc. cond..\$12,000.00, Nokesville, VA, 703-856-0379, mw73159@aol.com

HP Laptop for Sale!!—XP Pro. Ms Office 2003, McAfee Antivirus, Call 703.722.0627

JIMI HENDRIX
Wanted Original 1968, Maryland/DC Concert
Posters. Will pay \$2,000 cash!1-310-346-1965

KITCHEN CABINETS-\$175.00, ALL WOOD, 703-

MATT \$115 full sz set new in plastic.Can del. 240-372-6691

The Last Mattress Ad That You'll Ever Read all A.J. 301-674-2843 www.mattress4less.biz

USED BOOK SALE—Saturday, Nov. 15, 9:00 a.m. 3:00 p.m., St. John's Epis. Church, 6701 Wisconsin Ave. Chevy Chase MD 301-654-7767

SALES & AUCTIONS

Arlington N.—Mount Olivet UMC Bountiful Bargains Bazaar! Sat.Nov.15. 8am-2pm. Lots o' furn., sports equip., NEW gifts, housewares, clothes, bake sale, more! Flu shots 9-11am. 1500 N. Glebe Rd., park in Glebe & 16th St. lot. See pictures @ mtolivetumc.org.

TICKETS

REDSKINS vs. COWBOYS—3 seats of 50yd, sec.101. Great Seats and excellent view, fee like your on the field. \$325.00 each.410-721-1230.

WEIMARANERS—Silver Pups champion dad. field winning mom w/shots & full guar. Unusual oppty to loving homes 301-428-0841 # NDY3

CAREER TRAINING

PETS

ADOPT A CAT/KITTEN

Call Feline Foundation. 03-920-8665

ALPACAS—For sale. Selling the herd. Best prices. Clarke Co., Va. Males & Females. Call 540-662-8158

Cotons De Tulea—soft, cuddly, loving, companion breed. Non-allergenic. Home raised. Health guar-antee. .540-349-2527

DACHSHUND MINI — Males & Females, long & ort hair, shots & wormed, \$300. Free delive available. 301-672-1072 or 240-538-8653

English Springer Spaniel Pups- blck/ wht/liver/wht, AKC, S/W, 35 yrs exp. \$500& up. Call for Pics 410-795-7197

FELINE ADOPTION FAIR

Sunday, November 16, 1-3 p.m.
VCA BARCROFT CAT HOSPITAL
6357 Columbia Pke, Falls Church, VA
Information 703-920-8665 x3
Feline Foundation www.ffgw.org.

LAB PUPS — Black/Yellow, M, AKC. farm & fam raised. Microchipped, Champ bldlines, taking deposits. \$600-\$800. 240-291-0014 # NNJW

Yorkie—\$350, Female, 9 weeks old, 202-738-4537

YORKIE — Downsizing beaut Adults & Pups. All shots. M/F. AKC lines See Pix online \$500+. 540-894-5333. # NNVK

RENTALS

North Bethesda Living

Up to 2 Months FREE Rent*

Three unique finish levels | Granite countertops | Stainless steel appliances | Sunrooms in every home| Fully-equipped health club | Cyber café | Steps to White Flint Metro | From Only \$1.550

*See leasing associate for details.

Learn & Farn

a Computer



888.709.3821 www.TheMontereyApartments.com



Alex/Kingstwn Sunny 2BR quiet neighb. club hs. pool. gym, vltd ceil, fpl, new app. wd firs.wlk Metro, shops. \$1350+. 202-415-8360; 703-569-1054

ALEX/HUNTINGTON CLUB —2IVI 3BRTH, 1.5.5 BA, W/d, micrw, dw, 5 min walk fr Metro. pool, tennis, \$2000 incl all utils. 703-644-1493.

Alexandria—\$1750, 2 br, 1 1/2ba, Util incl, Newly Ren, Hith Fac, Bus Ctr, Pool, & More, Nr Pub Transp, pets ok, Free parking, 202-557-1174

YOUR SKILLS PAY YOUR BILLS Open House December 2nd Join us for refreshments and a free raffle!

TLC

MEDICAL ASSISTANT

- Medical Office Procedures
- Laboratory Procedures
- Medical TerminologyPhlebotomy/Medical Billing
- Assisting with Surgeries • Work at hospitals/clinics
- OFFICE ADMINISTRATION
- Windows/Word/Accounting
- Excel/Powerpoint/Web Design

Financial Aid,

To Those Who

Qualify,

accredited by

ACCET





1001 Connecticut Ave., Suite 435 Conn. & K above Farragut North



Your new Medical Career is closer than you think!

Open career doors with a

in as few as 7 months!



or open doors wider with a

earee

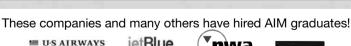
in as few as 14 months!





Financial Aid If You Qualify Day, Evening & Weekend Training Career Placement Assistance Convenient DC, MD & VA Campuses





AIM is now accepting students for our Aviation Maintenance Program.

Learn to work on the Big Ones!









- Day or Evening Classes
- · Rapid Path to Graduation
- High Benefit Careers
- ACCSCT Accredited
- · Financial Aid If Qualified
- Job Placement Assistance
- SCHEV Certified
- · FAA Approved A & P School

viation Institute of Maintenance 9821 Godwin Drive · Manassas, Virginia 20110



www.sanz.edu



Programs and schedules may vary by campus

RENTALS

UNDER NEW MANAGEMENT!!!

Newly Renovated Apt Homes

ONE MONTH FREE RENT RECEIVE A FREE FLAT SCREEN TELEVISION., COMPUTER OR \$500 GIFT CARD UPON MOVE IN.

No Application Fee w/ Approved Credit

Arbor Vista

877-208-7955

www.arborvistahomes.com 9408 Adelphi Road, Adelphi, MD 20783 Hours: M-F 9-6 Sat 10-5 Sun 12-4 Restrictions Apply.

ALEX SO— 2 BR 1 ba 3 IVI TH w/ fncd yard \$1400/mo.703-901-2338

Annandale—\$1900 3BR 3.5Ba, Renovated Spacious TH, 703-204-2047

Annapolis—Bestgate area;1400+sec, cozy & fresh 3 br/1 ba rancher, no pets, avail 12/1, 410-922-8798

ASPEN HILL/SIL SPG— newly dec. TH 3BR/2.5BA,w/W/O recrm, deck overlooking woods, \$1398. 301-937-9500

CAREER TRAINING

all now for a FREE brochure!

3-793-0444

ovionna.com o www.sblandovas.com

Brand New Apartments In Courthouse



2200 12th Court North Arlington, VA 22201 **888-822-1580**

Now Available! One Bedrooms from \$1695 Two and Three Bedroom Flats **Duplex and Townhome** Floorplans Also Available

Now Accepting Applications For 2009 Move Ins!

1brs from \$1037 2brs from \$1239 3brs from \$1420

Brand New building w/ easy access to Shirlington Village & I-395

The Shelton

703-684-0866

Mon-Friday 1pm-5pm/Saturday 9am-3pm come restrictions apply, call for details

Be in your own home for Thanksgiving. Bad Credit OK! 1-5 BRs available now. 202-387-1450

CAREER TRAINING

YOU *won't* be the one

Medical Billing & Coding

Sanford-Brown College 1980 Gallows Rd. Vienna, VA 22182 Sanford-Brown Institute 8401 Corporate Drive, Suite 500 Landover, MD 20785

who sticks her.

But you *could* make sure she leaves

with a sticker.

2 MONTHS FREE!* 1BRs from \$915. 2BRs from \$1155

- Spacious floorplans
- Walk-in closetsSeparate dining room
- Controlled access
 Pool, playground & picnic areas
 Garage parking available

The Phoenix 866-807 0429

5802 Annapolis Rd, Bladensburg, Md. www.phoenixaptsmd.com

*on select apts. call for details

Bryans Road- 4br, 2.5ba SFH, backs to woods, on a cul-de-sac, eat-in kitc, WIC in MBR & deck. \$2150/mo OR \$365k. Owner/Agent 240-832-1326

An Early **Christmas Gift! 1 Month Free Rent** 1 & 2 BRs starting at \$865!

- Newly renovated kitchens Individually controlled A/C &heat New insulated windows

- Community center Playgrounds Near Metrorail,Metrobus and major highways

Highland Ridge Apartments 888-240-4569

must move in by Nov 1

Centreville—\$1950, 4 br, 4 ba Townhome Sully Station II 202-246-9837 email for pics

Chevy Chase—Hawthorne gracious living. 7001
31st St NW, DC, 20015 \$3,200, immaculate 3500sf.,
3 br, 2.5 ba, 2 Fls, 1 Car Attached gar, fenced yar,
and patio, Open fl plan w/ great flow, Hw Flrs, 2 Fplc,
small dogs allowed, storage space, prefer 18mo-2
yr lease (min lease 8 mo) MRIS# DC6907393. 202262-3542

Sharyl Barnes

Sheryl Barnes Long & Foster

DIST HTS—\$2000.mo, 5 br, 2.5 ba, 2 Fpls, 1405 Shady Glen Dr., WD, patio, WW Carpet, 202-863-2060

DIST HTS— 2 BR condo. \$1255/mo. \$40 credit check. Sec dep \$1000. Avail immed. Call 301-630-7025

FAIRFAX-4BR 2BA SFH. fncd bck yrd. Woodson HS dist. Avail immed. \$2100. 540-933-6738

Fair Lakes- 2br, 2fba 3lvl TH. Full kitch, W/D, \$1850/mo 703-327-8063 rg0706@gmail.com

orestville
Rochelle Hall Apts
Open House SAT. Nov 15th 1-5PM
One Month Free Application fee waived
\$50 gas card w/signed lease
ovely and spacious 1, 2 and 3 bdrm apts and
ownhomes starting at \$830. Located on two
najor subway lines and front door bus stop. A
rust see with skylights, cathedral ceilings and
rivate entrances. Available for immediate occuancy. Contact (301) 967-0082.

Fort Totten—\$900.00, 1 br, 1 ba,incl. heat, water,

GALLERIES

WeekendPass makes the weekend artful.

Every Thursday in Express.



OAKCREST TOWERS APARTMENT HOMES BAIL OUT SPECIALS!! ALL UTILITIES INCLUDED*

SPACIOUS STUDIOS FROM \$739
HUGE 1 BEDROOMS FROM \$879
HUGE 2 BEDROOMS FROM \$1099
Controlled Access...Gated Entry...Tennis
Courts...Fitness Center...Convenience Store...Dry
Cleaners...1.5 Miles to Metro...Party
Rooms...Accent Walls...Brand New Renovated
Apartments and so much more!!!

\$99 SECURITY DEPOSIT

CALL NOW (888) 831-6315

2100 Brooks Drive, Forestville, MD 20747 www.oakcresttowers.com *For a small fee.

Fort Totten —2BR, AC, Hot water heat, 1st flr. Carpeted, walk to Metro. OSP. Secure bldg. \$1200 incl utils. 240-832-2553

Fort Wash 3BR 2BA vacant fenced yard W/D \$1795.301-856-5377

Fall Into Our Savings! 1/2 of November is Free

5% DISCOUNT FOR Military & Government Employees!

- Spacoius Renovated homes
- Washer/Dryer in each unit Wall to Wall Carpet

- Dishwasher
 Central A/C & Heating
 Fitness Center, Pool & Party room
 PETS WELCOME!

CALL TODAY! 866-652-4957

FREDERICKSBURG TH. 3-IVI, end unit, 4BR 3 full BA Close to hospital, 15 mins. to Quantico. Clost train. \$1500/mo. 571-237-6128 anytime

CAREER TRAINING

AITHERSBURG/1/2 mile fr. Rte. 270

NEWLY RENOVATED WASHER/DRYER IN EACH APT

UP TO 2 Months Free* 2 BRS from \$1350

- Ride on Bus at community entrance
- Fitness center and clubhouse
- Pet Friendly

EHO

GROVE PARK CALL 866-441-3309

www.grovepark-apts.com
• 750 Clopper Rd.

GALVESTON PLACE SW—beaut. 4BR \$1295. Good credit req. 1st mo's rent free. Contact 202-563-1791

EMPIRIAN VILLAGE

Within Walking Distance to Metro

ALL CREDIT CONSIDERED Spacious 1,2,3,4 BR Apt. Homes

Rents Start @\$929 \$99 Security Deposit Forclosure Applicants Welcome 5 Minute Pre-Approval 877-323-8963

6220 Springhill Dr., Greenbelt, Md. 20770

HERNDON Sunny studio, pvt access, \$750 utils incl. 703-203-8250

Hyattsville- Spac 1BR & den condo, in secure b ldg sale or rent w/opt to buy, \$1050. Avail now, Call Jill sale or rent w/opt to buy, \$1050. Avail now. Call Jill Fairfax Realty **301-646-4124** 301-439-9500 x373

CAREER TRAINING



Training in the Massage Therapy field can lead to employment in spas, fitness centers, physicians' office and other health related industries. We also offer Medical Assisting.

Day & Evening Classes • Financial Aid if Qualified
Job Placement Assistance • ACCSCT Accredited • SCHEV Certified

877-206-3353

COLLEGE





Sanford-Brown College is certified by the State Council of Higher Education for Virginia to operate campuses in Virginia Landover campus is not certified by the State Council of Higher Education for Virginia. Programs vary by location.

RENTALS

1 Month Free* Minutes to DC! 1 & 2 BRs starting at \$899

- Kitchens with modern appliances
- Separate dining room Private balcony or patio
- Minutes to B/W Parkway, Metro and downtow
- Fitness Center & Business Center Coming

866-906-6392

3421 55th Avenue Hyattsville, MD 20784

on select apartments; ask for detail

SPECIAL

1 BRs Apartments starting from \$605 and up!

We also have 2 & 3 BRs!

Close to Public Transportation and Shopping Centers.

> **CALL NOW** 301-277-6610

CAREER TRAINING

HYATTSVILLE CONVENIENT TO METRO!

1 & 2 Bedroom Apartments

Lovely Setting Nr. the New ARTS DISTRICT Close to Shopping

CASTLE MANOR

Call TODAY! 301/927-8339

HYATTSVILLE Near Arts District tuated on a residential street nr. DeMai 1BR \$705. 2BR \$805. Tenant pays elec. 301-779-1734

HYATTSVILLE

Green Line Metro

Walk to Metro, parks & Community center.

Bus F-6 & 13 at your door.

Rosa Parks Elementary School across the street.

1 & 2 bedrooms from \$845. Se habla español!

888-735-6478

CAREER TRAINING

GCTC

MASSAGE

THERAPY

INSTITUTE

TALK TO ME ABOUT **LEARNING COMPUTERS FAST**

A+ MCSE Net+ Security+ Low Cost Web Oracle & more Free Books & Resumé Guidance Forever GLOBAL COMPUTER TRAINING CENTER (703) 921-1000 / 6711 Lee Hwy www.gc-training.com SCHEV Certified

\$99 SECURITY DEPOSIT* 1,2,3 BRs from \$995

Renovated apartments

- •Washer/Dryer in each apartment •Wall-to-wall carpet
- Convenient to highways & shops
- Brand New Fitness Center Monitored alarm systems

CHESAPEAKE LANDING

(888) 219-3519

7509 Buchanan Street ask for details

FREE RENT!* 1-BRs from \$1145

- Washer/Dryer in Every Apartment Kitchen Pantry & Dishwasher Large Floorplans
- Spacious Closets
- Convenient to Metro, I-495 & Bltwy
- Large Pets Welcome

The Glendale (888) 878-8371

www.theglendaleapts.com

MCLEAN— Nr Tyson Corner Mall. 1 BR, W/D, W/W, \$1300. 703-835-9500

Mitchellville/Glendale—1921 Barrington Ct 20721 3BR (2MBR's) 4 BA, deck, center island kit.,garden tub, fpl, W/D D/W 202-543-1217 \$2100

Montgomery Village - 4BR, 2.5BA TH, \$1650/mo. SKPI, 301-470-4438

Montgomery Village—\$1350, 4 br, 2 ba, 1 1/2ba, Newly Ren. Near Metro 301-442-8548

MT. RAINIER-- Close to shops & rec. center 1BR, \$760. 2BR \$850. Utils. incl. (A/C xtra) CALL TODAY! 301-277-6202

NE/1119 16th St — Recently renov 2BR 1BA SFH. w/w crpt. Sect 8 welc. \$1350/mo 202-439-0767. NE/1600 E St. Must See! Newly Renov Lrg 2BR. El kit Nr tranp/schls/shopg. Sect. 8 welc. \$1100 202-352-2557

NE - from \$700 - CARVER TERRACE EAST - 1&2 br all UTILS INCL'D! 21st & Md Ave between Hechinger Mall & Nat'l Arboretum - X8 bus stop.202-737-1690

EZ on the Budget! 1-BRs ONLY \$910

- FREE Gas Cooking & Hot Water
- Hardwood floors
- Balcony or patio
- Walk to Metro

BENNING WOODS

202-396-4100

4040 East Capitol St. NE

JETU APARTMENTS

869 21st St

1 BR \$745 2 BR \$845 FREE UTILITIES!!

- Wall-to-Wall Carpet Resident Controlled Entry On-site Laundry & Playgrounds 24-hr. Emergency Maintenance Steps away from Cafe, Shopping & Metro

877-814-0692

William C. Smith & Co. www.wcsmith.com

Comfort-Convenience-AFFORDABLE!

COME CHECK US OUT!

FORT CHAPLIN PARK

One Block from Metro FREE off-street parking Landscaped courtyards 1 & 2 BR apts/3BR townhomes 5% DISCOUNT TO ALL **METRO & DC GOV'T EMPLOYEES**

CALL TOLL FREE 877-269-4216

4212 East Capital St N.E.

Housing Choice Vouchers Welcome where rents are within voucher limits

Northwest— Nice Home\$3200, 5 br, 4 ba, 1 1/2ba, irving st Nw, washington, DC, heat, water, Elec, DW, porch-patio, WD, Gas FP, Hw Flrs, AC, garbage, 240-355-6707

NW/610 Longfellow St. - Newly renov 1br condo. Hwd firs, open kitch. Nr Metro. Electric only. \$990 Delwin Realty Co. 301-608-3703 x. 105

NW/Col Hgts — Renov 5BR, 2.5BA rowhse, excel cnd. \$2,250/mo.+utils. Sec 8 ok. **240-432-8206**

Frontenac

4550 Connecticut Ave., NW **202-390-7850**

1 BR starting at \$1495 Ask About Our Specials!

- Walk to Van Ness
- Walk to vall ness
 Near Shopping & Dining
 Spacious Apartments with Sunrooms
 Abundant Closet Space
- Hardwood Floors Remodeled Kitchens
- Cable & Internet Ready Roofton Sundeck
 - William C. Smith & Co./EHO www.wcsmith.com

Welcome Obama Staffers New Construction Rentals

NW/Petworth 1BR — new appls. \$1100+ sec dep. **301-312-7004**

10 min from Capital 10 min from White House

Petworth subway Columbia Heights Subway

High End Finishes

Traditional oak floors, solid wood cabinets, granite countertops, natural stone tile bathrooms, solid wood doors, designer lighting, all of the high end finishes you expect.

1 BRs starting at \$1200/month 2 BRs starting at \$2300/month

Parking available.

www.sidontheave.com or call Richard Loomis at 202.365.8961



As an NMTI student, you'll enjoy:

A choice of day, evening and weekend classes
Job placement assistance

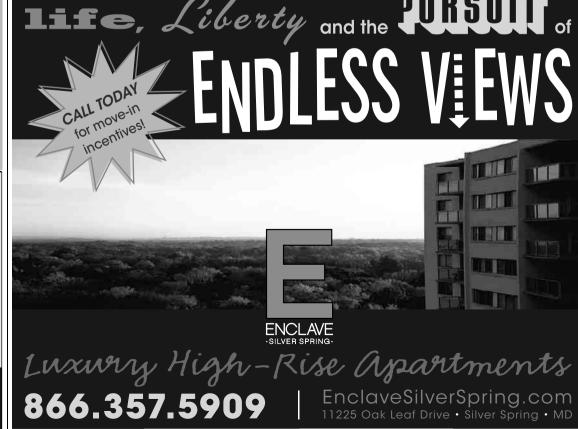
Call (888) 300-9617 to learn more today!

Campus conveniently located in Falls Church, VA.

Accredited by COMTA. Licensed by SCHEV to operate in the state of Virginia

www.studymassage.com

A school dedicated to massage therapy
 Financial aid and job placement professionals on campus



RIVERSTONE

RENTALS

Oak Park Apartments 125 Ivanhoe Street, SW 202-562-1600

*One Month Free Rent Newly Renovated Units Secured entry doors Wall-to-wall carpet Central A/C & Heat Dishwasher/Garbage Disposal Free Parking On-Site Laundry

Metro Bus at Front Door Walk to Shopping Center/Grocery Store Near Hadley Hospital & 295

OLD TOWN/ALEX—Fully furn 1BR all utils incl. \$2300. 719-243-4399

OLNEY—TH 3 BR, 1.5 BA. Fin wlk-out bsmt, deck, backs to wood, avl .Dec 1 . \$1575. **Call 301-942-1674**

OXON HILL/BROOKSIDE AVI immed. 2BR \$1375

Stop Looking & Come By!

Newly Renovated Apartment Homes

Bring this ad and get Two months Free!!!

- Wall to Wall Carpet Parking included Close to the new Washington Harbor & Shop-ping Centers Convenient to Key Bridge, Easy Access to 495 Bus Stop at the Entrance of the Community We are a pet friendly community!

CALL TODAY! 877-644-5313

Hours: Mon-Fri 9-5:30PM; Sat 10-5PM; Sun 12-5PM * On Selected Units

OXON HILL / SUNRISE GARDENS 1001 Marc 703-474-3977

Reston—3 br, 3.5 ba TH, 3 Fls, 11533 Butonwood Ct, DW, patio, new carpet, WD, Fplc, storage, 703-476-6183, drwichin@aol.com, \$1750

Reston—\$650, 1 for both rms or 2 ppl for 800. All utils inc+. Prt frn Basmt Prvt Bath Avl imed Flx Term 703-589-5409 call for info

Reston—TH, 3 BR, 3.5 BA, 3Fls + loft, Brick End Unit, Deck, Patio, Gas FP, N/S \$2200. 703-402-4457

Reduced Rent your First Year!

Bring this ad to get the Special! 35.00 Application Fee to be Applied to 1st Month's rent 5% Discount for Military & Goverment Employees

- MetroBus at your front door
 On-site Laundry
 Gourmet Kitchens
 Wall/Wall Carpet
 Private Balconies

CALL TODAY! 866-906-9224

Hours: Mon-Fri 8:30-5PM; Sat 10-5PM Limited time offer

RIVERDALE- Studio, 1 & 2 BR from \$750. Patio/Balc, D/W, Lndry Rm, walk-in clst, pkng, plygrd, nr Metro. Delwin Realty 301-577-7917

ROCKVILLE/GAITHS—Lrg 1&2BR. 1mo free, Lots of discounts. All utls/cbl incl. Unfurn/Furn/Corp. Balc. Nr Metro, park w/ gym/pool, grocery. 301-948-0087

SE — 1-2BR apts nr. Grn Line. Secure, carpet, quiet bldg, Voucher Ok. 703-780-0040 Leave Message.

SE — 1 & 2 BR apts, \$743 & up+ elec. No Pets. Call 202-265-4814 or 202-889-4083. Fred A.Smith Co.

SE-3056 30th St.. Newly Remod. 3BR Wall to Wall carpet CAC.202-277-2992

Elsinore Courtyard

acious 1, 2 & 3 BR remod. apts. Near Capita eights Metro Station & area schools. Incom strictions apply. Starting at \$765 + utilities r more info call **202-581-3687**. Ask for Tanya.

New Horizon 866-654-5604 1 BR \$705

Great Location.

... Great Apartment..

Great Price
William C. Smith & Co./EHO
www.wcsmith.com

Shipley Park Apartments

Washington DC 2002 888-286-7195

Open House Thurs., Nov. 6th 10-7pm

Washington View

Apartments

877-801-4266

2BR Special

starting at \$899

www.wcsmith.com William C. Smith & Co./EHO

Apartments & Townhomes

kentvillage.com

1.877.819.3119

6707 Hawthorne Street

Landover, MD 20785

southernmanagement.com

1& 2 Bedroom Apartments

2 Bedroom Townhomes

FREE Application Fee with this ad

FREE Application Fee with this a Spacious Floorplans Individually Controlled Heat & A/C Balconies & patios Controlled Access Sparkling Swimming Pool After School Center Teen Center Basketball Courts Close to Metro

- **Newly Renovated Apartment Homes**
- Hardwood Floors Oak Kitchen Cabinets w/ Breakfast Bar
- Oak Kitchen Cabinets W/ Breakfast Bar Microwave, Dishwasher, Garbage Disposal Controlled Access Central Heat & A/C Laundry Facilities FREE Shuttle Bus

SF

囼

Near THEARC

William C. Smith & Co./EHO www.wcsmith.com

Meadowbrook Run

2BR Special From \$840

1/2 Off 1st Month's Rent!*

- Free Application Process with this ad
- Resident-Controlled Access
- Large Walk-in Closets
- Convenient to Congress Heights Metro
- Some Units Include Heat

877-819-3121

William C. Smith & Co. www.wcsmith.com *Call for Details

Cedar Heights

866-765-3761

FREE Month's Rent* 2BR from \$845

- Free Application Process
- Controlled Access
- Laundry Facilities on Site

William C. Smith & Co. www.wcsmith.com *Callfor details.

One Bedrooms staring from only \$800! Kent Village

SOME UTILITIES INCLUDED

- · ALL CREDIT CONSIDERED **INSTANT PRE-APPROVAL**
- · WALK TO METRO
- · SE HABLA ESPAÑOL

Ask about our financial counseling program!



A Southern Management Community

1, 2, & 3 BR Apts Huge 2 BR Townhomes Parkview Gardens

888-251-1872

6400 Riverdale Road • Riverdale, MD 20737 **GATED COMMUNITY**

Beautiful Kitchens - Granite Countertops

- Fitness Center on Property Reautiful Kitchens-
- Granite Countertops**

Riverdale

877-898-6958

3402 Dodge Park Road • Landover, MD 20785

• Washer/Dryer** • Outdoor & Indoor Pools

• Roomy, Modern Apts

Private Balconies/Patios

• Free 6 week summer camp

- Free 6 week summer camp

Call now for our • Cathedral ceiling *select units

all now

Or Our

Call for details

Select Units

Village 800-767-**Ž**189

• 1. 2. & 3 BR AVAILABLE.

409 Riverdale Road • Riverdale, MD 20781 • HUGE 2 BR TOWNHOMES

FRFF LITH LITHS

School • Daycare on Premises

 Free 6 week summer camp Security Deposit payment

plan (call for details)

Come Visit us Mon.-Fri. 8-5, Sat. 10-4, Sun. 12-4 **CALL FOR FANTASTIC SPECIALS!**

Not Just Another Pretty Place Experience the Difference Call 202-574-2200

Luxury 1 & 2 BRs from \$784/mo A Gated Community w/ Controlled Access & Enclosed Parking

Oxon Run manor 4th & Miss. Ave.

GARDEN VILLAGE

ЕНО

Ask About Our Accent Walls

- 1 Brs from \$725*
 Upgraded Units w/ Stainless Steel Appliances
 Next to the New IHOP & Super GIANT
 FREE Splashpark & FREE Metro Shuttle
 FREE Off-Street Parking
 Boys & Girls Club at THEARC
 Office Hours Daily 8-5, Wed 8-7, Sat 9-4

866-286-2476

www.villagesofparklands.com 1720 Trenton Pl., SE Washington, DC 20020 William C. Smith & Co. *Call For Details

SF/The New Anacostia

Spacious, Well Designed Effcy, 1 and 2 Bedroom Apts.

UTILITIES INCLUDED

THE BEST VIEW IN THE CITY! MARBURY PLAZA

Minutes from VA, Downtown DC,395 & Metro 24-Hour Maintenance Service

888-798-1916 (call for specials)

SE Cascade Park Apts

Ask About Our Rent Specials*

5 building community w/large newly renovated Apartments.1,2,3,4 BRS immediately available.

Call 202-562-1600 www.novodev.com

Silver Spring—\$1800, 2 br, 2 1/2ba, 3 level, garage, 10918 Pebble Run Dr, Silver Spring, 301-649-5000 Visit h t t p://homepage.mac.com/ thomastermi-

Silver Spring - HUD home! 4 BR, 2 BA only \$238/mo! (4% down, 30 years at 8%) For Listings 800-585-3617 x.1543

SILVER SPRING--spacious 1 BR midrise apts CAC, free assigned prkg. HW flrs. From \$940, ALL U TILS. INCLUDED. Call 301-891-2270.

2 & 3 Bedrooms \$9 million Renovation The Village at Chesapeake

- W/W carpet Hardwood Floors Central Air Near DC/MD METRO On-site Laundry 24hr. maintenance
- Future On-site Learning
- Center Affordable
- Section 8 Welcome Subject to criminal and credit checks

Move in by 11/26/08 and receive a free Turkey

Units avail for immediate occupancy 202-561-2050 M-F 8-6. Sat. 10-2

A VESTA PROPERTY

Silver Spring, MD RIVE LESS,ENJOY MORE



· 2 Blocks to Metro

- Close to Shopping
 Community Swim Club

Eff's from low \$900's

1 br's from mid \$1,000's

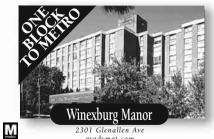
3 br's from low \$1,400's

2 br's from upper \$1,100's

888-709-1873



GAS,ELECTRIC,WATER*



Eff's from low \$1,000's 1 br's from low \$1,100's

2 br's from mid \$1,300's Washer and dryer included*

- Fitness & Aerobics Center
- Luxury garden and mid-rise apts
- · Eat-in kitchens in garden apts. Huge balconies or patios
 Pool & 2 level Sundeck

888-711-5167







Courts of Camp Springs

2BR Super Special! 2BR Flats \$875 • 2BR Duplexes \$950

gradymgt.com

Newly Renovated Community & Huge Flr. Plans 5% DISCOUNT FOR GOVERNMENT

5327 Carswell Avenue • Suitland, MD 20746

Text 'WCS6' to #30364 for instant info & Photos



1-888-731-6453

www.thecourtsofcampsprings.com *Limited time on select units. William C. Smith & Co.

Move in with just a Security Deposit*!!!! Walk to Metro Stings Square • Walk to Elementary COUNTY & MILITARY PERSONNEL
CONVENIENT TO METRO **Apartments**

RENTALS

GRAND RE-OPENING! Nov. 15th 8am-6pm

Nov. 16th 10am-5pm Refreshments & Drawing for Prizes

WOODVALE

This beautifully landscaped community fea-tures New Cabinets, New Carpet, New Appli-ances and So Much More...Ceiling fan in kitchen

Tile Entrance Foyer

Washer & Dryer in all homes

Swimming Pool/Tennis Courts

Wooded picnic areas

Rents from \$1030

Now under new management!
 (866) 522-5427
13831 Castle Blvd. Silver Spring, Md. 20904

EHO

SOUTHEAST

MANOR VILLAGE

Ask About Our Accent Walls

- 1 Brs from \$725*
 Upgraded Units w/ Stainless Steel Appliances
 Next to the New IHOP & Super GIANT
 FREE Splashpark & FREE Metro Shuttle
 FREE Off-Street Parking
 Boys & Girls Club at THEARC
 Office Hours Daily 8-5, Wed 8-7, Sat 9-4

8688-275-2914

www.villagesofparklands.com 1717 Alabama Ave., SE Washington, DC 20020 William C. Smith & Co.

*Call For Details

Southeast—2 br, 1 ba, \$1200-Close to AFB, heat, water, and parking incl. in rent. No pets. Open 11/9, 11-12pm. HCV ok, 240-381-6653

Suitland

CAPITAL CROSSING

Suitland, MD 20746

866-204-8061

1 BR Specials **Starting @ \$830**

- Newly Renovated Community
 Spacious Floor Plans
 Convenient to Metro
 Available for Immed. Occupancy

William C. Smith & Co. www.wcsmith.com

Tenleytown/Upper NW—Walk to Metro, 3- 4 br, 4 ba, 1 Car gar, Hw Firs, WD, 4331 Albemarle Street NW, Wash. DC: 301-320-0617/512-3258

WINGATE TOWER **& GARDEN APTS**

IMMEDIATE OCCUPANCY FOR Eff - 1 & 2 bedrooms \$700-\$905

> WE HAVE EVERYTHING All we need is YOU...

Gated Community, Security onsite

Onsite Medical center

Handicapped Accessible Units

Swimming Pool & Playground

Girl Scouts After School & Summer Programs

\$99.00 security deposit

A chance to win \$5000 Off your 2009 Rent!

Call or Stop in and ask for details! (202) 563-2651

4660 MLK JR. AVE, SW. WASHINGTON, DC 20032 Monday – Friday 8:30 am -5:00 pm Sat 10:00am-5:00pm

THE COLONNADE 888-865-0763

1BR \$715

ALL UTILITIES INCLUDED FRFF HFAT

- Controlled entry Near Shopping, hospital & schools Walk-in closets

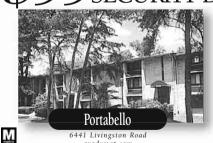
- Walk-in closets
 On and Off Street Parking
 Laundry Facilities on site
 On Metro Bus Route
 24 hour emergency maintenance
 Adjacent to 295, 395, and the Capital Beltway

William C Smith & Co/EHO

AKOMA PARK—Beaut. parklike CALL TODAY 301-891-2270.

THE BARAC CO. Residential Real Estate Rentals DC. Maryland & Virginia www.thebarac.com

TYSONS —2BR, 2BA, Rotonda NS, NP, upgrades, \$1700. 703-675-3062.



- 2 br's from low \$1,200's
- 2 br's + den from low \$1,300's
- 3 br townes from low \$1,500's
- Full size Washers and Dryers*
- · Elementary & H.S. next to Community
- · Metro bus at your door
- Individual alarm systems
- Wall-to-Wall carpet

888-464-7329

ve in by 11/18/08

GRADY MANAGEMENT, INC.



gradymgt.com Oxon Hill MD **EPOSI**1



1 br's from \$801 2 br's from low \$900's

2 br's + den from low \$1,000's 3 br's + 1.5 BA from upper \$1,000's

- · Metro bus stops here
- Eat-in kitchens w/ breakfast bars
- · Unexpectedly large living rooms Minutes to National Harbon
- 888-467-0886 *Call for details Move in by 11/18/08



GRADY MANAGEMENT, INC.



FALL FESTIVAL!

Nov. 15th 8am-6pm Nov. 16th 10am-5pm Refrehments & Drawing for Priz

- 24-Hr. Fitness Center
 Washer and dryer in every apartment Sunny eat-in breakfast nook
 Convenient public transportation
 1 & 2 BRs fr. \$1055

ASHFORD at WOODLAKE

ilver Spring, Md. 20904 (877) 678-8539

www.ashfordatwoodlake.com

SILVER SPRING

ACROSS FROM FOREST GLEN METRO CONVENIENCE -PLUS!

1 BEDROOM GARDEN APTS **UTILITIES INCLUDED**

Ask About Our \$499 Move In Special

Forest Glen Apartments

CALL TODAY! 301-593-0485

THE HEAT'S ON US! 1 BR from \$600. 2 BR from \$695 HEAT INCLUDED

Convenient to shopping, schools and major highways.
Dishwasher Walk-in closets.
Wall-to-Wall carpeting.
5% DISCOUNT TO ALL
METRO & DC GOVT EMPLOYEES

Meadow Green Courts 877-595-7389

ousing Choice Vouchers welcome where rents re within voucher program limits

Skyland Village Surrounded by Rolling Hills & Mature Trees We Are Offering Several Spacious Floor Plans

1 BRs Starting at \$755

- Beautiful Hardwood Floors

Large Closets
24-Hour Maintenance
Walk to Mall for Grocery Dining & Apparel
Laundry & Dry Cleaners On-Site
Metro Bus at Your Doorstep!
5 Minute Commute to Metro Rail

888-252-9887 2333 Skyland Pl., SE William C. Smith & Co./EHO www.wcsmith.com

1-BRS from \$850* 2-BRS from \$950* Newly Renovated 2 BR \$1025

FREE APPLICATION FEE*

ALL UTILITIES INCLUDED

5% Discount to Military, college students, teachers, firemen & police.

Minutes to Andrews, Metro & Shops Pets allowed with restrictions

PINEWOOD CHASE (866) 414-2477 Open Late Tu/Th 10am-7pm *Subject to change without notice

SUITLAND

\$100 off 1st Month! 1 & 2 BRs from \$750

SPECIAL LOW DEPOSIT! UTILITIES INCLUDED!

SILVER HILL APTS.

Remodeled w/new Kitchens

- DIRECTLY ACROSS FROM MFTRO!
- Hardwood floors, Mini-blinds
- Laundry facilities on-site
- Free parking

301-423-3131

Eagle's Crossing

2 Months FREE*

1 & 2 BEDROOM APTS.

Park-like Setting. Emergency Maint Wall-to-Wall Carpet . Walk-in Closets

Central Laundry Facils . Dishwasher

5% DISCOUNT TO ALL

METRO & DC GOV'T EMPLOYEES

(866) 416-1325

BELFORD TOWERS APARTMENTS

HOLILDAY SPECIAL!

ove in before December 1.2008 and receiv

\$500 off January's Rent

2 Bedrms Starting at \$1,099

For more information contact the leasing ofc

301-270-6748,

116 Irvington Street SW OPEN SUNDAYS 11-3 Housing Choice Vouchers Welcome *First & last month of a 12-month lease. Offer

xnires 11/30/08

FREE GAS HEAT & COOKING! 1,2 & 3brs starting at \$799 plus 1 Month FREE*

- Spacious rooms & closets
- Dishwasher Free Brinks Alarm System

on select ants, ask for details

Convenient to Shopping

Harbour Manor 888-309-6929

4513 23rd Parkway Temple Hills, MD 20748

Upper Marlboro—\$1400.00 2 br/2 ba W/D new

new carpet deck garage Fpic Call Shea 301-526-1318 **Uppr Marl.**— 25 rentals or rent to own, \$1600-\$3K mo. Catherine Holroyd Exit Premier Realty 202-391-2347,301-560-6700x3104

BRAND NEW APARTMENTS NOW LEASING

> The Vat City Vista.com 866.402.8676







WAGGAMAN CORPORATION:202-537-8970

Nw: 5925 14th St. 1BR \$896 utilities included Near Walter Reed Hospital (301)503-9738 Nw: 5921 14Th St. EFF. \$725 utilities included Near Walter Reed Hospital (302)503-9738. Near Walter Reed Hosp. (301)503-9738. SE: 4010 9th St. 1 BR. \$688 + e. Near Bolling AFB (202) 537-8970 Housing Choice Visual

Housing Choice Voucher Welcome Equal Housing Opportunity

WOODBRIDGE 4BR 2BA hse \$1450 **MANASSAS** 2BR 1.5BA TH. \$1200 Avail immed. Call 703-200-7986

Woodview Village—\$2,200.00, 3 br, 2 ba, 1 1/2ba, 3 Fls, 1 Car Attached gar, 1711 Bay Berry Terrace, Bowie, MD, Nr Pub Transp, New Carpet, WD, pool, parking, 301-646-6266

ROOMMATES

Adelphi/Hyattsville- Shr apt. 2 rooms avail. \$450/\$650 incl all utils. Security dep nego. 240-424-8180

ALEXANDRIA— Shr 2BR Furn Condo, Newly Rmdld, Mt. Vernon area, Nr. Bus, \$585 incl utils 703-906-1079

belfordlease@beaconmanagement.com
or on the web
www.beaconmanagement.com
icing & Specials are subject to change. Specials
are applied to seledted floorplans
Equal Housing Opportunity Starts at \$1290 ■ SAVE up to 2 months FREE*



Amenities Include:

- esident lounge
- stens to the Metro



8040 Georgia Avenue Silver Spring, MD 20910

The Veridian Apartments.com ■ 1.877.468.2037

ROOMMATES

ANNAN - Shr SFH Lg rm \$500/mo. \$350 dep Sm. Rm \$350/mo \$350 dep. Avl imm. Metro 703-595-5947

ARL— 2 BR apt to shr. Close to Metro Sta. Neat. Male. \$750/mo incl utls. N/S, No pets. 571-275-7023

ARL- Shr hse, Wlk Ballston, Immed 1 rm \$650, 1 rm \$695, 1 rm w/ priv ba \$795 + Sec dep **703-599-7572**

Aspen Hill—\$600/250 dep, share sfh, pvt bdrm&bath, all utilities paid,sngl occupancy,avail-able 11/12 202-330-6483

Bethesda-IMMED. MOVE-IN. \$850, br/priv ba in shi 2br 2ba condo. Utils incl. Mins to 495/Metro/shops

Free internet/cable. Exercise room. 301-867-2304 **BOWIE** Contemporary condo to shr. BR, pvt B w/d. \$675 incl utils & cable. Call **301-809-9000**

BOWIE - Rooms available for rent. Share TH, near shopg. cntr, \$650 & \$750. utis incl,cbl,wireless int. N/S, N/P. 240-245-4542

BRENTWOOD Shr hse. 2 Rms in Bsmt. pvt BA. own entr. off Str. pkg. \$800 utils incl. 202-413-7993r

Capitol Heights— \$150/wk, furnished cable, 2 br. 2 ba, Nr Public Transp, 301-437-6369

Capitol Hill—\$900 1BR in 2BR TH, W/D Util Incl Avail Immed Near Metro Pvt Parking Lrg Yard 202-257-5420

Clarksburg—\$600, 1 lg br, in SFH to shr. / shr kit. phone/cable/inernet w/d Windsong Lane, 240-723-5916

Clifton-Shr.TH.1 mstr w/prv ba \$650. 1rm \$550.No pets. N/S. Clse to Union Mills Shp Cnt/GMU. Bill 703-517-8836

College Park- Shr SFH. Rms for rent \$500 + utils. Immed occup. Wlk to UMD, bus stop,metro. 301-529-8143

COLLEGE PARK—Shrd House, 1 rm, \$600 w/own BA & pvt entr. 1 rm. \$550/525 w/shr BA. 301-332-8242

College Park—\$575rm-\$675MBR avail immed-clean, NS, split ultil,nr publ. trans,sh kitchen 301-996-1710

COLLEGE PK/LAUREL—Furnished rm \$500/mo incl utils. Share kit, w/d, bath, depos req. 301-370-6587

OXON HIL

Suitland
Allentown Apartments
1-888-282-5132
Completely Renovated Apartment Homes
2 Bedrooms \$975 3 Bedroom \$1,275
New Carpeting, All New Kit & Baths,
Walk In Closet & Sep. Master Bath In 3 Bedroom Apt.

Maple Ridge

Columbia—\$750 Master bedroom/private bath, columbia, MD, utils incld. 301-231-1732

District Heights- 1 furn br avail in SFH to shr, quiet area, near Bus/Metro/ Shopping. Prof. 301-568-3386

Falls Church— 1 Lrg BR in shr'd condo. N/S \$600 incl utils + \$300 dep. Off Lee Highway. 703-909-3822

FT WASHINGTON—F, N/S, shr new house, furn or unfurn, bsmt, \$700 +5% utils. 703-929or unfurn, bsmt, 0249/929-0299

Herndon-\$650+1/2 Util,TH to share,1 full furn

HYATTSVILLE— Hse to shr 1 BR. Shr bath & kit. All utils incl phone, cable, \$575. Call 240-423-3166

LANDOVER—furn BR \$150 wk incl all utils, no sec dep. 301-483-1014, 301-841-5573 or 301-773-

LANHAM—3 rms avail, share house. A/C. N/S. On Ruxton Dr. \$500 to \$560/mo Utils incl. 240-645-2380

LANHAM—Furn rms for rent in shr SFH. Nr Metro \$150/wk incl utils. Sec dep req'd. 301-339-4396

LAUREL LAKES -1BR immed avl in 2BR Condo w/ pvt BA. Fpl, 2 entrs, also avl is loft which can be used as LR. \$700 + elec. Call **703-380-0718**.

MANASSAS- TH to shr. furn'd rm \$475 utils incl.Ni I-66 & Rte.234.N/S. No Pets. 571-264-1156

MT RAINIER —furn/unfurn rm, long term, \$475 incl uts. 240-485-4175

NE BR furn in Shr 4BR 2.5BA hse. N/S Nr Ft Totten Metro. catv, maid svc, \$825 w/util. 202-494-3692

OXON HILL— Shr TH. 2 rms avail. Furn'd. \$600 ea rm incl everything. Nr. Nat'l Harbor. 301-675-7527

SILVER SPRING/WHITE OAK—3 br apt to shr, 2.5 BA, \$600 per rm. All utils incl. Nr bus stop. 301-213-5708

SILVER SPRING/White Oak—Female pref to shr 2BR apt. \$550, incl utils. Nr. Metro bus. Call 202 607 1088

SILVER SPRING Prof to shr Wonderful House. BR/BA:\$695. Conv location. N/S, N/P. Utils incl. 301-

TYSONS CORNER — 1BR in bsmt for rent in SFH Shr BA. \$750/m. Incl util & net. Avail now. 703-475-3742

Upper Marlboro/Largo - \$650. F pref to share SF Home. All utils incl. Sep bath, washer & dryer. 240-351-7264

Wheaton- Bsmt rm avail immed in SFH to shr. Sep enter. NS/NP. Shr kit, ba, W/D w/ M. All utils incl \$590, great loc. Walk to Metro/Bus/Mall Call 301-946-5705 or 240-483-7925, 202-468-1221 Leave Msg or Email Stephen.Fernando@juno.com

Woodbridge— House to share \$550/month util incl, cable tv. Call Bob after 4 pm. 571-292-6280

CONDOS FOR SALE

ALEX

Montebello We Have It All....

- **Gated Community** 30+Treed Acres Swimming Views
- Metro Access Pet Friendly Tennis Restaurant Dry Cleaners

1. 2 & 3BR units Mid \$200's- Mid \$500's

Lois M. Delaney, CRB CRS MONTEBELLO MARKETING MontebelloMarketing.com 703-548-5958 800-446-4187

ALEX/WATERGATE- 1BR. new marble BA. in/out pools, metro shuttle, gated comm. \$237K, ALI CLOSING COSTS PAID IF IN NOV. 571-277-1831

Oakton - Renov 1BR, Glassed in patio. Grnd IvI, in Vistas of Vienna. Nr 123, 29, 66, Metro. \$214,900. Call Leslie, Carter R.E. 703-587-4575, FX6859914

HOUSES FOR SALE

BOWIE—4BR, 3.5BA. 3 IVI TH, \$219,,000 Catherine Holroyd Exit Premier RE 202-391-2347 or 301-560-6700 x3104

CALLING ALL BUYERS

BANK OWNED—A SURPLUS OF BANK OWNED
PROPERTIES HAVE JUST BEEN RELEASED! BANKS
PAYING ALL CLOSING COSTS! CALL FOR DETAILS!
HAVEN REALTY CENTERS 1-888-476-6849

COLUMBIA-\$299,900/Offer. End unit. Almost 3000sf. Selling short. Huge bargain. Barry 301-203-3402 Re/Max

DISTRESS SALES—Free list w/ pics of frclsres props. Free 24-hr recorded msg 1-800-910-0453 x2042- Bowie 4BR, www.expressdistress.com

District Heights

Bad Credit OK

Seller Help with Financing, \$4,950 Down. 3 br, 1.5ba. 1835 Addison Road \$, District Heights, Renov top to bottom, New kit and baths, Hardwood fl, SwanPropertiesInc.com Call 888-477-7926.

Gaithersburg- NO MONEY DOWN, ALL CLOSING COSTS PAID. 3BR 2.5BA TH. New carpet/paint.Call \$269,000 Call 888-317-5845

House - Section 8 welcome

Congress Heights—Remodeled single family house. \$2300. 4 br, 2 ba. Big yard. 4053 Martin Luther King Jr. Ave. New carpet. New appliances. Bus stop right in front! Non smoking. No pets. 301-379-6540

NE - \$20K Grant for all. Below Market. \$299K. 3BR 2BA TH nr Metro. Call Joan, **301-789-4097**

NEED TO SELL FAST?

CASH OFFER—DIVORCE? JOB RELO? HIGH TAXES?
OR JUST NEED CASH? CALL US NOW, WE BUY HOUSES REGARDLESS OF THE CONDITION, IN 7 DAYS OR LESS

HAVEN REALTY CENTERS 1-888-476-6849

RENT TO OWN HOMES
ALL AREAS—TEST DRIVE HOME OWNERSHIP WITH
OUR RENT TO OWN PROGRAM! HOMES STARTING
AT \$1,000 PER MONTH! BAD CREDIT OK! CALL NOW!
HAVEN REALTY CENTERS
1-888-476-6849

\$539,000

\$178,500

Rockville \$539,000 \$539,000 \$539,000 \$10 min Walk to Redline \$539,000, private sunny 5 br, 2.5 ba SFH. 5918 Halsey Rd, Rkv, MD, Huge New addit., privt. Mstr Suite. Libr, Main Fir. Lndry rm, Hi Eff w/dry stay, Hot Tub, Hw Firs, Fplc, New App, W/O Bsmt, grt yard, TOP SCHOOLS. (3% BRKER COMM PAID OR \$16K CREDIT TO BUYER) 301-816-9744 Open Sunday 1-4

Upper Marlboro—4BR,, 2FBA, 2HBA, 3lvls Tradit style TH. \$199,500. Edward Cunningham 301-669-0063; 560-6700 Exit Premier Realty

WE BUY HOUSES ANY PRICE OR CONDITION

Do You Need To Sell Quickly? WE BUY HOUSES FAST FOR 20 YRS

BUY HOUSES FAST FOR 20 Y No Contingencies, No Commission, No Fove \$. Buying in Maryland, DC & Virginia. Brian, Re/Max 2000, 301-996-9695 www.ListOrBuyHomes.com Brian@ListOrBuyHomes.com

EAUTIFUL COURTYARD SETTING



 $1\ br's + den\ from\ low\ \$1,100's$

2br's from upper \$1,100's

- · Minutes from Suitland Metro
- Grand sized apartment homes
 Separate dining area
- French doors open to covered balcony or terrace
 Near Walker Mill Regional Park trails, tennis
- . Community pool, play area and tot lot 866-798-4530

GRADY MANAGEMENT, INC.



NOW LEASING newly renovated apartment homes



LIFE to the fullest.

(2) AMBERLEIGH AMBERLEIGHAPTS.COM

• NEW FITNESS CENTER & RESORT-INSPIRED POOL

- WIFI HOT SPOTS THROUGHOUT COMMUNITY
- PET-FRIENDLY ENVIRONMENT
- EASY ACCESS TO I-66, I-495 & METRO
- GOVERNMENT & MILITARY DISCOUNTS
- · ALL UTILITIES INCLUDED

8301 ANDERSON DRIVE :

FAIRFAX, VA 22031 : 866.372.9706

Rockville. MD

ERFECTLY NATURALLY BEAUTIFUL



Eff's from upper \$900's 1 br's from mid \$1,000's

2 hr's from mid \$1 200's 3 br's from mid \$1,400's

•2 Blocks to Metro

- Picnic & play areas · Bordered by Rock Creek Park
- Award Winning Maint. & Mgt. Team
- Garden & mid-rise apa Community Lodge & Private Pool
- 888-709-9842

REAL ESTATE SERVICES

STOP PAYING RENT—Grants & tax credits up to \$23K. \$40K Income req'd. All credit considered! Larry 240-381-1641

COMMERCIAL REAL ESTATE

1629 K St, NW.—Join 600+ entrepreneurs. On demand ofcs, ph, mail, Net, incubator, other svcs. Plans \$55-\$200/mo. OSI **202-835-0680**

HAGERSTOWN—3 bay garage in downtown. Avl. 12/1.301-714-1448

SILVER SPRING - Small offices avail. next to peltway, free parking. Ron Shafer 301-639-6157

CARS

DODGE 2003 GRAND CARAVAN —5DR, AUTO, pwr, loaded beautiful VA Insp. Emmisions insp. 109K mi., \$4300 Call 703-463-4247

DODGE 1987 600 Auto, only 68K orig miles, 4 cyl, 4 dr, looks/runs like new. \$1,200. Call 202-744-7187

HONDAS FROM Police Repos! For Listings, 800-585-3563 x. C400 \$5001 \$500!

JUNK VEHICLES REMOVED FREE CASH PAY FOR ALL 202-714-9835

NISSAN 1994 Quest. 7 passenger. 108K miles. re-built trans w/1 yr warr. VA Emission & inspection. \$3000. Call 703-463-4247

Toyota 2007 Prius — Touring, \$24500 obo, Excellent cond, 12k mi, Navigation, Leather, Gray int, Silver ext, 5 dr, 443-677-0824

Toyota 2001 Celica — GT, \$9000 obo, automatic, Excellent cond, 113k mi, Red ext, 2 dr, Mnrf, alloy wheels, Cass and CD player, custom int, very very very very reliable, good gas milage 240-481-7764

Upholstery - we offer among others.. hd liners, vinyl tops, custom seats, conv. tops, carpet, dtr panels, competitive prices! 301-509-0173

Volkswagen 2006 Jetta — 2.5, \$16,499, Excellent cond, 16k mi, Gray int, Turquoise ext, 4 dr, DVD, Lthr Int, Buckets, 202-289-6347



\$\$\$WILL BUY HONDA ACCORD 1990-1997 any condition. 301-467-0426

MOTORCYCLES

Ford 1990 Fleetwood— \$9950.00 obo, Excellent cond, 7k mi, new roof & air, vents, carpet 703-622-0269



WeekendPass makes the weekend noteworthy.

Every Thursday in Express.



Come Visit us Mon.-Fri. 8-5. Sat. 10-4. Sun. 12-4 **CALL FOR FANTASTIC SPECIALS!**

888-583-3047 908 Marcy Ave. • Oxon HIII, MD 20745

Colonial Village

Calvert Hall **Apartments**

877-203-6036 3817 64th Ave. • Landover Hills, MD 20784

Apartments

866-805-0782

Fleetwood

Village Apts

866-315-8849

721 Chillum Road • Hvattsville, MD 20783

FREE Gas & Water

Gated Community

Free Gas & Water

· State-of-the-art

fitness center

summer camp

FREE LITH ITIES

Swimming pool

 Free 6 week sum Private balconies/patios

Virginia, and 495

Gated Community

Minutes to Metro, DC,

Free 6 week

· Free 6 week summer camp • B/W Parkway, Metro, 495

 New Walmart **Across the Street**

• Free app fee w/this ad

Fletchers Field • FREE UTILITIES

Spacious and modern apts

· Wall to Wall carpet Dishwasher Private balconies/patios

· Free 6 week summer camp

• FREE WATER, GAS HEATING & COOKING . Right on DC and Maryland line Close to Fort Totten &

West Hyattsville Metro • FREE APPLICATION FEE

. Free 6 wk summer camp

· Convenient to shops, schools and I-495



GRADY MANAGEMENT, INC.

LOOK

*TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

NSIDE

Brit's son is fine after a scare | 46



Blog Log: McAuliffe is not fit for governor **44**

Discussions: Fashion trends for winter | 44

Holidays

High food costs don't deter Americans from Thanksgiving feasts

Crazy economic times have Americans counting their pennies along with their blessings this Thanksgiving. And that has many people wondering: Just how much will it cost to give thanks this year?

Thanksgiving, the intersection of gratification and gratitude, can leave a thrifty shopper feeling as plucked as the bird of honor.

"It's probably the biggest sticker shock of the year you get because it's probably the one time of the year where you buy as much," says Jim Sartwelle, an economist at the American Farm Bureau, which since 1986 has released an annual Turkey Day tally based on an informal survey by volunteer shoppers across the country.



large family, and we share the price [of the Thanksgiving meal]."

JERRY TEGTMEIER, OMAHA RESIDENT

But unless you splash out on specialty ingredients, such as a freerange heirloom breed turkey — \$100 and up — Thanksgiving isn't that expensive a meal taken serving by serving, Sartwelle says.

Last year, the bureau estimated the average cost for a traditional meal for 10 people was \$42.26, up nearly 11 percent from 2006. But adjusted for inflation, the cost was \$20.46, a decline of 9 percent compared to prices from 20 years ago.

The farm bureau won't be releas-

ing results of its current survey until mid-November, but Sartwelle said early information indicates prices are somewhat higher than they were last year, mostly because of higher gas prices.

But the cost of putting enough bird, spuds, green beans, stuffing, cranberry sauce and pumpkin pie on the table to leave eight to 10 people satisfied can vary widely across the country, a recent Associated Press survey of grocer prices in six cities found.

The bargains were in Little Rock, Ark., and Concord, N.H., where all the fixings could be had for about \$30. In Omaha, Neb.; Atlanta; and Oceanside and Westbury, N.Y., the price went up another \$10 to \$14.



price went up another \$10 to \$14. THE COST OF GIVING THANKS: This year, the cost of ingredients for a typical Thanksgiving meal ranges from about \$30 to \$59.

Turkey Talk



 $\label{lem:condition} An informal survey of shoppers showed few would cut corners for Thanksgiving.$

The costliest surveyed area in which to give thanks? Berkeley and Oakland, Calif., where the total hit more than \$59.

Despite the chilly winds sweeping across the economy, shoppers interviewed a month before

Thanksgiving at Whole Foods Market in Berkeley said they doubted they'd be cutting back much this year, although they were thinking about cost.

Helen Greenspan was looking into buying an entire meal ready-

cooked from the store, more expensive than starting from scratch but still cheaper than going out

"I can do it because everybody's chipping in," she explained.

And it's worth it because of "no preparation and no cleanup afterward," she said with a grin.

Carol Williams, who usually switches off holding the family Thanksgiving with a sister, also wasn't expecting to make any changes this year, although she thought that might be a possibility if the economic indicators keep heading south.

"Maybe next year might be worse," she said.

The same turkey tranquility prevailed at a No Frills Supermarket in Omaha, Neb.

Shopper Jerry Tegtmeier said he doesn't expect the economy to carve a hole in his plans. Tegtmeier said about 40 people usually attend his family's Thanksgiving in Omaha, and everyone brings part of the meal.

"We've got a large family, and we share the price," Tegtmeier said.

Jason Perrotto said his dad's side of the family always gathers at his grandmother's house in Omaha for Thanksgiving. Everybody brings a side dish or dessert, so nobody bears the burden of preparing the entire meal.

Nick Heustis, marketing and community relations specialist for the Berkeley Whole Foods, said customers have definitely being showing a marked attention to prices this year, prompting the market to offer more specials and start running "value tours" that highlight ways to save money, whether it's by clipping coupons or buying from the bulk aisle.

The best tools for keeping Thanksgiving from turning into Thanks-taking? Paper and pencil.

People often over-shop "because the last thing we want to do is run out. But having good planning, really looking at what you're going to be serving and who's coming over, and buying appropriately can save tons of money," he said.

nightout

>> EXPRESSNIGHTOUT.COM

Modern Primitives

Telepathe, which opens for Diplo at the Black Cat on Wednesday, has been compared to Gang Gang Dance, and its music shares a sensibility with a previous generation of N.Y.C. noisemeisters, with offkilter beats and droning vocals. Tony Sclafani spoke to Telepathe's Melissa Livaudais. | COMING UP





Barely Breathing

"Scrubs" is a simple case of a brilliant show that has run too long. Sometimes, you need to wrap things up before people stop caring. The seventh season of "Scrubs" came out on DVD this week, but Rudi Greenberg says the show should have called it quits after five. | соміна ир

NEWSLETTER

Enter to Win Free Tickets

Our newsletter subscribers have a chance to relieve their post-election stress with a free peep at the Baltimore Symphony Orchestra, the Beach Boys' Brian Wilson or Woolly Mammoth's play "Boom." Learn more by signing up at Expressnightout.com/newsletter. | ONLINE NOW



policenter Yesterday's Results as of 5 p.m.

SHOULD THE GOVERNMENT OFFER FINANCIAL AID TO THE STRUGGLING AUTO INDUSTRY?

NO 68%

YES 32%



"In addition to using money from

the government to help struggling auto workers, the money should be used to make sure the industry produces [cars] that are fuel-efficient, do not use fossil fuels and do not contribute to global warming."

COMMENTER ZORA HOPKINS, RESPONDING TO WEDNESDAY'S POLL CENTER QUESTION. "SHOULD THE GOVERNMENT OFFER FINANCIAL AID TO THE STRUGGLING AUTO INDUSTRY?"



bad behavior. If you want to get the country going again, reduce all federal taxes for everyone, and encourage investing and saving by individuals."

COMMENTER ANOTHER PERSON, WHO ADDED, "SPREADING THE WEALTH AND SAVING UNIONS WILL NOT HELP OUR ECONOMY.



the American automobile industry can't produce vehicles to compete with the German and Japanese imports, they should go bankrupt."

COMMENTER JONATHAN, WHO ADDED, "ISN'T THAT WHAT CAPITALISM IS ALL ABOUT?'



"I certainly won't make the mistake of wishing you a 'happy Veterans Day' because, truly, at the root of the day, there is nothing to celebrate."

IAMAVERAGEJANE.WORDPRESS.COM ADDS, "[THOSE] WHO FIGHT FOR OUR COUNTRY DESERVE



"Terry seems like a really nice and sincere guy, but is he kidding? He's far too scatterbrained and wild to be anybody's governor."

SUGARNSPICE.TYPEPAD.COM DOESN'T THINK FORMER DEMOCRATIC NATIONAL COMMITTEE CHAIRMAN TERRY MCAULIFFE IS CUT OUT FOR THE GOVERNOR'S MANSION IN RICHMOND, VA



"EVERYONE KNOWS that the

economy isn't doing so great right now. Are fitness expenses one of the things you're cutting back on? Have you ever added up the amount of money you spend on fitness equipment, clothing, classes and memberships?'

ZANDRIA.US WONDERS WHETHER ANY OF HER READERS SPEND AS MUCH MONEY ON FITNESS AS SHE DOES.

"If your child is born with a head full of hair like [mine], by the time he is 10 months. vou've either had to have his hair cut by a professional or attempted to trim it yourself with a random weed wacker. I chose the latter."

WHERESMYCAPE.COM/BLOG REFUSES TO TAKE HER SON TO HIGH-PRICED NOVELTY HAIR SALONS THAT CATER TO KIDS.

Discussions

Winter Fashion

Washingtonpost.com fashion and beauty editor JANET BENNETT and Sunday Source TrendSpotter HOLLY E. THOMAS were online Tuesday and talked about cold weather gear, the upcoming inaugural balls and quick fashion fixes for penny-pinchers.

I love the dress Michelle Obama wore to the White House on Monday. Who designed it?

That statement-making red dress was designed by Maria Pinto, a Chicago-based designer who has worked with Michelle Obama for about five years.

What is cold-weather essential gear? Every winter, I seem to not have enough winter clothing. Winter especially seems like a hard

season to look chic. Are tights under jeans acceptable?

I faced a similar dilemma last weekend when I unpacked my winter clothes — a handful of sweaters just isn't enough! Personally, I loathe the feeling of tights under jeans, so I stock up on cozy, thin thermal leggings and long-sleeve T's. Try Filene's Basement for on-the-cheap options from Jockey. Otherwise, I say invest in a good coat, a lightweight but warm fleece for weekends, and some thick, woolly knee socks for wearing with boots.

My question is about all these upcoming inaugural balls. Is it ever appropriate to wear a short dress to a black-tie event? I was at an event on Saturday and I was very surprised by the number of girls wearing more cocktail-style dresses, despite the fact that the invitation clearly said "black-tie."

I'm totally in favor. For one thing, they're more practical — easier to dance in, for one thing, and they're more versatile. You could wear them to a cocktail party and to black-tie functions. Long dresses are more limited in use.

A friend of mine and I were talking about the jeans in boots trend - I love the look but wonder about it on shorter (5-foot-4), hippier (135 pounds) people like me. Any thoughts?

I love the look, too. If you're on the tall side and slim side, it's easiest to pull it off. But if you're slightly hippy and not an Amazon, you can still rock the look as long as you keep the colors in the same family to create the illusion of one long line.

TODAY ON DISCUSSIONS:

The Washington Post Food Section experts discuss all things culinary. This week they explore the delights of oolong tea at Ip.m. | washingtonpost.com/discussions.

Bizarro | Dan Piraro



Cornered | Mike Baldwin



"I want more 'yabba-dabba-doo' and less 'sufferin' succotash."

Pooch Cafe | Paul Gilligan





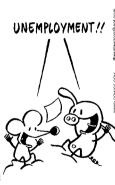




Pearls Before Swine | Stephan Pastis



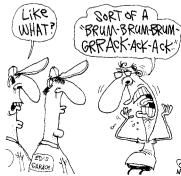






The Duplex | Glenn McCoy







Horoscope

By Stella Wilder

SCORPIO (Oct. 23-Nov. 21) You'll have to be willing to talk about almost anything if you wish to get to the bottom of a stubhorn domestic dilemma

SAGITTARIUS (Nov. 22-Dec. 21) A little mental stimulation may be all you need to rekindle the fires of romance at home. Get with your mate and solve a puzzle.

CAPRICORN (Dec. 22-Jan. 19) It's said that opposites attract, but you may find that you are more able to get along with someone who has the most in common

AQUARIUS (Jan. 20-Feb. 18) Don't embarrass a friend or relative intentionally or in public. Someone you know is in need of some moral support.

PISCES (Feb. 19-March 20) Don't generalize so much that you miss one or two of the key details that make the day what it really is.

ARIES (March 21-April 19) You may be somewhat intimidated by someone who comes on a little strong — but you can combat any direct threat with ease.

TAURUS (April 20-May 20) You're a little too tense, and you have to learn to relax even when you're being faced with a great many unusual choices.

GEMINI (May 21-June 20) You're coming face to face with that jealous streak, but you are best to control your emotions rather than give them free rein at this time.

CANCER (June 21-July 22) Beware of impulsive behavior in yourself. Don't be reckless or put others in danger. Give more thought to security around the home

LEO (July 23-Aug. 22) It's important that you try to get in sync with those who are after the same things. Once you've adopted the same rhythms, you can work together.

VIRGO (Aug. 23-Sept. 22) Keep talk to a minimum, and focus instead on activities that can bring you the results you most avidly seek. Be a doer.

LIBRA (Sept. 23-Oct. 22) Surprise your loved one with a little spontaneous romance. Such an effort at this time. can pay off handsomely for a long time to come.

Letters

Old Ideas Keep Re-Emerging

FRIDAY'S EXPRESS QUOTED Theliffevswell.blogspot.com: "Are you seriously kidding me? California voters outlawed gay marriage but approved a ballot measure giving egg-laying chickens more rights." Such a posi-

tion is not unprecedented. Nazi Germany made gays wear a pink triangle but passed the most progressive antivivisection laws in Europe. Johah Goldberg's "Liberal Fascism" reminds us those ideas didn't disappear. They merely went underground to reemerge in new guises such as environmentalism and traditionalism.

> –DINO DRUDI Washington, D.C.

WRITE TO EXPRESS: Include name, hometown and telephone number. Submissions may be edited. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

Today in History

1942 The World War II naval Battle of Guadalcanal begins. (The Allies ended up winning a major victory over the Japanese.)

1977 New Orleans elects its first black mayor, Ernest "Dutch" Morial.

American Airlines Flight 2001 587, en route from New York's JFK International Airport to the Dominican Republic, crashes after takeoff, killing 265 people.

OO4 Ajuryimee....
Calif., convicts Scott A jury in Redwood City, Peterson of murdering his pregnant



Scott Peterson was convicted in 2004.

wife, Laci, and dumping her body in San Francisco Bay

Ryan Braun wins the 2007 NL Rookie of the Year award in one of the closest votes: Dustin Pedroia runs away with the AL honor.



People



Who this is not: Jason Robards.

Second Sentence Added To Help Out Under-65 Crowd

California crooner MERLE HAG-GARD is on the mend after successful surgery to remove a cancerous tumor from his right lung. Haggard became a household name after the anthem "Okie From Muskogee" hit No. 1 in 1969. (AP)

CUTE

Stiff Upper Lip Begins to Tremble Oh-So Pathetically



Plans for Italian conductor Riccardo Muti to perform at Buckingham Palace for PRINCE CHARLES

60th birthday party on Thursday have collapsed. Muti had been expected to conduct the Philharmonia Orchestra. (AP)



EMERGENCIES

Britney's Baby OK

BRITNEY SPEARS' youngest son has been released from the hospital after being treated for some kind of reaction. According to Spears' Web site, 2-year-old Jayden James has left the Southwest Mississippi Regional Medical Center and is doing fine. A representative for the family says Jayden was admitted Sunday after having "a reaction to something he ingested." (AP)

LAME

Unfun Facts About a Celebrity's **Father**

MICHELLE WIL-LIAMS' father, a prominent stock market trader, agreed Tuesday to return to the U.S. to face tax evasion charges. Larry Williams has been fighting extradition since he was arrested by Australian police in 2006 after Who this is not: stock trader Larry Williams.

flying to Sydney for a speaking tour. The U.S. Internal Revenue Service wants to guestion the Virgin Islands resident about a possible \$1.5 million

in unpaid taxes from book royalties and earnings related to international seminars. (AP)

WORDS

'Shameless Hussy' Is a **More Efficient Word Choice**

In a new interview in Vogue, JEN NIFER ANISTON talks about the magazine's 2007 profile of Angelina Jolie, who talked about growing chummy with Pitt - then married to Aniston while shooting "Mr. and Mrs. Smith" in



2004. "There was stuff printed there that was definitely from a time when I was unaware that it was happening, Aniston says. "I felt

those details were a little inappropriate." (AP)

DUNATIONS

Food Bank Would Have Preferred Share of Royalties

BRUCE SPRINGSTEEN wants to make sure one bank remains solvent: the Community Food Bank of New Jersey. The singer will appear in a newspaper ad for the state's largest food bank that says: "We Can't Let This Bank Fail!" Springsteen has been a supporter for 23 years. (AP)



Who this is not: Merle Haggard.

5 Day Forecast for the Washington Area









56° / 51°



Friday

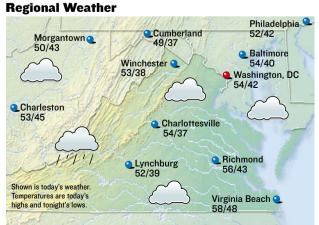






54° / 38°

54°



Forecasts and graphics provided by AccuWeather, Inc. ©2008

Almanac

Washington, D.C., through 4 p.m. Tues. Temperature

High	49°
Low	35°
Normal high	59°
Normal low	41°
Average humidity	47%
,	

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	0.10"
Normal month to date	1.10"
Year to date	41.19"
Last year to date	28.42"
Normal year to date	34.48"

washingtonpost.com/weather

Regional Forecast

D.C. Metro: Today, mostly cloudy. High 54. Wind south-east 3-6 mph. Tonight, mostly cloudy. Low 42. Wind southsoutheast 3-6 mph.

Sun and Moon

Sunrise today	6:48 a.m.
Sunset tonight	
Moonrise today	
Moonset today	
Moonoot today	0.0 i a.iii.









0s 70s 80s

National Weather for Wednesday, November 12

World Cities

Mational	Cities		world Cities				
City	Today Hi/Lo/W	Thur. Hi/Lo/W	City	Today Hi/Lo/W	Thur. Hi/Lo/W		
Atlanta	58/52/c	64/58/r	Amsterdam	48/4I/c	48/43/sl		
Boston	48/38/s	50/46/r	Athens	66/54/s	67/57/s		
Chicago	49/40/r	53/42/c	Berlin	47/36/c	45/36/c		
Dallas	70/48/s	73/50/s	Buenos Aires	86/72/s	88/72/s		
Denver	55/36/c	63/34/c	Calgary	51/30/pc	42/21/pc		
Honolulu	84/7I/s	82/69/pc	Dublin	50/41/pc	54/45/sl		
Los Angeles	80/56/s	84/56/s	Geneva	46/4I/sh	42/36/c		
Miami	84/73/t	85/74/t	Moscow	45/32/s	41/30/pd		
New York City	52/43/c	55/50/r	Rome	63/50/sh	61/48/r		
Orlando	83/67/s	86/68/s	Sydney	77/6I/pc	75/63/pc		
Seattle	56/47/r	53/4I/pc	Tokyo	64/54/sh	66/55/p		



CROSSWORD | THINKING GREEN

ACROSS 1 Phone button below 7 5 Scrubs for surgery 10 Auction utterance 14 Crest holder 15 Usher's territory 16 Declare confidently 17 "(Sittin' On) The Dock of the Bay" singer Redding 18 Map feature 19 Box-office backup 20 Trying to look important 24 Ten below? 25 Sports palace 30 Get a grin out of 34 Tom. Dick and Harry 35 Abe's role in "The

thought) 62 Big name in cosmetics 63 Wooded valleys 64 Ardor 66 Moccasin without 67 Twisted rope? DOWN when you see red 23 Blast furnace input 3 "Isn't that_ much?' 28 Word of possibility 4 Be content (with "one's laurels") 6 Symbol of troth Godfather 7 Exxon predecessor, 36 They are current in the U.S 37 Brilliant idea 41 As a result of this 9 Altercation 42 Prefix with "classic" or "natal" 11 Love poet 43 Words with 12 Lantern-jawed Jay "shoestring" or "roll" 13 Vestige 44 Counterpart of substance lyricist Gershwin 45 Whodunit hero 22 ___-ho Archer 25 Indian maids 46 Sneeze need 48 Balmy getaway 50 Taro output 28 Actress Busch 51 Make a person

60 Where to find the world in two dimensions _fixe (obsessive 65 Museum extension

1 What you should do 2 Tarlatan garment 5 "Common Sense"

8 More than sufficient 10 Certain vendors

21 "Of Thee I Sing"

26 Roll back to zero 27 It may require a fee

of many Laurel and Hardy films

18

29 In isolation 31 It's divided into chapters 32 Was atrocious 33 Calvin Trillin piece 35 Firmament 36 Something to stroke 38 Experiencing again 39 Beyond zaftig 40 Sprinkling 45 Of the pre-Easter season 46 Mortar trough 47 Better ventilated

49 Prepares a cannon 50 Deputized 51 Take a card 52 Musician Shankar 53 Look briefly) 54 First name in 55 Kind of radio 56 Between gigs 57 Minimum-range 58 Vegas game

Yesterday's Solution

14 H	-1	R	E		15R	- 1	т	Е	s		16 _T	Е	Α	L
17A	R	Α	В		18	N	Е	R	т		19 T	Α	R	7
²⁰ L	Е	G	А	²¹ L	M	U	М	В	0	"2	U	м	В	С
			βB	0	Α			ξH	R	Α				
²⁵ P	²⁶ E	²⁷ E		°٥	R	²⁹ D	³ºE	R		31 M	³² O	33 S	³⁴E	35 S
36 E	R	s	37 T		3°A	R	т			39 1	N	Т	R	Α
⁴⁰ S	1	Т	s	⁴¹ I	N	J	c	⁴² D	⁴³ G	Ε	М	Е	N	Т
⁴o	С	Е	Α	N			45 D	ш	R		⁴⁶ E	R	-1	Е
⁴⁷ S	н	Е	R	D		₽H	Е	L	Е	49N		50 N	Е	С
				51 	52 T	Α			⁵³ A	Т	54 E			
55 L	°0	57 N	§G	Α	R	м	ွီဝ	۴	т	н	Е	"L	⁶² A	e3
⁶⁴ A	R	1	Α		"E	L	s	_	Ε		⁶⁶ R	Α	Т	Е
⁶⁷ M	А	L	L		္ဖွတ	Е	٦	٦	s		⁶⁹ I	D	Е	Α
70 A	L	Е	s		ıs,	т	٥	Α	т		72 E	۵	Е	~

© PUZZLES BY PAPPOCOM

 1 D 2 E 3 C 4 K 5 T 6 A 7 I 8 G 9 A 10 A 11 B 12 B 13 A

SUDOKU | MEDIUM

59 Calcutta queen

Fill in the boxes so each row, column and 3-by-3 square includes the digits I through 9. See www.sudoku.com for solution, tips and computer program.

Need more Suldoku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

Yesterday's Solution

1	6	7	5	3	4	9	8	2
2	5	9	1	8	7	4	6	3
4	3	8	2	9	6	1	5	7
8	7	1	9	2	3	5	4	6
9	4	5	6	7	8	3	2	1
3	2	6	4	1	5	7	9	8
5	1	2	7	6	9	8	3	4
6	9	3	8	4	1	2	7	5
7	8	4	3	5	2	6	1	9

			3		1			
8				7				6
8 5		4				1		8
		7		4		6		
	5						7	
		3		1		8		
2		9				7		1
7				6				3
			2		7			

PLIBLISHER—CHRISTOPHER MA | GENERAL MANAGER—ARNIF APPLERALIM | FRITOR—DAN CACCAVARO | WER SITE FRITOR—GREG RARRER ART DIRECTOR-SCOTT MCCARTHY | ASSISTANT MANAGING EDITORS-KATE GIBBS. MATT SWENSON | ARTS EDITOR-ARION BERGER FEATURES EDITOR-JENNIFER BARGER | SECTION EDITORS-KATIE ABERBACH, KRIS CORONADO, KARMAH ELMUSA, VICKY HALLETT, BETSY

LOWTHER. CHRISTOPHER PORTER, DUSTIN WEAVER, DARONA WILLIAMS, CLINTON YATES, FIONA ZUBLIN | ASSISTANT ART DIRECTOR—ALYCE JONES | EDITORIAL DESIGN-MARCIA HARDER | COPY CHIEF-AIMEE GOODWIN | PRODUCTION SUPERVISOR-MATTHEW LIDDI | PHOTO ASSISTANT-CHRIS COMBS | PHOTOGRAPHER-MARGE ELY | PUBLISHED BY EXPRESS PUBLICATIONS LLC PO BOX 17370, ARLINGTON, VA 22216 | A SUBSIDIARY OF THE WASHINGTON POST COMPANY TEL: 703-469-2800 | FAX: 703-469-2831 CIRCULATION: 202-334-6992 | ADVERTISING: 202-334-6732 OR ADS@READEXPRESS.COM | CLASSIFIEDS: 202-334-6200













- Are you worried or anxious most of the time?
- · Do others tell you that you worry needlessly or worry too much?
- Are you so agitated that you can't enjoy your life?
- Are you so on edge that your health is affected?
- Do you experience shortness of breath, palpitations, difficulty sleeping, excessive sweating, or abdominal distress?

THEGEORGE WASHINGTON UNIVERSITY MEDICAL CENTER WASHINGTON DC

If so, you may have **Generalized Anxiety Disorder.**

If you are at least 18 years of age, you may qualify to participate in a research study in which you will receive investigational medication and study-related procedures at no cost. This study is located near the Foggy Bottom Metro station.

> For information, call (202) 994-2273 www.researchGW.com

The George Washington University is an Equal Opportunity/Affirmative Action Institution.



DOCTOR OF LIBERAL STUDIES DEGREE

Interdisciplinary part-time, evening schedule.

Applications due February 2, 2009 for Fall 2009 admissions.

To apply, obtain information or schedule a consultation, please:



JOIN US AT OUR INFORMATION SESSION

Wednesday, November 12, 2008 6:30 p.m.

Georgetown University Alumni House 3604 O Street, NW Washington, DC 20057

To RSVP or for more information.

visit scs.georgetown.edu/dls or call (202) 687-5706

GEORGETOWN UNIVERSITY

SCHOOL OF CONTINUING STUDIES

Bachelor's Degree

Flexible full-time or part-time evening schedules

Liberal Studies

Follow your own path to complete your degree

American Studies | Catholic Studies | Classical Civilizations

Communications | Ethics and the Professions | Humanities

International Affairs | Leadership | Literature and Society

Religious Studies | Social and Public Policy | Theory and

Practice of American Democracy | Urban Analysis and

Community Development | Individualized Study

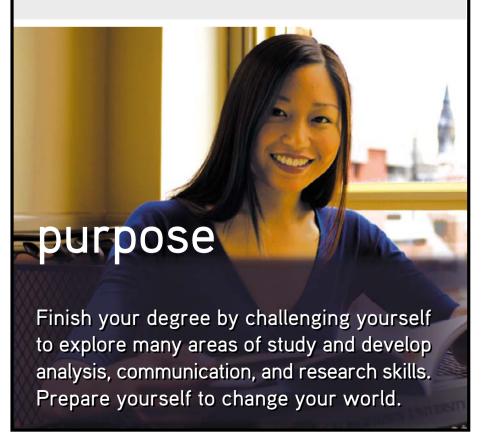
INFORMATION SESSION

Wednesday, November 12, 2008 | 6:30 p.m.

GEORGETOWN UNIVERSITY ALUMNI HOUSE 3604 O Street NW, Washington, DC 20057

To RSVP, visit

scs.georgetown.edu/bachelors or call 202.687.2800
NOW ACCEPTING APPLICATIONS



Georgetown University

SCHOOL OF CONTINUING STUDIES

Master's Degree

Flexible evening, part-time schedule

Liberal Studies

Areas of Study

American Studies | Catholic Studies | Classical
Civilizations | Ethics and the Professions |
Humanities | International Affairs | Islam and
Muslim-Christian Relations | Literature and Society |
Medieval and Early Modern European Studies |
Religious Studies | Social and Public Policy |
Theory and Practice of American Democracy |
Visual Culture

INFORMATION SESSION

Wednesday, November 12, 2008 | 6:30 p.m.

Georgetown University Alumni House 3604 O Street NW, Washington, DC 20057

To RSVP, visit

scs.georgetown.edu/mals or call 202.687.2800

NOW ACCEPTING APPLICATIONS







Be a STAR in Someone's Life!

SUPPORT CFC

THE COMBINED FEDERAL CAMPAIGN OF THE NATIONAL CAPITAL AREA



WWW.CFCNCA.ORG



Charity Name (alphabetically)	CFC#	Page	Charity Name (alphabetically)	CFC#	Page
African Wildlife Foundation	11219	14/15	Manna Inc.	80363	23
Alliance to Save Energy	11783	23	Mercy Ships International	12044	26
Alzheimer's Association	49577	8	National Council For Adoption	12128	26
American Diabetes Association	11235	11	National Crime Prevention Council	10854	20
American Red Cross - Arlington County	99248	7	National Forest Foundation	12053	14/15
American Red Cross - Alexandria	62761	7		10557	12
American Red Cross - Loudoun County	45497	7	National Minority AIDS Council		
American Red Cross - Prince William	80217	7	National Parks Conservation Association	12069	14/15
American Red Cross - National Capitol Area	96686	7	National Right to Life	10542	20
American Rivers	12063	14/15	Ocean Conservancy	11436	14/15
America's Charities		24	Partnership for Public Service	12110	27
Arbor Day Foundation	11443	14/15	Planned Parenthood	94616	27
Armstead Barnhill Foundation	21800	25	Quality Trust	33317	21
Bat Conservation International Blinded Veterans Association	12064	14/15 9	Rude Ranch	45379	5
Bringed veterans Association B'nai B'rith International	10513 52090	8	Samaritan's Purse	10532	8
Bread for the City	61733	11			
Capital Food Bank	30794	26	So Other Might Eat (SOME)	74405	6
СЕС	30794	5	SOS Children's Village	10960	17
Chesapeake Bay Foundation	11325	9	Student Conservation Association	11343	14/15
Child Welfare League	11125	25	The Amazon Conservation Team	10410	14/15
Christian Blind Mission	12136	7	The Jane Goodall Institute	11103	14/15
Christian Children's Fund	11385	23	The Nature Conservancy	10643	14/15
Christian Service Charities	10171	19	The Peregrine Fund	10639	14/15
City of Hope	11720	13	The Wilderness Society	10638	14/15
Civil Air Patrol - Nat'l Capital Wing	26757	18	United Cerebral Palsy	12004	17
Clear Water Fund	10636	14/15	· · · · · · · · · · · · · · · · · · ·		25
Covenant House of Washington	65964	18	United College Ministries	73218	
Defenders of Wildlife	10624	14/15	United Negro College Fund	10672	21
Earth Share	10252	14/15	United Service Organization	11381	16
Earth Share	10252	14/15	United Way	31408	12
Elizabeth Glaser Pediatric AIDS Fund	10394	4	Veterans of Foreign Wars	10511	13
Environmental Law Institute	10629	14/15	Voice of Martyrs	10993	16
Federal Employee Education and Assistance	11185	3	Washington Animal Rescue League	86254	26
Friends of Homeless Animals	83554	23	Washington D.C. Rescue Mission	18948	2
GAVI Alliance	86528	7	Washington Humane Society	58899	22
Global Impact	10187	28	7		
Grameen Foundation	15029	10	Wildlife Trust	11352	14/15
Lupus Foundation	10566	6	World Wildlife Foundation	12072	14/15

Complete Thanksgiving Turkey Dinner for \$2.05

No one should go hungry on Thanksgiving — especially when it costs so little to serve a complete meal to a hungry and homeless person.

Our hearty, traditional turkey dinner that friends like you provide is often the first step in dealing with the problems of homelessness. Then comes help with addiction recovery, job training, education and spiritual renewal.

So please help someone get started toward a new life —

\$16.40 provides 8 meals. \$51.25 provides 25 meals. \$24.60 provides 12 meals. \$205.00 provides 100 meals.

\$102.50 provides 50 meals. \$_____ to help as much as possible

Just fill in the Thanksgiving Meal Ticket below. Then mail it with your gift today. Thank you!



SERVING THE NEEDY SINCE 1906

YES, I want to help feed the Here is my gift of □ \$16.40 □	_ ·		a first step to a new life.
NAME		☐ Check enclosed ☐ I'd li	ike to pay by credit card
ADDRESS		Amount \$	
CITY/STATE/ZIP		Card type	Exp
Gospel Rescue Ministries		Card number	
P.O. Box 50940 Dept. XSF13	THANK YOU. You will receive a receipt.	My phone number: ())
Washington, DC 20091-0940 www.grm.org	You will receive a receipt.	Email address:	CFC # 18948

EXPRESS/11.12.2008

CLIP AND MAIL WITH YOUR TAX-DEDUCTIBLE GIFT TODAY.



CFCNCA Donors Shine Brightly as Stars of Annual Giving Campaign

ust weeks into the 2008 Combined Federal Campaign of the National Capital Area (CFCNCA), Federal employees are proving once again that they are stars. After only two weeks of the campaign, they had already pledged more than \$3.1 million, or 5 percent of the 2008 goal of \$61 million. Department of Defense employees are leading the way with pledges of more than \$1.5 million. Reports about the continued generosity of Federal donors come into the CFCNCA headquarters almost minute by minute, and will continue to do so, right up to and even beyond the official end of the campaign on December 15. These Federal employees truly know how to "Be a Star in Someone's Life!" through their support of the Combined Federal Campaign.

In addition to its goal of \$61 million, CFCNCA has set the following benchmarks for the 2008 campaign:

- Reach all 350,000 potential Federal employee donors with an informed opportunity to give;
- Increase the participation rate from 42 to 44 percent;
- Increase the average gift by 5 percent, from \$412 to \$433; and
- Increase the overall number of donors by an additional 7,000 employees.

Most of the Cabinet departments have already kicked off their campaigns. Participation and support from agencies' leadership is at an all-time high as they urge Federal employees to show their support for millions of people in the Washington Metropolitan Area, across the country, and around the world.

Be a STAR in SOMEONE's LIFE!

GOAL: \$

90%

100%

80%

50%

40%

10%

AGENCY:

Volunteers are key to success

The campaign would not be possible without the tireless efforts of

a large corps of CFCNCA volunteers, including Campaign Managers, Coordinators, Team Captains, and Keyworkers. All volunteers receive extensive training prior to the start of the campaign during which they learn their key objectives and how to help reach the

campaign's \$61 million goal.

This year, volunteers received special training in the electronic options available for pledging. Through CFC-e[™] and Employee Express, employees can research charities participating in the 2008 campaign and experiment with different gift amounts. With CFC-e™, employees can go to the CFC website, www.cfcnca.org, and click on the link to "Giving" where they can research charities. Donors can choose to give via cash, check, or payroll deduction and with one click, print out the two required copies of the OPMapproved Pledge Form, plus one to retain for personal records. Employees who work at agencies utilizing Employee Express can use that system for Continued on page 7

The Best The Brightest Your Kids

FEEA Annual Scholarship Competition:

Merit-based scholarships for federal employees, their spouses and children. More than \$8 million awarded.

FEEA: The Only Charity Devoted Solely to Federal Families

CFC Pledge #11185

www.FEEA.org







New LFCC Chair Embodies Spirit of Giving

or Linda Jacobs Washington, raising money to help others has been a part of her life since she was a little girl, when she and others from her church would Trick-Or-Treat for a well-known children's charity. "That image stuck with me and I carried it to CFC. You take something that's a tradition and turn it around to help someone," she said.

Washington has demonstrated that passion for helping others throughout her career as a Federal employee. Currently Assistant Secretary for Administration at the Department of Transportation (DOT), she has served as Campaign Manager at DOT, as a member of the Local Federal Coordinating Committee (LFCC) since 2005, and recently became the LFCC Chair.

The energy and passion Washington showed as a campaign volunteer led then-LFCC Chair Vince Micone to recruit her for the board. Micone

"saw something in me and I hope he saw passion for what CFC was doing," Washington said. Washington joined the board, and when Micone moved to the private sector, she took over as Chair, spearheading the CFC effort for the 349,000 military, civilian and postal workers in the National Capitol Area.

The Federal employees who serve on the LFCC make the CFC in this region possible. The committee determines the eligibility of the nearly 4,000 charities listed in the 2008 Catalog of Caring, and oversees the CFCN-CA to ensure federal regulations are met and that every Federal employee in the area is given an informed opportunity to give through the CFC.

Chairing the committee is a big job, and one that she takes on as a volunteer. But Washington is used to big jobs: In her current role at DOT, Washington led the department's efforts to relocate 6,000 employees to the new DOT headquarters building

last year over an 11-week period.

"Teamwork made it happen," she says, the same kind of teamwork that has helped DOT become a leader in CFC giving. The passion and focus for the CFC come from the top down and spread throughout the organization, Washington explained. Each year DOT Secretary Mary E. Peters makes a video for department staff; employees share their own stories about how charities have helped them; and divisions compete against one another and sponsor fun events to generate interest and excitement. A favorite from last vear was the "Dudes of DOT" fashion show. "The key is to make fundraising fun," she says. Washington also credits the excellent efforts of Loaned Executives over the years.

Giving back, Washington adds, becomes "embedded in your personality, embedded in your soul and your heart."

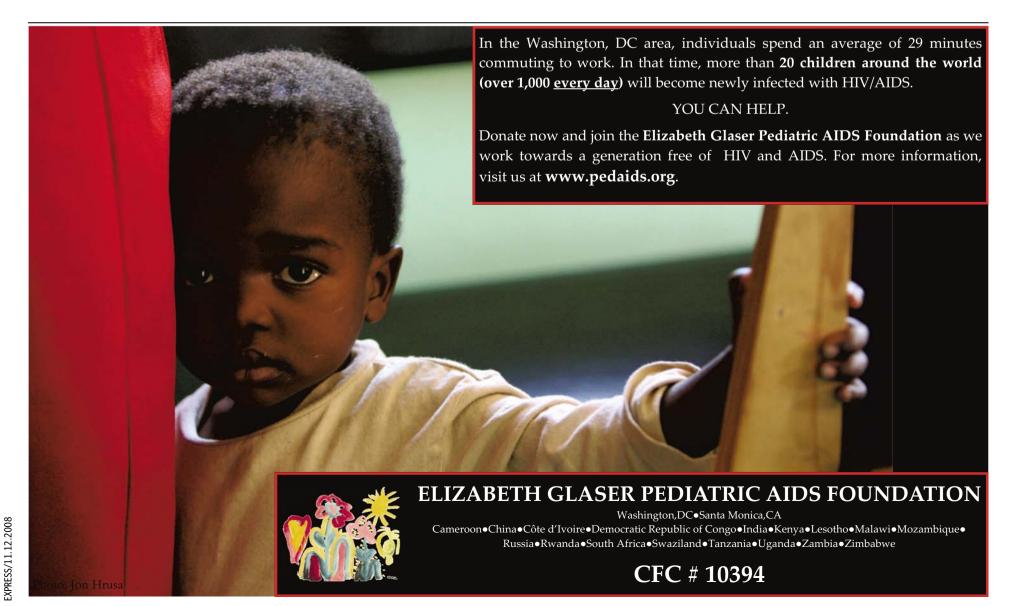
This is something Washington and

her husband, former Dallas Cowboy and Super Bowl champion, Mark Washington, share a passion for. They often participate in the "Wounded Warrior" program at a local hospital where in years past they watched the Super Bowl with injured troops – something that all parties involved looked forward to.

"If we took the time to list the things that we were thankful for, it would be overwhelming," Washington said. "Part of being thankful is giving back, and part of that is giving to a charity of your choice."

When asked about how the fragile economy might affect giving this year, she was positive. "We haven't had to change the message. I think that really says something, that the Federal workforce here is committed to helping others," she said.

"I want to thank all the people who are committed to CFC—the Federal workers. I'm so proud of them and what they do year after year. It's just great." *





Pentagon Televises Campaign Kickoff

he Pentagon Channel's news division was on hand to cover the Department of Defense's (DoD) 2008 Combined Federal Campaign of the National Capital Area (CFCNCA) kickoff. The event, held in the Deputy Secretary of Defense Conference Room at the Pentagon, signaled the start of their campaign. Campaign leaders announced DoD's 2008 CFC goal of \$13.3 million.

Deputy Secretary of Defense Gordon England hosted the festivities and Michael Rhodes, Acting Director, Administration and Management, served as the master of ceremonies. This year's CFCNCA Honorary Chairperson Admiral Thad Allen, Commandant of the United States Coast Guard, added some words of inspiration that got the campaign off to a rousing start.

"We all have an important decision

to make this fall, and it is not just the one we make behind a closed curtain on the first Tuesday in November. The other important decision concerns what charities you will support in this year's Combined Federal Campaign (CFC)," said Admiral Allen during his address. "You have a strong culture of giving here...it seems that every vear DoD exceeds its CFC goal by 15 to 25 percent. We are grateful for that and look forward to similar success this year. Just like we count on you every night we put our head on the pillow,

people in need around the corner and around the world will count on your participation in the CFC."

Deputy Secretary England observed

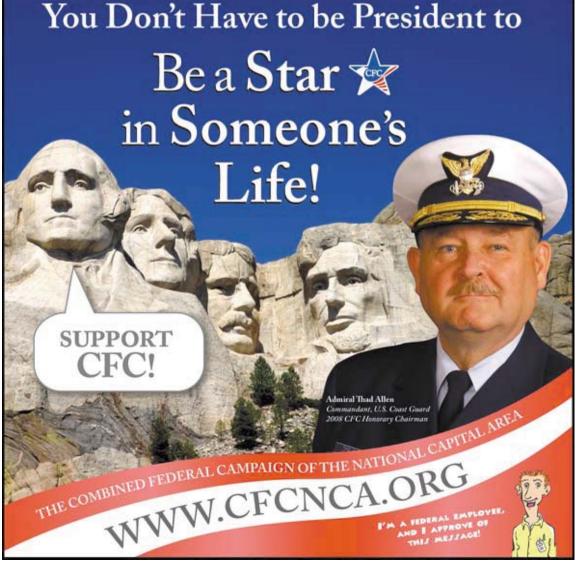


Department of Defense announces their \$13.3 million goal for the 2008 CFCNCA.

that "over the years, CFC has become the world's largest and most successful annual workplace charity campaign. It continues to be a great way to help others and, in particular, the men and women who wear the cloth of our nation and their families."

The Pentagon Channel featured the kickoff on their event report and has been kind enough to provide CFCNCA with footage which can be viewed at www.cfcnca.org. *







Frequently Asked Questions

What is the CFC?

The Combined Federal Campaign (CFC) is the only authorized solicitation of Federal employees in their workplaces on behalf of approved charitable organizations. The Combined Federal Campaign of the National Capital Area (CFCNCA) is the local campaign for Federal employees in the Washington Metropolitan Area.

Why have a CFC?

The annual fundraising campaign helps support a variety of health, human, and other services provided by local, national, and international charitable agencies. This single campaign is one of the most cost-efficient fundraising methods available. It succeeds because volunteers from the Federal workforce combine their resources for one coordinated appeal.

How important is the CFCNCA?

As a Federal employee, you are part of the most significant philanthropic campaign in the world. The CFCNCA is the largest regional program in the entire CFC system, the largest workplace giving campaign in the world. Thousands of charities in the Washington Metropolitan Area, throughout America, and around the world depend upon your generosity for their very existence. Last year, you and your coworkers gave nearly \$60.8 million to charitable agencies. These charities provide services to every part of our community, and touch every one of our lives. Funding from the CFCNCA is one of the most important sources of revenue for these charities, since your payroll deduction pledges provide a steady income stream throughout the year that helps keep their core programs

operating. In short, you've got the power to make our community, Nation, and world a better place.

What is unique about Global Impact's management of CFCNCA?

- New technology: Electronic tools for the contributor will make it easier and more efficient to search for charities on the CFCNCA website (www.cfcnca.org). Federal employees can also call the campaign helpline at 202-465-7230 with any questions.
- **CFC-e**TM: CFC contributors in the Washington Metropolitan Area will be able to fill out their CFC-eTM Pledge Form online and print it out to submit to their Keyworker.
- Management tools: Campaign management tools will make tracking, reporting, and processing the campaign faster and more efficient. A campaign toolbox on the Internet brings stories, photos, publications, and more resources to the fingertips of Campaign Managers at more

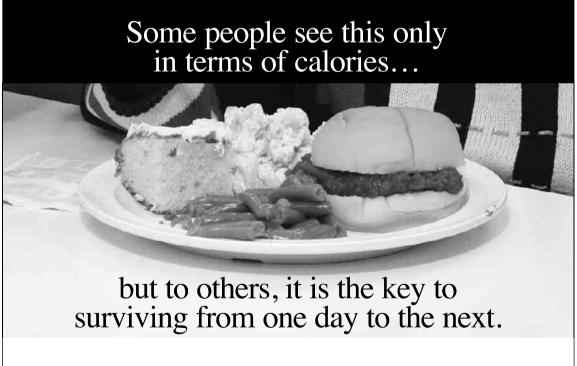
than 160 major accounts in all three branches of the Federal government.

- Theme: This year's theme, "Be a Star in Someone's Life," with the added visual element of a new logo and new artwork, puts the focus of CFCNCA on two critical links: the contributor and the people and organizations that they want to help.
- Recognition: The awards program for individual and unit recognition has been updated and refreshed.

How do I give to CFCNCA?

The most common method of making a donation is by filling out the traditional paper Pledge Form and having the amount that you designate deducted from each paycheck. You may also use the Pledge Form to make a donation by check or cash. You can use the CFCNCA website to help in the pledge process, and in departments or agencies that are part of the CFC-e™ program you can print your Pledge Form online. Employees who

Continued on page 12



Last year, SOME (So Others Might Eat) provided 368,757 meals for hungry children, women and men in our nation's capital.

Count your blessings... not your calories.

To make a tax-deductible contribution, call (202) 797-8806 or visit www.some.org

Please designate SOME - CFC #74405 - United Way #8189



Restoring Hope & Dignity One Person at a Time.



ONE DAY

SHE WILL WIN A SEAT IN CONGRESS.

RIGHT NOW

SHE'S WINNING HER BATTLE WITH LUPUS.

The Lupus Foundation of America (LFA) helps 1.5 million Americans win their battle with lupus. You can help too. Your donation to the LFA funds research, education and advocacy programs. Please donate to the LFA today.

WWW.LUPUS.ORG.
Combined Federal
Campaign #10566.







CFCNCA Donors Shine Brightly ...

Continued from page 3

a fast, accurate, and completely paperless payroll deduction contribution.
Linda Washington, Chairperson of the Local Federal Coordinating
Committee (LFCC), the committee that provides oversight for the CFCNCA, praises the volunteers, saying they are "critical to the success of the campaign because they are the lifeline between people who need help and people who have the power to give it."

Resources available at cfcnca.org

Every year, CFCNCA prepares materials that Federal departments and agencies can use to help promote their campaigns. Public service announcements (new to this year's campaign), posters, and a logo focused on the theme of "Be a Star in Someone's Life! Support CFC" are all available for download from the CFCNCA

website, www.cfcnca.org. CFCNCA anticipates that Federal departments and agencies will once again display their own creativity as they customize promotional materials for their employees and stage imaginative events.

The website also features personal stories from Federal employees who have been helped by CFC-supported charities, summaries of

campaign kickoffs and special events, a fully searchable listing of the nearly 4,000 charities participating in this year's campaign, and much more. The site is updated continuously throughout the campaign, so check it often for the latest news.

"It is very gratifying that this year's CFCNCA campaign is off to such an excellent start," says Renée Acosta, president and CEO of Global Impact, the campaign's administrative organization. "Every single donation makes a difference in the lives of people who really need help."

Check this year's Catalog of Caring or visit www.cfcnca.org to find one or more charities that support causes that are important to you, and **Be a Star in Someone's Life! Support CFC.**



Alexandria Chapter

#62761

Arlington County Chapter

#99248

Which covers Arlington County, The Pentagon, Army National Guard Readiness Center and Ft. Myer Military Community

Loudoun County Chapter

#45497

ARC of the National Capital Area

#96686

Which covers Dist. of Columbia, Pr. George's Co. MD, Montgomery Co. MD, Fairfax Co. VA, & Cities of Fairfax and Falls Church, VA, Fort Belvoir, Andrews AFB, Walter Reed Army Medical Center, and National Naval Medical Center Bethesda

Prince William Chapter

#80217

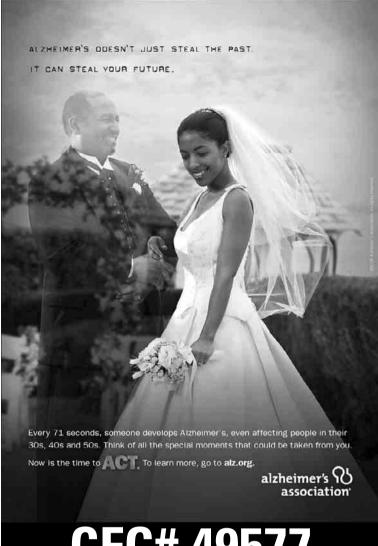
Which covers Pr. William County, the Cities of Manassas, Manassas Park, and Quantico Marine Base

Providing relief for victims of disaster and helping people prevent, prepare for and respond to emergencies.



SUPPORT







Helping in Jesus' Name ... at home and overseas

When hurricanes pound the coast or tornadoes rip the heartland, Samaritan's Purse stands ready to respond swiftly and compassionately anywhere in the United States. But our ministry work extends far beyond national borders. As an international Christian relief and evangelism organization, we bring physical aid and the Good News of Jesus Christ to victims of poverty, war, disease, and disaster in over 100 countries. If you would like to join with us, please designate CFC #10532 on your 2008 pledge card.



P.O. Box 3000, Boone, NC 28607 • www.samaritanspurse.org

EXPRESS/11.12.2008

CFC #10532



CFC Calendar '08-'09

DATE	EVENT
SEPTEMBER 4, 2008	Leadership Conference and Public Campaign Begins
NOVEMBER 12, 2008	First Progress Report Lunch (National Press Club)
DECEMBER 11, 2008	Second Progress Report Lunch (National Press Club)
DECEMBER 15, 2008	Public Campaign Concludes
JANUARY 9, 2009	Last Day to Submit Communication Contest Entries
JANUARY 30, 2009	Loaned Executive Recognition Luncheon (St. Gregory Hotel)
FEBRUARY 24, 2009	Campaign and Awards Celebration (Grand Hyatt)
MARCH 15, 2009	Charities Notified About Designated Totals and Donor Names
APRIL 1, 2009	First Distribution of Funds to Charities and Federations



Today's B'nai B'rith leads the way in areas including:
HUMANITARIAN AID
HUMAN RIGHTS
SENIOR HOUSING
HEALTHCARE ADVOCACY





Please designate CFC # 52090 (B'nai B'rith International) this year!



CFC

Grateful Dad Becomes Dedicated Donor

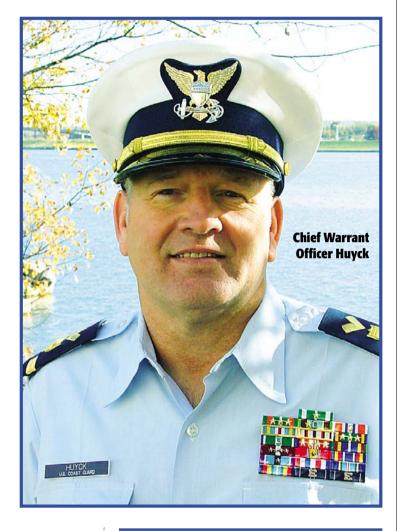
v name is Rustv Huyck, and I will never forget that day on April 5, 1986, when my daughter was born. As a dad there is such immense pride in officially being charged as a knight to be a role model for your family. After a long extended period as most births are, we were napping, only to be awoken only a few hours later to be informed that my daughter was in trouble. She was born prematurely, and her lungs were not functioning. There was a chance they might have to move her by helicopter to the nearest neonatal care unit. hours away from where we lived.

In that darkest hour waiting to see if she would pull through, I went to the all faiths chapel to find strength by promising I would help give back in any way I could for ill children. It's those times when you feel most alone in this world—until you open your eyes and see others sharing far greater obstacles than yourself all around you, as I saw in the children's ward.

Following my daughter's emergency neonatal care, my prayers were answered, and her aftercare was provided closer to home in the nearby children's hospital, despite its already overtaxed capacity. My daughter would attend her first birthday graduation at the children's hospital annual event. This is a big deal for parents and friends whose lives have been touched in that way by sharing a bond to give back.

That's how I got started giving to children's hospitals through CFC to this day. What I know is that no matter what organization you give to, the funding supports medical knowledge that is shared for research. My daughter is a testimonial in support of others who gave, which resulted in a drug that literally gave her a normal life. Most obviously, I became that champion that's in us all through giving so that others will not face these challenges without hope.

In 2005 just shortly after a move, new duty station, first marathon, daughter attending college and my son, who filled me with pride, life could not be better. It was a phone call in January that confirmed I had been diagnosed with an aggressive prostate cancer at age 47. I will never forget



"If we all give just a little, the impact will be huge."

my wife's first words. She said, "You will come through this and no matter what happens our goal is for you to see your children become adults."

Through collaboration of research funding a surgical breakthrough had been developed years before by two doctors from different facilities. Their goal was to preserve the quality of life of men diagnosed early with prostate cancer. Through research funding a blood test had been developed for early detection of prostate cancer, and it saved my life. I am not cured, but I have been cancer free for the past three plus years. Even though I cannot give to these programs directly, I can give to organizations that fight cancer through donations to CFC. If we all give just a little, the impact will be huge.

Rusty and his wife, Karen, are currently active duty members with the U.S. Coast Guard; since being treated for cancer, Rusty has completed three half marathons.*

Blinded Veterans Helping Blinded Veterans



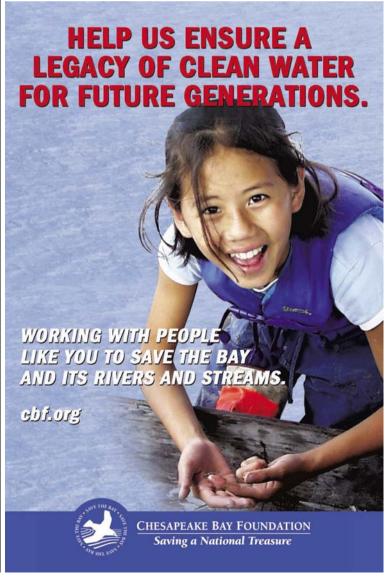
-WORLD WAR II • IRAQ • KOREA-Three generations of blinded veterans at a recent BVA convention.

The Blinded Veterans Association (BVA) was established in 1945 to promote the welfare of blinded veterans.

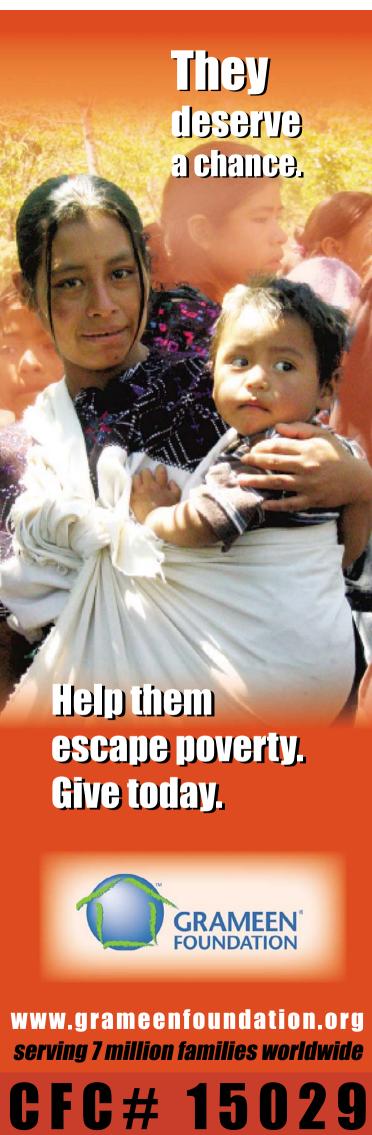
We are here to help veterans and their families meet the challenges of blindness.

We are the only veterans service organization exclusively dedicated to helping blind and visually impaired veterans rebuild their lives.

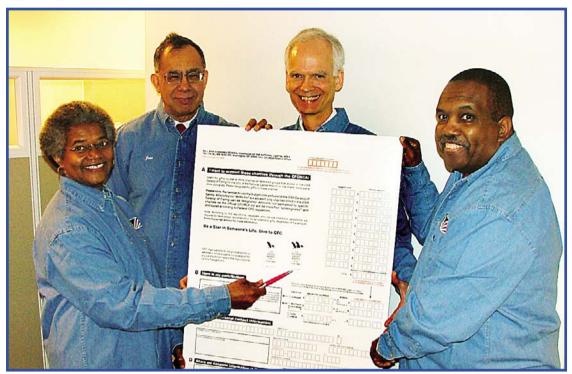
800-669-7079 bva@bva.org CFC 10513



£ 10







Loaned executives Rose Free, Jose Ibarra, Michael Morgan and Bobby Grace with an oversized 2008 CFC pledge card.

Government Agencies"Loan" Talent to CFCNCA

aising \$61 million for charity is no easy chore and involves the special talents of many dedicated government employees. In the Combined Federal Campaign of the National Capital

Area (CFCNCA), every Federal department appoints a Vice Chair and a Campaign Manager to oversee the fund drive within its respective agency or department. To assist, over 40 government executives are "loaned" to the CFCNCA by their home agencies.

This elite corps of Loaned Executives (LEs) participated in an intensive two-week training program this year, held at the Georgetown University Conference Center and CFCNCA headquarters. During the program, LEs discussed fund-raising techniques, project management, delivering presentations, and MANAGE, an online tool for campaign reporting, tracking, and ordering supplies and awards. During their training this year, LEs visited three CFCNCA charities: the Arc, Food and Friends, and the Covenant House.

LEs are critical to the success of the campaign. They provide outstanding customer service, train campaign volunteers, and reach all employees with an informed opportunity to give. With the help of LEs, CFCNCA expects

to meet—and exceed—its \$61 million goal.

"The Loaned Executive program not only helps the CFC, but it provides the participants with a very unique form of leadership and executive development," says Admiral Thad Allen,

 $Commandant\ of\ the\ U.S.\ Coast$

Guard and the 2008 CFC Honorary Chair. "Participants will walk away with a life experience that's truly enriching and is a win/win for everybody."

LEs Come from Varied Backgrounds

LEs come to the CFC in different ways. Sheila Abubaker is a program specialist at the Department of Education. "I was just coming off of three months on a detail when my management mentioned the need for a Loaned Executive at CFC," Abubaker says. "I figured it would be an interesting experience and volunteered, but I soon had second thoughts about what I'd just signed up for. I contacted a former LE from my department, and he calmed my fears by telling me how worthwhile an experience it would be. And you know what? He was right. I've enjoyed meeting and working with a large cross section of Federal workers."

Rose Free, a financial program specialist at the Department of Treasury, was also

Continued on following page





Continued from preceding page

just coming off a detail when she received an email about the LE program. "I was looking for something that would provide me with additional growth and development," says Free. "I've truly enjoyed reenergizing others when it comes to giving." Others are back for a second tour as a Loaned Executive.

Carol Campbell from the Department of Justice was an LE in 2000 and was happy to return to the CFC fold for this year's campaign. "It's truly a great experience and allows me to help people who may have fallen through the cracks," said Campbell. Bobby Grace is known as "Mr. CFC" at the Department of Health and Human Services. "I started out in 1998 as a Keyworker and since then have worn every hat in the CFC, from Coordinator to Campaign Manager," says Grace. He adds, "It was the logical next step in the campaign's progression for me, and I'm honored to be here."

There is No Typical Day

One thing LEs can count on is that there is no such thing as a typical day. One day they may be visiting charities to learn about the services, and the next they may be teaching Keyworkers how to run a successful campaign. Other days they may be setting up charity fairs and answering the myriad questions from donors, charities, and Keyworkers.

"I like the training aspect of the job and have found that if I do a good job I can motivate my fellow Federal workers."

"I like the training," says the Department of Labor's Debbie Eschmann. She has been in budget her whole career and admits that presenting it at times can get kind of dry. "I like the fact that I can do some rah-rah training, and it helps to have found out that there are so many fellow Federal employees who

are involved with the campaign and are easily motivated."

Maria Hernandez from the Department of Transportation comments, "It's been a long time since I've had to deal with the level of logistics that this campaign demands, but when you go to a kickoff event you get to see your efforts pay off and start to feel the importance of the work we are doing." She adds that she caught herself talking to herself the other day and saying, "Now this is exciting!"

"I have been a Keyworker five times in my career with the United States Army," says Marco Soto of the Defense Threat Reduction Agency. "I thought I knew all about the campaign from that experience, but I never realized the level of all that goes on," he adds.

Chris Langello from the General Services Administration says, "I like the training aspect of the job and have found that if I do a good job I can motivate my fellow Federal workers to reach out to more potential donors." He adds, "Our statistics show that a face-to-face ask for a CFC contribution means a lot more than just leaving a catalog and pledge card on someone's desk. Proper training of our volunteers is an indirect way, yet a great way, to spread our message."

When asked about her greatest success so far in the campaign, LE Sandy Russell of the Defense Contract Audit Agency says, "The success I see in others, such as Campaign Managers and Keyworkers getting excited, being





One stop is all it takes for the District's needlest residents to get help. Each month we provide free food, clothing, medical, legal and social services to more than 10,000 children and adults.

Your contributions make it possible. Please help today.

CFC: #61733 | United Way: #8219 **202.265.2400**

Design: Fixation Marketing • fixation.com

Give online at

www.BreadForTheCity.org



1-800-DIABETES diabetes.org

Our children have a **one-in-three** chance of a future with diabetes



Help us change that future

Support our research, information and advocacy efforts to change the future of diabetes

Choose CFC Code #11235







8 out of 10 women and children contracting the AIDS virus are people of color.

More than 3,000 AIDS service organizations, helping thousands of communities nationwide, work with the AIDS Programs of the National Minority AIDS Council to improve their prevention, care and treatment programs.

Unfortunately, much more work remains to be done.

Please help the

AIDS Programs of the National

Minority AIDS Council

make a difference.

CFC # 10557

Visit us on the web at: www.nmac.org













Frequently Asked Questions

Continued from page 6

work at agencies participating in Employee Express can use the system to make a completely paperless payroll deduction pledge online. Choose the method that works best for you!

Can I specify which organization will receive my contribution?

You may designate the organizations of your choice where indicated on your Pledge Form by entering the five-digit code and the amount you wish to pledge. Additional designations may be completed on a second Pledge Form. Except for documented expenses for the operation of the local CFCs and uncollected pledges, all contributions are distributed as designated.

What is the payroll deduction option?

Payroll deduction makes it convenient for you to give by letting you spread your contribution across the entire year. Last year, more than 90 percent of all CFC funds raised were made through payroll deduction. Payments on payroll deduction pledges begin on the first pay period beginning in January and conclude with the last pay period beginning in December. There is no simpler way for you to make good things happen for many people than to contribute using payroll deduction. *







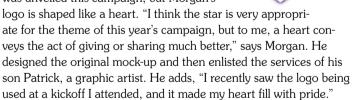
Loaned Executive Rhonda Murrill rallies the crowd at the Federal Deposit and Insurance Corporation CFC kickoff.

Government Agencies...

Continued from page 11

creative, doing the ask, and driving them on to achieve their goals, which may have resulted partially from my training and communications, is significant reward to me."

Some LEs go above and beyond their usual duties and create tools that have proved valuable in 2008. Michael Morgan of the Department of Veterans Affairs created a new CFC logo that has received very favorable reviews. The logo is similar to the CFC Star logo that was unveiled this campaign, but Morgan's



For training purposes, Grace had the 2008 pledge form enlarged to poster size. "It's very useful for smaller venues," says Grace.

In addition, LEs cite other benefits, such as the opportunity to work with people from other agencies, hone public speaking skills, and watch the personal and professional growth of agency volunteers as they assume leadership responsibilities.

The LEs are very positive about their experience and come away with a renewed appreciation for the importance of the Combined Federal Campaign and the difference each individual can make.

In summing up their experience, LEs all agreed that knowing that their job directly helps so many people and makes a real difference in the lives of others is extremely gratifying. Langello adds, "There is nothing like the feeling of being able to help someone in need. My work as a Loaned Executive provides me with that feeling deep down inside."

"With a heart to serve, I have been truly blessed and honored to be placed in a position where I can utilize my skills and abilities to motivate, encourage, and help Federal employees to assist others who are in need," says Rhonda Murrill of the Department of Transportation. She adds, "As a Loaned Executive, I am meeting some wonderful people, am having great experiences, and am making a difference in the lives of so many; the feelings are priceless!"



Return the favor.

For veterans, their needs, their families. We all depend on them. They depend on each other.
And you. Thanks!

www.vfwfoundation.org



We need them. They need you.

CFC #10511

How long will it take for a cure?

canswer.

City of Hope is on a fast track to find new treatments for cancer, diabetes and other life-threatening diseases. At any given time, we're conducting hundreds of clinical trials. And what we learn in the lab, we're working to bring to our patients — quickly, safely and effectively. In fact, millions of people with diabetes benefit from synthetic human insulin developed through research conducted at City of Hope. Our research has also led to four of the leading cancer drugs that are saving lives worldwide. To find out how you can help, visit www.cityofhope.org or call 800-544-3541.

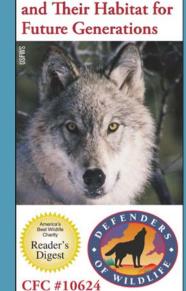
Please choose CFC Code #11720 today



Science saving lives.







www.defenders.org

You Can Save Wildlife



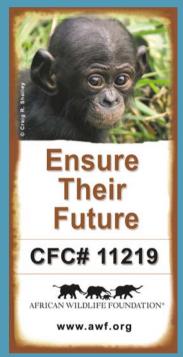




American Rivers is the only national protecting and restoring rivers for th



LAW • INSTITUTE





Just one gift to Earth Share supports all of the charities listed below, or you can give to the causes and organizations that mean the most to you.

One Environment...One Simple Way to Care For It.®



Imag

Earth S respec for you

Suppo global

people

Visit E

a diffe

every





Environmental Law Alliance **Environmental Law Institute** Forest Service Employees for Friends of the Earth Friends of the National Zoo. Galapagos Conservancy, Inc. Green Corps, Inc..... Izaak Walton League of Ame The Jane Goodall Institute.... Keep America Beautiful...... Land Trust Alliance..... League of Conservation Vote: National Audubon Society ... National Fish and Wildlife Fo National Forest Foundation.. National Parks Conservation National Wildlife Federation Natural Resources Defense C The Nature Conservancy Ocean Conservancy..... Oceana, Inc.

Working hard every day to protect our health, our environments





enefit of people, wildlife and nature.







Giving to the earth is as simple as planting trees.

arborday.org CFC# 11443



This little brown bat can eat up to 4,500 insects in a single night... including mosquitoes.

BAT C NSERVATION

NEED NATION

WWW.batcon.org

#12064



nare gives you a simple, trusted way to support America's most ed environmental and conservation organizations, making it easier to help build a healthier world. **Take direct action today**. It the organizations that work to keep our families healthy, to slow warming, to preserve land and special places for wildlife and and so much more.

rthShare.org to learn how your CFC gift to Earth Share can make ence, and find out more about supporting a healthy environment ay.



Vorldwide11433

......10629

nvironmental Ethics12066

Education Fund 10621

ssociation12069

CFC# 10252

The Peregrine Fund
Pesticide Action Network North America
Physicians For Social Responsibility10640
Rails-to-Trails Conservancy
Rainforest Alliance
RARE
Restore America's Estuaries
Rocky Mountain Institute11438
Scenic America
The Sierra Club Foundation
The Student Conservation Association
Surfrider Foundation
The Trust for Public Land11440
Union of Concerned Scientists
U.S. PIRG Education Fund, Inc
The Wilderness Society
Wildlife Conservation Society
Wildlife Trust
World Wildlife Fund12072





Saving America's wild places for future generations.

CFC #10638

www.wilderness.org





CFC #11436 www.oceanconservancy.org



nature.org CFC # 10643

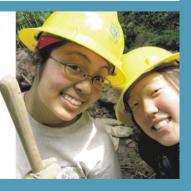
The Nature Conservancy is the leading conservation organization working to protect the most ecologically important lands and waters around the world.

Protecting our nation's parks and forests... and building conservation leaders



Student Conservation Association thesca.org

CFC #11343



nment and our natural resources.

earthshare.org



SET FREE

Azra Bibi and her mother worked as indentured servants—slaves—in a brickyard in a Muslim country. She was repeatedly violated and forced to marry a 70-year-old Muslim man, Muhammad Akran. Muhammad Akran murdered Arza's mother and tried to force Azra to convert to Islam, but she refused to deny Christ.

"I prayed day and night asking my Jesus, 'Please send me an angel. Who can release me from this bondage?' After seven months God answered my prayers."

VOM workers met Azra, paid her debt and set her free. VOM also provided her a sewing machine and training so she could support herself in the future.

Your gifts will help VOM assist persecuted Christians like Azra Bibi in more than 40 countries.



Serving with the persecuted church since 1967 www.persecution.com/campaign

CFC #10993





Thirty Years of "Fired Up!" Commitment to CFCNCA

hirty years ago, when Edith Parrish started working for the Combined Federal Campaign of the National Capital Area (CFCNCA), the campaign goal was \$9 million.

"That was just unreal to me—\$9 mil-

"That was just unreal to me—\$9 million!" Parrish says, who had come from a smaller charity, with a much more modest goal.

This year the campaign goal is a whopping \$61 million. "The needs just keep growing and growing," Parrish says. "The charity list was a trifold brochure then, and now it's the size of a telephone directory!" What has not changed over the years is her commitment to the mission of the Combined Federal Campaign (CFC), which has never wavered.

Like many staff, volunteers and donors, Parrish has had personal experience with CFC-supported agencies and knows what a lifeline they can be. When her husband's diabetes caused his health to deteriorate, she sought advice from one CFC-funded agency and was able to make arrangements through others that allowed her to continue working, knowing that her husband's needs were being met during the day.

No Place to Call Home

Despite its enormous mission of raising funds for charities that meet the needs of people locally, nationally, and internationally, the Combined Federal Campaign did not have a formalized organizational structure at the time Parrish came on board and there were only five permanent staff members. They didn't even have a place to call home.

"In the early days, we actually moved the office every six months," Parrish recalls. They took smaller offices when one campaign ended then moved into bigger accommodations when the next campaign began. About three years after Parrish started, the director of the office announced, "We're not going to do this foolishness any more, Edith," so together they wrote a proposal and convinced the host at the time, the Department of Agriculture, that it was more efficient to stay in one place.

Different agencies donated office furnishings. "We had trashcans from the CIA, we had tables from Agriculture, and chairs from Commerce, and just a hodgepodge of stuff." No matter what space they occupied or who owned the chairs they sat in, the staff operated at full throttle for the good of the campaign.

A Sergeant with Compassion

For Parrish, the most rewarding aspect of working for CFCNCA is "knowing that I make a difference in the lives of people who don't need to know my name." She is particularly gratified to see how much the benchmarks have grown over the years, as higher goals are set and achieved, because the needs have also grown enormously.

Her personal mandate is to treat others the way she wants

Continued on following page





Pam Haberstroh, Chair of the National Combined Federal Campaign Committee (left), presents Edith Parrish with a proclamation honoring her 30 years of service with the CFC. Present for the ceremony were Vince Micone, LFCC Chair, and Lou Torchia, LFCC member and director of the DoD campaign.

Continued from preceding page

to be treated, and her colleagues would agree that she succeeds. She especially enjoys mentoring younger professionals working with CFC for the first time. Each year a new group of Loaned Executives (LEs) arrives, which Parrish says keeps things fresh. "I've enjoyed so much doing workshops—they keep me young and vibrant."

She bluntly tells the LEs to check their egos at the door; there is too much work to do to let egos get in the way. And she never loses sight of the mission to raise money for those in need. The LEs affectionately called her "Sarge," which Parrish always spelled "\$arge" because the important thing is the money raised to help others.

From the Outhouse to the White House

Through the years, Parrish has had many memorable

"I'm just a country girl from North Carolina who's gone from the outhouse to the White House."

experiences and the opportunity to meet many famous people, including presidents and vice presidents, cabinet officers and members of Congress. "I'm blessed by having been able to do that," she says, adding that some of the LEs marvel that she has met the heads of their

agencies, when even they have not done so.

Vice President Walter Mondale came to the campaign kickoff one year. Another year, the first CFCNCA President's Award was presented by President Reagan during a Rose Garden ceremony. "I had to coordinate that, and it was exciting," she said. She also recalled the time she presented a CFC recognition award to Senator Strom Thurmond on the steps of the Capitol.

Reflecting on the opportunities she has had, Parrish says with a smile, "I'm just a country girl from North Carolina who's gone from the outhouse to the White House."

One year a prominent U.S. senator was a member of the "Campaign Cabinet." More than 1,100 people were attending the kickoff, and the main level of the auditorium was already filled. "I didn't recognize his face," Parrish laughed. "This gentleman came and said 'I'm here for the CFC kickoff.' And I said, 'Well, thank you very much sir, I think

Continued on page 27



Over 470 SOS Children's Villages provide orphans and abandoned children with someone to call mother, a place to call home, and a bright future.

Give the gift of sponsorship in any of our 132 countries at www.SOS-METRO.org







1200 G Street NW, Suite 550 .Washington, DC 20005. 888-SOS-4KIDS www.SOS-METRO.org

We are more than our name

BIFIDA • AUTISM • CEREBRAL PALSY • DOWN SYNDROME • MUSCULAR DYSTROPHY • INTELLECTUAL

UCP is one the nation's leading organizations advocating for the

MULTIPLE SCLEROSIS • STROKE • DOWN SYNDROME • EPILEPSY • VISION & HEARING IMPAIRMENTS

more than 54 million Americans with disabilities.

ELOPMENTAL DISABILITIES • SPINA BIFIDA • CEREBRAL PALSY • STROKE • AUTISM • MULTIPLE SCLER

Today more than 65% of children and adults

MUSCULAR DYSTROPHY • INTELLECTUAL AND DEVELOPMENTAL DISABILITIES • EPILEPSY • VISION served by UCP affiliates have disabilities other than cerebral palsy.



of NorthTexas

Life without limits for people with disabilities"

Contact us today for information on the service we provide to people with all types of disabilities.

www.ucp.org toll free 800-872-5827 email: national@ucp.org E 18



From Pep Rallies to Putt-Putt Golf, Federal Employees Celebrate at CFCNCA Kickoff

Kickoffs highlight the beginning of the CFCNCA campaign

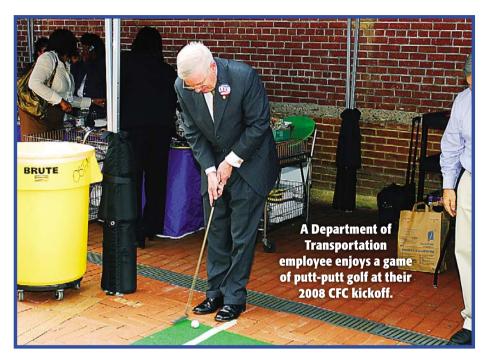
ederal agencies across the Washington, D.C., area have begun their annual workplace giving campaigns with a variety of different events. From "Putt-Putt" golf to carnivals, Federal workers have found entertaining and creative ways to launch the 2008 Combined Federal Campaign of the National Capital Area (CFCNCA).

ABC News analyst Cokie Roberts was the master of ceremonies at the National Institutes of Health (NIH) kickoff. "I'm on the board of NIH's Children's Inn so I know firsthand the importance of the CFC when it comes to helping worthwhile charities," said Ms. Roberts during

her address. Other highlights from the event featured remarks from NIH director Dr. Elias Zerhouni who told stories about what he had promised to do in the past if NIH reached their CFC goal. "They asked me if I'd shave my head, and I told them over my dead body," he joked. "But I did grow a beard, and last year I wore a shiny red jacket to numerous meetings and planning sessions to show my support of the generosity my fellow NIH employees have provided to those in need."

John Niederhuber, the director of the National Cancer Institute also spoke and made a point of congratulating the audience on the tremen-

Continued on page 20











Christian Services Charities is a federation of seventy faith-based charities united to spread His Word while easing suffering across the globe. Our member charities work to overcome poverty, hunger, hopelessness, religious persecution, abuse, disease, illiteracy, homelessness, addiction, broken families and separation from God. During this year's Combined Federal Campaign, please pledge your donation to "Christian Charities You Know & Trust" by selecting one of our members' five digit CFC code's from the list below. You can also support all of our members by selecting CFC #10171.

To learn more about our individual member charities or Christian Service Charities in general, please go to www.christianservicecharities.org

10978 - A Child's Hope Fund

10525 - Advocates International

10979 - African American Self-Help Foundation

11290 - Aid to Children, Youth and Families

10980 - AIDS Care Fund

12172 - Alcohol & Drug Recovery Fund

11726 - Alliance Defense Fund

12037 - American Family Association

12038 - Association for Christian Conferences, Teaching & Service 10988 - International Christian Concern

10524 - Association of Christian Schools International

10981 -Association of Gospel Rescue Missions

12039 - Awana Clubs International

10527 - Baptist World Alliance

10982 - Bible League

11727 - Billy Graham Evangelistic Association

11864 - Blessings International

10528 - Cadence International

12040 - Campus Crusade for Christ's Great Commission Foundation

10983 - Care Net

11086 - Child Abuse Intervention Fund

11728 - Childcare Worldwide

10529 - Children's Christian Hunger Network

10984 - Children's Food Fund/World Emergency Relief

11729 - Children's HopeChest

11730 - Children's Hunger Relief Fund

12136 - Christian Blind Mission

11731 - Christian Broadcasting Network

12041 - Christian Foundation for Children and Aging

12042 - Christian Legal Society

10538 - Christian Military Fellowship

11862 - Christian Relief Fund

10171 - Christian Service Charities

10522 - Compassion International

10526 - Emergency Relief Response Fund

10985 - Engineering Ministries International

10523 - Family Research Council

10987 - Fellowship of Christian Athletes

10534 - Focus on the Family

11732 - Food for the Hungry

58058 - Global Action

11738 - Healing Waters International

10535 - Home School Foundation

12137 - International Bible Society

11739 - JAARS

32629 - Kids Around the World

11733 - Kids for the Kingdom

12044 - Mercy Ships

12045 - Mexican Medical

10536 - Military Community Youth Ministries

10989 - Mission Aviation Fellowship

11922 - Mission To Children

11734 - Moody Bible Institute

10990 - MOPS International

11087 - Navigators, The

11735 - Nazarene Compassionate Ministries, Inc.

10531 - Officers' Christian Fellowship

10530 - Operation Blessing International Relief & Development Corp.

11272 - Prison Fellowship

10991 - Prison Fellowship International

11736 - Promise Keepers

10532 - Samaritan's Purse

10992 - Senior Care Fund

12046 - Society of St. Andrew

10993 - Voice of the Martyrs

11273 - Warm Blankets Orphan Care International

11386 - World Concern-A Division of CRISTA Ministries

11740 - Worldwide Christian Schools

11737 - Wycliffe Bible Translators

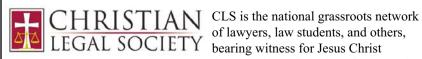
10515 - Young Life



www.afa.net **CFC# 12037**



American Family Association educates, motivates, and facilitates Christians and other concerned citizens through radio, online and print media, to voice their opinions on issues that have an impact on the American family.



CFC#12042 www.clsnet.org through all we do and say in the study and practice of law, legal assistance for the poor and needy, religious freedom, and the inalienable right to life.



CFCNCA Kickoff Events

Continued from page 18

dous history of the NIH campaign. "We've raised over \$10.5 million for the CFC in the past six years alone," he said. "This kickoff is a great way to get things started in 2008, and I want to give thanks to all the volunteers who made this day possible and have managed to create a very successful start to the campaign."

Other local news celebrities Tom Kiernein and Veronica Johnson, both meteorologists from WRC4, also recently attended CFCNCA events. Mr. Kiernein spoke at the National Institute of Standards and Technology, and Ms. Johnson was on hand for the Federal Communications Commission kickoff, which was held on October 16. They both gave extremely informative behind-the-scenes looks at how television weather segments are produced.

Employees Jam Kickoffs

EXPRESS/11.12.2008

Some events draw such large crowds that they have to be held at

an outdoor venue. Such was the case for the Department of Transportation's (DOT) joint kickoff with CFCNCA. The festive event held on DOT's plaza, which faces the Anacostia River, not only started the DOT campaign; it also marked the beginning of the over-

all campaign throughout the National Capital Area. It featured many different fundraising endeavors that ranged from "Putt-Putt" golf and carnival games to bake sale items and raffles. Numerous Campaign Managers and Keyworkers from other departments and agencies, as well as DOT employees, were out in force to support the CFC at the kickoff.

Linda Washington, DOT Assistant Secretary for Administration, and the Chair of the Local Federal





Joseph McKane and Danyale Little (left) pose with United States Patent and Trademark Office logo T.Marky at their CFC kickoff. WRC4 Meteorologist Veronica Johnson addresses the audience at the Federal Communications Commission CFC kickoff.

Coordinating Committee overseeing CFCNCA, had the honor of announcing DOT's \$1.4 million 2008 goal.

Another event drawing a large crowd was the one held by the United States Patent and Trademark Office (USPTO) to start their 2008 campaign. The carnival-themed campaign rally was so large it had to be held in both their

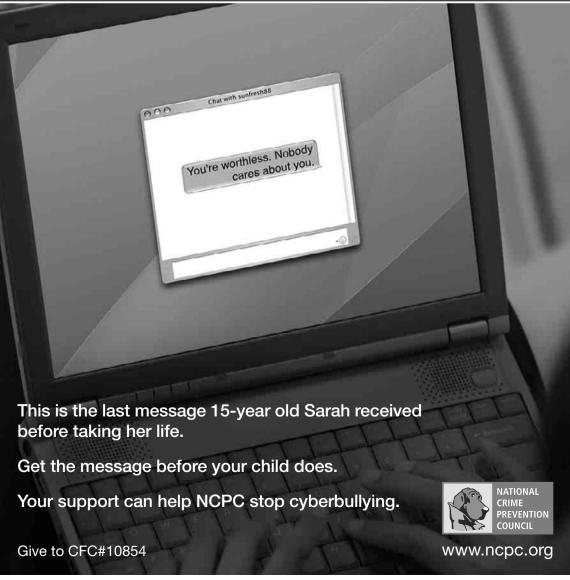
auditorium and atrium. There were plenty of games of chance that ranged from ring toss to darts to Wii games. All proceeds from the games and food sales went toward this year's campaign.

Jon Dudas, the Under Secretary of Commerce for Intellectual Property and Director of the USPTO, was the key-

Continued on following page



CFC #10542



CFC

Continued from preceding page

note speaker, and he announced their 2008 campaign goal of \$1.346 million.

"You, the employees of USPTO are the stars and I appreciate the example you set when it comes to the CFC," said Mr. Dudas. He added, "I want to thank you in advance for supporting the campaign either financially and/or by volunteering at events such as these. You've made it happen time and time again. You continue to amaze me!"

The Goddard Space Flight Center (GSFC) began their campaign with an event in their Building Eight auditorium. Paul Mexcur, the 2008 Campaign Manager, hosted the event, which featured everything from personal testimonials to a charity fair to entertainment from the children of the GSFC's Child Development Center.

A group of children from the Child Development Center performed three songs and then

Continued on page 22

PSAs Keep the Campaign Top of Mind

or the first time, the
Combined Federal Campaign of the National
Capital Area (CFCNCA)
has created Public
Service Announcements
(PSAs) to generate excitement
and focus awareness toward this
year's fund raising campaign.

"The beauty of the PSAs is they were created with many uses in mind," says Anthony De Cristofaro, executive director of the CFCNCA. "They are only thirty seconds in length and are perfect icebreakers for training sessions, kickoffs, and rallies."

In addition to the traditional ways a video is used at CFCNCA events, the PSAs were also designed to be broadcast by Federal agencies that have the capabilities to show them on their intranet or via internal broadcasting networks.

Four PSAs were produced:

- Federal Roundtable: A parody of Sunday morning political talk shows.
- Admiral Thad Allen: The campaign's Honorary Chair asking for your support when it comes to this year's campaign.
- Buttons: A touching spot that features a father and a daughter who are both Federal employees.
- Man on the Street: A humorous take on "man on the street" type interviews.

"We wanted to create something that wouldn't be dry or boring, but instead attract a viewer's interest," says Robert Ryan of Castlegate Media, the company that produced the PSAs. "We feel we have the right mix of humor and warmth that will appeal to almost anyone."

The PSAs are available for viewing at www.cfcnca.org.

Broadcast quality versions are also available for download.

So far in the campaign the PSAs have been shown at numerous Federal agencies and departments, including the Department of Justice, the General Services Administration, and the Department of the Treasury. The Internal Revenue Service is planning on placing them on their intranet, and the Pentagon Channel is adding them to their programming rotation.

"They've only been available for a short time, but already they've garnered a great deal of interest and enthusiasm among our Loaned Executives and Campaign Managers," says De Cristofaro. "We are excited about the enthusiasm they are generating, and hope they will keep the Combined Federal Campaign fresh in the minds of potential donors." *



"A MIND IS A TERRIBLE THING TO WASTE."

Like you, these students were born with limitless potential.

Donate today and help educate our talented voung people to be the very best they can be.

Thank you for your support.

(You can also donate at give.uncf.org or call 1-800-332-UNCF)









Quality Trust is an independent catalyst for change in the lives of people of all ages with developmental disabilities. We partner with people and their families so they succeed, thrive and experience full membership in communities they choose.

Designate **Quality Trust for Individuals with Disabilities**

5335 Wisconsin Avenue, NW Washington, DC 20015
Tel 202-448-1445 • Fax 202-448-1451
WWW.DCOUALITYTRUST.ORG

E 22



CFCNCA Kickoff Events

Continued from page 21

each child pulled a raffle ticket during a drawing for door prizes. Prizes ranged from gift certificates to coupons from various local restaurants and businesses.

Perhaps the event's most moving moment came when GSFC employee Karen Weaver told the story of a woman whose husband suffered a stroke and was left paralyzed. He found help through several CFC-supported agencies and is doing much better. She then informed the audience that she was the woman from the story and it was her husband who had the stroke.

Fun Themes

Some Federal agencies took advantage of the excitement surrounding this year's national elections and held patriotic-themed events. Audience members at the Federal Deposit and Insurance Corporation's (FDIC) kickoff wore red, white and

blue hats, pins, and even Hawaiian leis. Arleas Upton Kea, a Division of Administration Director at FDIC, and this year's campaign Vice Chair, welcomed the audience to the kickoff. "In this difficult year our mission here at FDIC is to be as generous as we can possibly be," said Ms. Upton Kea. "But this year's campaign is more than money. It's about

your caring and your compassion."

Since it is also football season, the Department of Veterans Affairs decided to tap into the enthusiasm a good old-fashioned pep rally can generate, and held a raucous kickoff before an overflow crowd in their Sonny Montgomery Auditorium. The



Secretary of Veterans Affairs and acting "Coach" of their 2008 CFC Campaign poses with a group of fellow VA employees at their kickoff.

event featured cheerleaders, a band, stadium food, and an appearance by their "Head Coach" the Secretary of Veterans Affairs James Peake.

Led by a group of cheerleaders who chanted "C-F-C! C-F-C!" the crowd, many dressed in football jerseys, was energized and vocal

throughout the event.

Agency kickoffs remain a creative outlet for Federal employees to begin the new CFC season and to get excited about this year's theme, "Be a Star in Someone's Life! Support CFC." By donating through the CFC and supporting charities, you are helping to brighten the lives of many in your community, throughout the nation, and around the world. The excitement and dedication showcased at these agency kickoffs surely

signifies the start to an extraordinary campaign season where Federal workers will pool their resources to reach their \$61 million goal.

Please visit CFCNCA's website at www.cfcnca.org to view additional photos from this year's inspiring campaign kickoffs. *

CFC Organizatinal Chart

Office of Personnel Management (OPM)

The Federal Government's human resources department. This office establishes the guidelines for all CFCs.

Local Federal Coordinating Committees (LFCC)

Volunteer groups of Federal officials that govern the conduct of and set policies for local CFC campaigns. Decisions regarding inclusion of charities in local campaigns are made by each LFCC.

Principal Combined Fund Organization (PCFO)

Outside fundraising organizations appointed by LFCCs to administer local campaigns. (PCFOs are also known as Campaign Managers.) Global Impact is the PCFO for the Combined Federal Campaign of the National Capital Area (CFCNCA).

CFCNCA is one of nearly 270 CFC Local Campaigns

Federations

Umbrella groups composed of charities organized to raise funds in workplace campaigns efficiently. They are responsible for application submissions and processing for the CFC and other public campaigns, participation in campaign events, distribution of contributions, and marketing on behalf of their members.





Each year Manna helps over 100 families become first-time homebuyers in our nation's capital. In 2003 Manna created Manna Mortgage, the District's only non-profit mortgage company providing safe, secure loans for lower-income buyers. For more info on Manna and our programs please visit www.mannadc.org

Support MANNA, Inc. (#80363)



828 Evarts Street, NE Washington, DC 20018 Tel: 202-832-1845 Fax: 202-832-1870 www.mannadc.org







Friends of Homeless Animals (FOHA), a non-profit no-kill facility located in Loudoun County, has been serving the Washington metro area since 1972.

Donate to FOHA thru CFC # 83554
To Adopt, Foster, Donate or Volunteer
Please see our website www.FOHA.org
or call (703) 385-0224

The homeless pets pictured here and hundreds of others need your help. FOHA provides shelter, food, medical care and compassion to homeless dogs and cats while we search for permanent loving homes. Your donations, in amounts small or large, are desperately needed to help FOHA save and care for the many dogs and cats that are without homes due to the economic downturn.

Please help save them!

Please donate through CFC or send your tax deductible donations to: FOHA, P.O. Box 2575, Merrifield, VA 22116-2575

82.9%

OF EVERY

DOLLAR GOES TO PROGRAM

Support FOHA by visiting our upscale resale shop – The Treasure Hound,

101 West Federal Street, Middleburg, VA.



Promoting
Energy Efficiency
Nationally and
Globally

Your CFC pledge to ASE supports a:

- Healthier Economy
- Cleaner Environment
- Greater Energy Security

Energy Saved is Energy Found





CCF assists over
13.2 million children &
families of all faiths
and cultures, who are
living in poverty in 31
countries around the
world including
the United States.



Your decision to support CCF during the Combined Federal Campaign will provide life-enhancing and lifesaving services for children in our circle of care.

CHRISTIAN CHILDREN'S FUND

CCF PROVIDES INNOVATIVE PROGRAMS TO:

- Ensure proper early childhood development
- Prevent disease, including malaria and HIV/AIDS, and provide treatments
- Provide access to clean water and sanitation
- Improve family income through enterprise development and skills training
- Support and provide education as a way out of poverty
- Protect the rights of children, prevent child labor and child abuse, while respecting their cultural and ethnic diversities



Christian Children's Fund

2821 Emerywood Pkwy., Richmond, VA 23294 • 1-800-776-6767 • www.ChristianChildrensFund.org

Now is the time.

Which of America's Charities will you support in your workplace giving campaign?



100 Black Men of America

American Campaign for Prevention of Child Abuse and Family Violence

American Center for Law and Justice

American Civil Liberties Union Foundation

America's Second Harvest -The Nation's Food Bank Network

Amnesty International of the USA

Canine Partners For Life

Catholics United for Life

Christian Appalachian Project

Consumers Union of United States, Inc.

Diabetes Research and Wellness Foundation

Dress for Success Worldwide

Eagle Forum Education and Legal Defense Fund

Feed The Children

The Fund for Animals

Goodwill Industries International, Inc.

Human Rights Campaign Foundation

The Humane Society of the United States

LULAC National Educational Service Centers

Meals On Wheels Association of America

Mothers Against Drunk Driving

NAACP Legal Defense and Educational Fund

NAACP Special Contribution Fund

National Law Enforcement Officers Memorial Fund

National Trust for Historic Preservation in the United States

Native American Rights Fund

Orphan Foundation of America

PetSmart Charities

Point Foundation, The National Gay and Lesbian Scholarship Fund

Population Connection

Puerto Rican Legal Defense and Education Fund

The Rutherford Institute

Southern Poverty Law Center

Veterans for America

Children 1st America's Charities

Cancer Research for Children (National Childhood Cancer Foundation)

Child Aid: Children's Literacy and Hearing Projects

The Children's Health Fund

Children's HeartLink

Children's Rights

Coptic Orphans Support Association

Father Flanagan's Boys' Home

Give Kids The World

The Hole In The Wall Gang Fund

"I Have a Dream"® Foundation

Junior Achievement

Make-A-Wish Foundation® of America

National Black Child Development Institute

Prevent Child Abuse America

Reading Is Fundamental, Inc. (RIF)

Ronald McDonald House Charities®

Share Our Strength

Starlight Starbright Children's Foundation

Teach For America

Tiger Woods Foundation, Inc.

Health 1st

America's Charities

AIDS & Infectious Disease Science Center

AIDS Alliance for Children, Youth & Families

Alzheimer's and Aging Research Center

American Foundation for the Blind

The Arc of the United States

Arthritis & Chronic Pain Research Institute

Black Women's Health Imperative

Breast Cancer Coalition

Christopher and Dana Reeve Foundation

Diabetes Research Institute Foundation, Inc.

Dystrophic Epidermolysis Bullosa Research Association of America

Hospice America (American Hospice Foundation)

International Planned Parenthood Federation, Western Hemisphere Region

Lance Armstrong Foundation

The Marrow Foundation

Multiple Sclerosis Association of America

NARAL Pro-Choice America Foundation

National Association of the Deaf

National Down Syndrome Society

National Marfan Foundation

National Organization for Rare Disorders (NORD)

National Psoriasis Foundation

Ovarian Cancer Research Fund

Prevent Cancer Foundation

Tuberous Sclerosis Alliance



www.charities.org • 800-458-9505

New CFC Website Is Up and Running!

hen it comes to anything related to the 2008 Combined Federal Campaign of the National Capital Area (CFCNCA), the place to be is at www.cfcnca.org. That is the official CFCNCA website, and it features important campaign news, downloads, and the online campaign management tool MANAGE.

"I like to think of it as one-stop shopping spot for volunteers, donors, and charities," says Anthony De Cristofaro, executive director of the CFCNCA. "It is an incredible resource both for those interested in donating to a charity as well as people running a campaign."

The website was redesigned for this year's campaign. It not only has a fresher, more eyeappealing look than the 2007 site did but also is easier to navigate and offers many new features. The old version forced visitors to scroll down the page, and often relevant information would be buried too far down for most visitors to find. The download section has also been updated and allows anyone to watch numerous Combined Federal Campaign (CFC) videos. "They are all there at the donor's fingertips, from President

Bush's CFC message to our brand new public service announcements," says De Cristofaro.

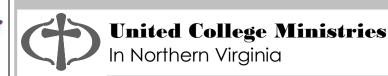
Videos are not the only items available for download: campaign posters, artwork, catalogs, training materials, and much more all can be accessed from the site. The website also allows donors to search the nearly 4,000 charities in this year's Catalog of Caring in order to help them find charities that are meaningful to them.

One of the key functions of the site is the MANAGE system. It was created to allow campaign volunteers and staff to

- Order supplies
- Schedule charity outreach events
- Submit and track pledge deposits
- Create detailed campaign progress reports
- Order reporting unit awards and more! MANAGE makes it extremely easy to

be a Campaign Manager by providing one centralized place to submit campaign information and order needed materials.

The website also allows the CFCNCA to update information on a daily basis on the various kickoffs and events that occur during the campaign, as well as feature CFC-related human interest stories. *



Serving students on the campuses of **George Mason University and NVCC**

- · Sharing God's universal love as revealed in Jesus Christ
- Supporting students through campus chaplains
- Guiding students in fellowships and on mission trips



Headquarters:

8410 Little River Turnpike Annandale, VA 22003 Email: UCMNV@aol.com Phone: 703-426-1939 www.gmu.edu/org/ucm

Our Sponsors Include: Christian Church (Disciples of Christ), Episcopal/Anglican Church, Presbyterian Church (USA), United Church of Christ, and the United Methodist Church

Please help us support these students through a payroll deduction pledge to UCMNV. Thanks!

America's

Children

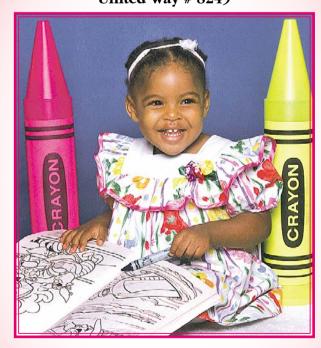


Protect...

Please select **UCMNV's CFC Code:** 73218

Armstead-Barnhill Foundation For Sickle Cell Anemia

CFC # 21800 **United Way # 8249**



Together, We \ can find a cure

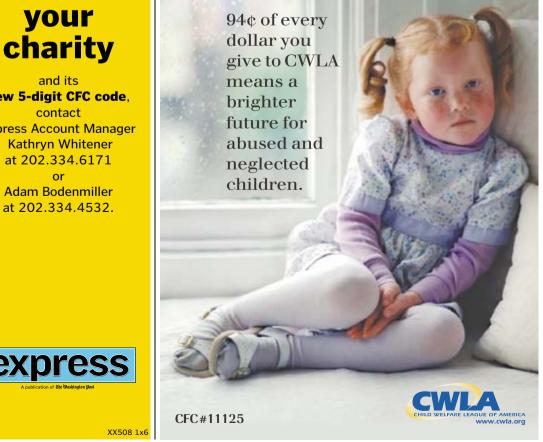
Hotline#: 301-858-9020 Email: findcure@aol.com Website: www:curesicklecell.com

To find out how to advertise your

new 5-digit CFC code, contact **Express Account Manager** Kathryn Whitener

> Adam Bodenmiller at 202.334.4532.





BRINGING HOPE AND HEALING



www.Mercyships.org CFC#12044

The face of hunger is changing



Cast your vote to end hunger in our community

Capital Area Food Bank United Way #8052 CFC #30794

Distributing food, nourishing our community



645 Taylor Street, NE Washington, DC 20017 202.526.5344 6833 Hill Park Drive Lorton, VA 22079 703.541.3063

www.CapitalAreaFoodBank.org

To find out how to

advertise your charity

and its
new 5-digit
CFC code,

contact
Express Account
Manager
Kathryn Whitener
at 202.334.6171

or
Adam Bodenmiller
at 202.334.4532



National Council For Adoption

CFC #12128

Every child deserves a loving, permanent family!



www.adoptioncouncil.org



Spare some change for a homeless animal?

The Washington Animal Rescue League works to promote the welfare of companion animals and support the people who love them through animal rescue, rehabilitation, adoption, and affordable veterinary care.



71 Oglethorpe Street, NW, Washington, DC 20011 202-726-2556 www.warl.org

CFC # 86254 and United Way # 8879



Thirty Years of "Fired Up!" ...

Continued from page 17

there are plenty of seats upstairs.' Then he said, 'Well, thank you, but I think I'm supposed to be up there,' pointing to the stage. And then he told me his name, and I took off running." Her colleagues teased her about that for a long time, saying they had never seen her move so fast.

As minister of music at her church, Parrish is an organist, pianist, and choir director. She used to sing the national anthem at the kickoffs and marveled, "I had an audience of over a thousand."

Passion and Energy in All She Does

Parrish devotes the same energy and passion to her "leisure" activities as she does to the CFC. She is currently interim pastor of a 175-member Baptist church in Silver Spring, Maryland, while continuing in her role of minister of music. She concedes that the hospital visits, funerals, baby dedications, and counseling, in addition

to preparations for services, are time consuming, but she felt being interim pastor was a natural fit for her. She adds, however, that once a permanent pastor is selected, she will step aside, leaving more time for her duties as president of the Montgomery County Maryland Singing Convention, a published poet, a motivational speaker, and a counselor and a mentor for youths, along with her continuing church music responsibilities.

Asked if she ever sleeps, she laughs and says "lightly."

Parrish is such an inspiration that three years ago, one of her colleagues at CFCNCA nominated her for a Princess Cruise "Help Someone Escape Completely" award of a free cruise. As the colleague explained in the application, "Edith Parrish gives so much of her heart and love to the Greater Washington, DC community." He concluded that "In my daily interactions, there is no one more deservinwg of

"Edith Parrish gives so much of her heart and love to the Greater Washington, DC community."

a luxurious getaway to relax and be pampered in the ultimate comfort of a Princess Cruise than my dear friend, colleague, and mentor, Edith Parrish."

Parrish was recuperating from major surgery when the staff heard she had been chosen as one of 40 winners out of more than 12,000 entries. Despite their excitement, the staff managed to keep the secret. The night that Gavin MacLeod, aka Captain Stubing from the television classic "The Love Boat," was going to present the award, a few of her colleagues casually asked her husband if they could come by the house to visit for a while.

"I was in awe," she says,

remembering the night. "I felt so honored that someone I'd worked with had found me to be so interesting that he wrote my story. I had no earthly idea."

Challenges Still Ahead

Her enthusiasm for the job and the work of CFC is as great as it was when she started 30 years ago. Looking ahead, Parrish sees a need to invest in younger donors and get more top-level leadership involved in the campaign.

At the same time, the growth of CFC continues to be both exciting and challenging. "We are already actively engaged in briefings for the 2009 charity applications," she said, adding that the staff expects at least one new federation, consisting of at least 15 member agencies, to apply for next year's campaign.

"People ask me how have I done it for so long, and I just say it's because of the mission." We think it's also because Edie asks herself the same question she asks staff, volunteers and donors throughout each campaign: "Are you fired up?" For her, the answer is always "Yes!" *

Help us help you.

At the Partnership for Public Service we are working to revitalize our federal government by inspiring a new generation to serve and by transforming the way government works.

Your CFC contribution supports:

Service to America Medals — Honoring outstanding federal employees

Best Places to Work in the Federal Government — Ranking agencies based on employee engagement

Call to Serve — Helping federal agencies recruit top talent

Learn more at our public service.org.





PREVENTING

unintended pregnancies and the spread of HIV/AIDs

PRESCRIBING |

emergency contraception and birth control

PROMOTING

eduction and prevention

PREPARING

teens through peer-led programs



your support helps thousands plan a brighter future

CFC# 94616 UNITED WAY# 8322



FINCA International

CFC# 10737

Africare

CFC# 11107

Lutheran World Relief

CFC# 11114

Salvation Army World Service Office (SAWSO)

CFC# 12084

REAL NEEDS. REAL RESULTS.